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GEM HOMES & GARDENS
Pages 19-21

Christmas Party Guide

Welsh day of destiny in battle for No1 spot
BACK PAGE COMMENT by DON JOHN

Porthcawl GPs in move to a multi-million pound health care centre?

REPORT by PHILIP IRWIN

PORTHCAWL is set to get a modern health centre which will bring GP surgeries in the town under one roof.

Under the proposals, the Portway Surgery and Dr Eales' Victoria Avenue surgery will move to a new purpose-built centre in Newton, close to the Mallards Reach housing development. The two GP surgeries will continue to operate independently.

Abertawe Bro Morgannwg University Health Board is planning to hold a public open event in November where staff will give more details about the proposed plans, and answer questions.

Leaflets to explain the proposals and to invite residents to the event will also be sent to all households in Porthcawl, and the health board also intends to place patient questionnaires in GP surgeries following the open event.

Bridgend AM Carwyn Jones said: "I very much welcome this positive step forward by ABMU Health Board.

"The proposed new Primary Care Centre for Porthcawl is much needed in the town and is long overdue.

"I have spoken to many people in Porthcawl who have complained about the difficulty of acquiring appointments and the additional pressures on GP services and availability due to the high influx of tourists during the summer season. I look forward to hearing more about the proposals in due course".

The proposal received a warm welcome from Porthcawl SHOUT, the group that campaigns for the wellbeing of the over-50s.

Spokesman Clive Mort called it "wonderful news" and said that the group had been arguing the case for such a centre for more than 10 years.

He said that they had stepped up the campaign over the last 12 months, after seeing a similar centre in operation in Clydach.

Mr Mort said: "A centre was originally intended to be built as part of the overall regeneration programme, but this has stalled due to lack of progress since the supermarkets withdrew from the proposed scheme."

(Continued on page 7)

THE MIGHTY ALL BLACKS PUT PUPILS THROUGH THEIR PACES!

Some of the school children who attended a special event with All Blacks Conrad Smith, Codie Taylor and Sonny Bill Williams. See the full story on page 3.

Katie combines world championship quest with a movie career...

by PHILIP IRWIN

KATIE Clatworthy from Kenfig Hill, has two big challenges ahead of her – she is flying to Ohio to take part in a world championship, and combining that with acting in a martial arts film being filmed in south Wales.

However, packing a lot into her life is not new to Kate, who at the age of 32 has already worked for the Royal Air Force as an intelligence analyst, as a police constable with Gwent Police, and with security during the London 2012 Olympics.

She has also worked as a bodyguard and as a personal trainer. The acting is comparatively recent, but she has landed the lead in *Scarlett Cross: Agents of Death*, a film directed by Dean Meadows, which is due for release next year.

(CONTINUED ON PAGE 7)

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Who wants to build what and where?

Dovey Estates Limited – **Parc Plaza, Waterton Cross, Bridgend** – Freestanding illuminated retail totem park signage.
Mr A Morgan – **Towy Villa, 34 Park Street, Bridgend** – Fell three conifers in front garden (within Newcastle Hill conservation area.
S & E Eden – **7 Pant y Blodau, Pencoed** – Removal of one sycamore tree.
Ashfield Surgery – **Merthyr Mawr Road, Bridgend** – 30 per cent crown reduction to ash tree.
Mrs E Smith – **Auden House, 37 Newton Nottage Road, Porthcawl** – Fell conifers at rear of property (within Newton conservation area).
Mrs S Mansell – **Branksome, Heol yr Ysgol, Coity** – Fell prunus tree in rear garden and plant new tree to side of garden.
Mr Barry Woodward – **40 Heol Las, North Cornelly** – Extend width of driveway by 2ft and erect a 4ft high wall.
Mr Paul Guild – **20 Temple Street, Maesteg** – First floor extension above an existing ground floor.
Mr Richard Knight – **Grain store building, South Road Farm, Fulmar Road, Nottage, Porthcawl** – Demolish existing grain store, general site clearance and preparation for redevelopment of site; construct a two-storey dwelling with attached garage.
Vivard Ltd – **Land rear of 26-27 Clos Pen Llwyn, Broadlands** – Construction of new detached dwelling.
Dovey Group – **Parc Plaza, Waterton Cross, Bridgend** – Change use/subdivide unit 3 to form 1 x A1 unit, and 1 x A3 unit with hot food takeaway and external amendments.
Leyshon Flint & Sons – **Pen-y-Fai Service Station, Bridgend Road** – Regularise parking to rear of building (change of use) affecting Footpath 3 Newcastle Higher.
Mrs Margaret Smith – **Land to west of 77 Heol West Plas, Coity** – Outline application for one new dwelling.
Mr Nathan Hill – **4 Heol Croes Faen, Nottage** – Create new first floor by altering roof pitch, new two storey side extension and dormer extensions.
J & S M Properties – **Land adjacent Pantyrawel Road, Pantyrawel** – Three dwellings, access and car parking in outline.
Mr C Barber – **Cedar Lodge, Heol Pen-y-Fai, Pen-y-Fai** – Porch extension to front of house.
The Bay Porthcawl Ltd – **The Bay, 33 Esplanade, Porthcawl** – Vary consent 81/0309 to allow home delivery of food.
Mr Needs – **Plot 17, Woodland Gardens, Pyle** – Alteration of approved dwelling to include rear conservatory extension.
Driveshaft Services Ltd – **Plot 29, Heol Treth, Village Farm Industrial Estate, Pyle** – Temporary building and associated works.
Mrs Sarah Hopkins – **Rose Cottage, Bryn Road, Coychurch** – Two storey extension to side of existing house.
Anchormill Limited – **Plot 46, Duffryn Oaks (off Hendre Road), Pencoed** – New house and garage.
Care Direct Wales Ltd – **Unit 5, Heol Ty Gwyn Industrial Estate, Maesteg** – Change of use from B1, B2 and B8 and launderette.
Mrs L Storer – **Plot 5, Stable Lane (off New Street) Pantygog, Pontycymmer** – Three bedroom two storey dwelling (resubmission of P/14/597/FUL).
Mr A Turner – **Former builders' yard, Howell Street, Nantymoel** – Two pairs of semi-detached houses.

WILD WEST TALK

BUFFALO Bill Wild West Show – a talk by John Ashley on Monday, October 19 at 7.30pm (doors open at 7pm) at Len Evans Centre, Aberkenfig, Heol Persondy, CF32 9RF.

All are welcome. Free admission. (Fancy dress optional).

'Twiddle muffs' from Nantymoel help dementia patients

Occupational therapy technician Annette Smith and Ward 21 manager Liz Rees with the donated twiddle muffs.

KNITTING enthusiasts have been using their skills to help support dementia patients at the Princess of Wales Hospital, Bridgend.

The kind-hearted members of Nantymoel Knitters produced a batch of 50 'twiddle muffs' which they have donated to staff.

Twiddle muffs are knitted hand muffs, with textured items like buttons, zips and beads sewn inside and out, which can provide simple stimulation for patients with dementia and other memory conditions.

Research has revealed that they can sooth restless hands, reduce agitation and help increase flexibility.

The twiddle muffs are already used around ABMU Health Board's dementia wards, thanks to the kindness of local craft groups but this latest batch created by the group also features some aimed at male patients.

Occupational therapy technician Annette Smith, who works at the hospital's Ward 21, originally made contact with the knitting group and supplied a simple pattern for its members to follow.

She said: "Some of the twiddle muffs they have made have things like military badges and buttons sewn on so they will be really useful for our male patients.

"They are quite straightforward to make, but it is sewing on the knick-knacks that patients like to fiddle with that takes time."

She said the group's donation had been so generous that there were enough muffs to donate to Ward 15 as well, and her colleague, occupational therapist Laura Fairman, will also be able to give them out when she works at care homes.

Because patients get to keep their own twiddle muff once they are attached to one, the staff say they will always need new ones.

Ward 21 manager Liz Rees said: "The staff and patients would like to thank the Nantymoel Knitters for their kind donation. The twiddle muffs will allow the patients to express themselves and alleviate any symptoms of anxiety.

"They are also a very effective way of keep patients' hands and fingers moving."

She added: "The muffs will be given to a patient to travel with them wherever they go and, because they're washable, are in compliance with infection control. Thank you all again and keep knitting!"

'Tell us about your life,' older people are urged

LOCAL residents are being asked for their views on the quality of their life in Bridgend county borough, as part of an Ageing Well survey.

The Older Persons Commissioner for Wales challenged the nation to develop plans that can support people aged 50 and above to live active, healthy and fulfilling lives.

The Ageing Well plan will focus on a number of themes, including 'age friendly communities', 'falls prevention', 'dementia supportive communities', 'loneliness and isolation' and 'opportunities for learning and employment'.

As part of the plan BCBC wants to engage with older people in the area to see how they use services, how connected they are within their communities and how improvements can be made.

During October, the council says it will seek the views of individuals and groups across the county borough to share their experiences.

Cabinet member for adult social care, health and wellbeing, Coun Phil White, said: "We want the public's input to help us develop a range of preventative services, opportunities and resources that prolong health, quality of life and place older people at the heart of our communities.

"We'd like to hear from a range of people who have an interest in the Ageing Well Plan, including people who care for older people, or people who may be thinking of their future as an older person living in the county borough."

Visit www.bridgend.gov.uk/consultation.

Shout honoured by the Mayor

THE Porthcawl Shout October meeting was held, as usual, at Trinity Church, Porthcawl on the first Friday of the month.

For over 10 years, this mainly older person's group has spoken out on all issues affecting the town of Porthcawl and district.

This meeting was special for two reasons – the announcement by the Health Board that a site has been found for a new Health Care Centre, that the group have been demanding for years, and also because at the end of the business meeting Town Mayor David Newton Williams presented a 'Porthcawl Town Plaque' to Gary Victor, chairman of Shout (*pictured above*) in recognition of the group's tireless efforts to promote the town of Porthcawl.

Gary Victor thanked the mayor and councillors of Porthcawl for this recognition.

CLIVE MORT

Porthcawl Townswomen's Guild news

AT our first meeting since the summer break we started with a heartfelt rendering of 'God Save the Queen' as it was the Queen's special day!

We welcomed two new members, with the possibility of three more next month, so we realised we must be doing something right! We instituted a 'small change box' for members to clear their purses, which will eventually go to charity.

Names were taken for the Federation Christmas lunch – yes, Christmas! It won't be long!

National TG news was given and the latest news from our twin guild in Mansfield. Dates were announced for the next games afternoon and monthly luncheon.

Our speaker was Mr Doug Jones who was 'searching for the spirit of the 1950s'.

It was a fascinating talk reminding us of the time leading up to the 1950s and the events of the next decade. It certainly took our minds back to that era.

Our next meeting is on October 14, 2pm at All Saints Church Hall when we will be enjoying our harvest tea with home grown entertainment.

Do come along and get to know this lively guild. For more information, telephone 01656 772157.

DT

PACT MEETINGS

BRYNTIRION, LALESTON and MERTHYR MAWR PACT, Laleston Gardening Club, Laleston on Thursday, October 8 at 7pm.

PORTHCAWL EAST CENTRAL PACT, Porthcawl Fire Station, Porthcawl on Tuesday, October 13 at 7pm.

REST BAY and NOTTAGE PACT, Nottage Scout Hall, Nottage on Tuesday, October 20 at 8pm.

BRACKLA PACT, Brackla Junior School, Brackla Way on Thursday, October 22 at 6.30pm.

FELINDRE,HENDRE, PENPRYSG (PENCOED) and COYCHURCH PACT, Miners Welfare Hall, Pencoed on Monday, November 2 at 2pm.

PORTHCAWL WEST CENTRAL PACT, Trinity Church (Room 5) on Tuesday, November 3 at 7pm.

MORFA WILDMILL PACT, the Community Life Centre, The Precinct, Wildmill on Thursday, November 12 at 6.30pm.

OLDCASTLE PACT, The Library, Brynteg Comprehensive School on Wednesday, November 25 at 6.30pm.

NEWCASTLE PACT, Westward Community Centre, on Monday, December 7 at 6.30pm.

CEFN GLAS, LLANGEWYDD and BRYNHYFRYD PACT, Westward Community Centre, on Monday, December 7 at 6.30pm.

HIGH TIDE TIMES

(UNTIL OCTOBER 15)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time AM	Ht M	Time PM	Ht M
08 Thur	03.52	7.8	16.28	8.2
09 Fri	04.59	8.3	17.22	8.7
10 Sat	05.45	8.8	17.59	9.2
11 Sun	06.23	9.3	18.36	9.5
12 Mon	06.54	9.7	19.11	9.8
13 Tues	07.27	9.8	19.41	9.8
14 Wed	07.58	9.7	20.11	9.7
15 Thur	08.28	9.8	20.43	9.6

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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Primary school pupils put through their paces by the All Black stars!

Codie Taylor chats with the pupils during the mini training session.

Sonny Bill Williams gives rugby playing tips to the pupils.

Sonny Bill Williams takes questions from pupils in Bridgend.

AROUND 130 primary school pupils from across Bridgend county borough had the chance to train with the All Blacks World Cup rugby team ahead of the World Cup clash against Georgia in Cardiff last week.

Sonny Bill Williams, Codie Taylor and Conrad Smith broke off training to attend a special event at Pencoed College.

They spoke to pupils from Nantyffyllon, Nantymoel, Ogmore Vale, Coychurch, Pencoed, Garth, Litchard, Nottage, Tondu, Oldcastle, Bettws and Tynyrheol primary schools who were given top rugby playing tips before being put through their paces in a mini training session.

The event was organised by the Ospreys, in partnership with Bridgend County Borough Council's active young people department, Bridgend College, and New Zealand Trade and Enterprise. It was an opportunity for sports technology companies from New Zealand to showcase their latest equipment.

The training sessions were co-ordinated by Ospreys coaches with the help of youngsters from Bridgend College's rugby academy.

Nicholas Sadd, deputy headteacher of Ogmore Vale Primary School, said: "This was a fantastic opportunity for the pupils. How many ten year old children get to say that they've caught a pass from Conrad Smith or Sonny Bill Williams? Thank you very much to the organisers, it's been wonderful."

BCBC's deputy leader, Coun Huw David, said: "We were thrilled when this opportunity was presented to us and we hope that the children who took part will cherish the memory of the day."

Floral society's next meeting

THE Porthcawl Floral Arrangement Society's next meeting is at Awel -y-Mor Centre, 7.30pm on Wednesday, October 14. A floral demonstration by Beryl Griffiths is entitled 'The Pleasure is Mine'. All are welcome.

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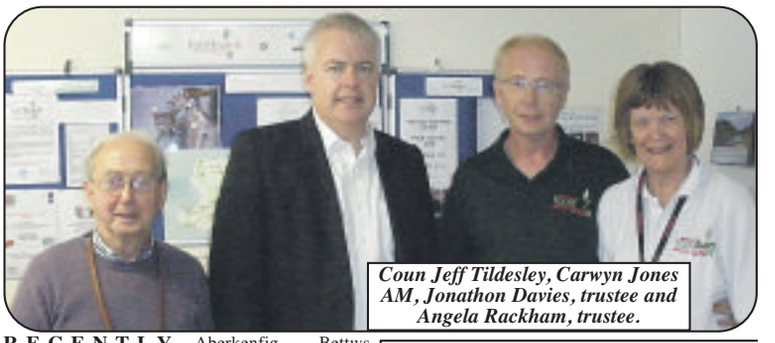
Praise for the vital role of volunteers at Foodbank



Coun Jeff Tildesley, Carwyn Jones AM, Jonathon Davies, trustee and Angela Rackham, trustee.

RECENTLY, Bridgend AM and First Minister Carwyn Jones visited Bridgend Foodbank to see its work for himself.

During his visit, he met Coun Jeff Tildesley, two of the trustees, Jonathon Davies and Angela Rackham and volunteers, who were busy packing bags.

The Foodbank provides a minimum of three days emergency food and support to local people in crisis. Between August 2014 and July 2015, Bridgend Foodbank fed 6,272 people in Bridgend county borough. In 2013, it was the busiest in Wales.

Mr Jones was told that there are nine distribution centres including the Bridgend Foodbank, based at Aberkenfig, Bettws, Caerau, Cornelly, Maesteg, Ogmore Valley, Pontycymmer and Porthcawl Centre.

Around 100 volunteers give up their time to work at the various Foodbank centres across Bridgend. All the work is carried out by volunteers and they rely completely on donations and the generosity of the public.

Mr Jones said: "I would like to thank the many volunteers who give up their time to help at the Foodbank. They provide such a vital and valuable service that they are literally a lifeline to those in need.

"Members of the public continue to be incredibly supportive and generous by donating food and other supplies. I hope that people will continue to support the Foodbank".

Busy month for the Pencoed WI

PENCOED WI's quiet September turned out to be fairly busy, starting with the normal meeting.

A spokeswoman said: "Well, not quite normal, as Val had hired the federation's dry kurling sets, and we soon had 24 members enjoying a knockout competition, and those not taking part had time to chat with friends or talk to some of our newer members.

"The 15th was the annual quiz at the Hi-Tide Inn, and once again we ended up in the top 10 (40 teams took part).

"On the 17th, our theatre group was in Cardiff for lunch and then off to see *Love Me Tender* at the New Theatre. The next day, it was the Wales federation concert at St David's Hall and on the 19th it was the Wales conference at St David's Hall. As well as all the rugby fans, there were 600 women wandering around at lunch time as well.

"Pencoed are now hosts of our link and on September 30, over 60 members from the four WIs enjoyed an afternoon tea at Pencoed Rugby club reliving the 50s and 60s; (I wish I could say it was before my time).

"We started with a few quizzes relating to the period, had a lovely tea of sandwiches and homemade cakes and were entertained by the Porthcawl Ukulele Band who were excellent. We joined in with some of the songs and some members even got up and danced.

"We sang *'Happy Birthday'* to the WI, and then they played *Jerusalem*, with everyone joining in. Everyone appeared to enjoy themselves.

"Even with all this going on, we still had the normal book, walking craft and lunch clubs."

Pencoed WI meets on the second Tuesday of the month at Pencoed Welfare Hall from 1.45pm to 4.15pm. Visitors and new members are welcome. For further information, telephone Val on 01656 862181 or Pat on 01656860289.

Catch up with all the latest news from your area - visit our website at: *bridgend-today.co.uk*

Bridgend YFC elects officers at its AGM

BRIDGEND YFC recently held its annual general meeting at Cefn Cribwr Sports and Social Club when elections for officers took place:

President – Mr Jeff Howells; Chairman – Miss Bethan Evans; Vice chairman – Jacob Anthony; Secretary – Miss Emma Sankey; Minute secretary – Miss May Williams; Treasurer – Miss Sarah Joseph; Social secretary – Miss Olivia Tudor; Competitions secretary – Mr Jonathan Howells; Press secretary – Miss Bethan Rees; Stockjudging captain – Mr Nicholas Rees; Club leaders – Miss Kath Campbell, Mrs Joan Radcliffe and Mr Huw Jones.

Bridgend YFC members will be competing in a range of competitions over the next few months, ranging from carcass judging, stock judging, the annual eisteddfod, junior and senior public speaking.

The new winter programme can be found a t www.bridgendyfc.btck.co.uk.

Bridgend YFC extend a warm welcome to family and friends to join the annual Harvest service on October 13 at Salem Chapel, Pencoed.

For more information about Bridgend YFC, contact at www.bridgendyoungfarmers.co.uk.

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Inspirational nurse Wendy honoured again at ceremony

Wendy Mashlan.

AN ABMU nurse who has dedicated her skills to improving care for the elderly has been named as one of the UK's most inspirational nursing leaders.

Wendy Mashlan, who is lead advance nurse practitioner for care of the elderly – secondary care medicine based at Princess of Wales Hospital in Bridgend, figures in the list released by the Nursing Times.

The magazine's annual rundown features 48 individuals from all aspects of the nursing profession including frontline patient care, management, research and academia, national organisations and charities.

Wendy said: "It is wonderful and a real honour, I am delighted.

"It is a marvellous accolade – not just for me but for care of the elderly.

"There are a lot of people working very hard for the benefit of the elderly and this really helps to recognise that.

"Something like this raises the profile of the hospital and the care offered here."

Many of those on the list had been nominated by NT readers and the final list was compiled by a panel of expert judges. The staff had the chance to meet up at a gala celebration of their achievements held in London's West End last night.

Wendy, who was accompanied at the event by her colleague, advanced nurse practitioner Julie Hayes, added that the list was an important way of celebrating and raising the profile of nursing as a profession.

"An event like this is a fantastic opportunity to see what is going on and meet other people involved in healthcare. It is always good to compare ideas and share good work and practice across the country."

This is the second time that Wendy has been honoured by the publication. She and colleague Ceri Thomas won the Nursing Times' Care of Older People Award in 2013 for their work running a specialist assessment service for older people arriving at the Bridgend hospital's emergency department.

THE LIONS GET BUSY – TO HELP THE TOWN MUSEUM

PORTHCAWL Museum members have thanked Porthcawl Lions who have spent the last fortnight painting the new areas and the cells of the museum, ready for the opening and railway exhibition on October 24. PHOTO by DAVID SWINDENBANK

On course to find a path through Parkinson's disease

PEOPLE who have experienced Parkinson's first hand are again showing others with the condition how to take control of their lives.

ABMU and Parkinson's UK Cymru run a self-management programme across Bridgend, Swansea and Neath Port Talbot.

The next 'Path through Parkinson's' programme will be held at the Bridgend Life Centre in Angel Street, Bridgend, starting on October 20 and running each Tuesday for three weeks until November 3.

Once again, the group will be led by people with Parkinson's, their partners and carers who have been trained as volunteer facilitators.

Barbara Locke, director for Parkinson's UK in Wales, said: "People value the chance to meet others and talk through some of the bigger questions about life with Parkinson's.

"It's free to attend for people with the condition, and their carers and partners are very welcome to take part too."

The three Bridgend sessions will run from 10.30am to 3.30pm. Although people do not need to be referred, they do need to book a place in advance.

Barbara added: "The group will discuss looking ahead, plans for the future and what is important, along with top tips, taking care of yourself, relationships, feelings and emotions.

"At the end of it, group members often have information, knowledge and friendship bonds which take them forward in their management of daily living."

ABMU assistant director of planning, Joanne Davies, said: "This is one of a range of projects funded by the health board as part of its partnership with the voluntary sector.

"We have particularly tried to target the funding at schemes which help patients to take more control of their own health and support them where they have existing conditions."

To book a place email: selfmanagement@parkinsons.org.uk or call 020 7963 3924.

Information is also available at: www.parkinsons.org.uk/selfmanagement

Dementia training team in the running for top health award

RIGHT: The dementia care training team (front, from left), Sian Lewis, Sue Coleman, Alison Turner, (back from left) Helen Lambert, Nick Johnson and Paula Wilfort.

ABMU's dementia care training team is in the running for another accolade, after reaching the final stages of this year's Health Service Journal Awards.

The award-winning team, the only Welsh entry to be shortlisted as a finalist in any of the 23 keenly contested categories, has been recognised for its achievements in rolling out dementia care education to more than 11,000 of the health board's 16,000-strong workforce.

The annual awards celebrate excellence in UK healthcare and the team is now in the running for the Improving Outcomes through Learning and Development Change title.

Its success in improving knowledge and understanding means there have been positive actions and an improved experience for people with dementia across the entire health board area.

Dementia care specialist Nick Johnson said: "We are very proud to have been nominated for such a prestigious award, especially considering that there were more than 1,600 entries.

"The year to date has been extremely busy and challenging in facing up to the recommendations of last year's Andrews Report and we still have more challenges to face.

"I cannot praise my team enough for their continued and tireless commitment and dedication in working towards improving dementia care in ABMU."

He also highlighted the contribution made by the rest of ABMU's workforce who have embraced the dementia training programme and taken the recommendations of the team's training forward.

"They are making a real difference at a personal level to patients, families and carers. They have proven that small changes can make a huge difference," he added.

The awards will be held at the Grosvenor House Hotel in London on November 18.

Earlier this year, the team at Glanrhyd Hospital was awarded Stage 1 Practice Innovation Unit by the Welsh Centre for Practice Innovation (WCPI) and Highly Commended in the National Social Care Accolades, which are awarded by the Care Council for Wales.

'COME AND SING!'

COR Bro Ogwr are looking for new recruits to 'Come and Sing' on Saturday, October 17 – but at an earlier time than printed previously in The GEM.

The programme will contain songs from the musicals, opera choruses, Welsh songs, Handel, and a short classical piece that the choir is currently learning.

'Come and Sing' will take place from 10am to 12.30pm at Tarbernacle Church, Derwen Road, Bridgend.

For more information call 01656 653326 or www.cor-bro-ogwr.com.

MUSIC PROJECT OPENS ITS DOORS

MAJOR MUSIC opens up every Tuesday during term time from 6.30pm–9pm at Llantwit Major Youth Centre.

There are extra practice rooms, bookable in half hour slots and the studio is available for those ready to record.

Admission £1 at the door and equipment, tutoring and advice is free!

If you are aged 11-22 and already play a musical instrument or would like to learn, go along on a Tuesday evening and join a relaxed and friendly environment.

YOUR CHANCE TO SHARE THE COMMUNITY NEWS

Charity tea

RESIDENTS and staff at the Merfield House, Sarn residential home recently held an afternoon tea party to raise funds for Macmillan's cancer charity; it was a very successful event and raised £450 for this worthwhile charity.

They would like to thank Felicity Watkins, who contributed a floral decoration that was auctioned and contributed £30 towards the total sum.

Ladies' night

FRIENDS of Tyn Y Coed Surgery, Sarn are organising a ladies' evening at Sarn Community Centre, Merfield Close on Wednesday, October 14 from 7pm to 9.30pm.

Entry will be £2, which includes a glass of wine or a soft drink, and £2 per mini treatment, which includes aloe vera facial, manicure, pedicure, and reflexology, everyone is welcome.

Legion concert

STALWART Dixie Dean is again helping raise funds for the Royal British Legion, Pontycymer's Poppy Fund appeal, by organising an annual concert at the Garw Valley Leisure Centre, Old Station Yard, Pontycymer on Saturday, October 24 at 7.30pm.

The entertainment will be provided by the British Legion Band, assisted by Côr Meibion Cwm Garw and the joint choir from Blaengarw and Cwm Garw schools.

There will be a number of honorary guests in attendance, including Chelsea Pensioners and the National Chairman of the Royal British Legion.

The Legion's mission is to safeguard the welfare, interests and memory of those who are serving or have served in the Armed Forces.

Tickets cost £5 and £2.50 for children up to 16 years of age, obtainable from Pontycymer Post Office, or 01656 870304; e-mail pontycymer.po@btconnect.com.

Local triathlon helps brain tumour research

ABOVE (left to right): Amanda Walker (Hugh Walker's widow); Charles Dale; Ben and Pat Walker (Hugh's parents).

THE third Wales Property Triathlon in aid of Brain Tumour Research took place recently.

A total of 134 individuals from Waterstone Homes and the Jehu Group, together with many of their clients, including Newydd Housing Association, Principality Building Society, Wales & West Housing Association, Rhondda Housing Association and Hendre Group, took on the challenge of a 750m swim, 20k bike ride and 5k run.

There were individual competitors as well as teams of three, whereby one swims, one cycles and one runs. The event was hosted by Pencoed RFC.

The aim was to raise funds for their chosen charity Brain Tumour Research, in memory of their colleague Hugh Walker, a much-liked foreman with the Jehu Group, who lost his life just four months after being diagnosed with a brain tumour.

Charles Dale, who appears in the BBC series Casualty, came along to start the run and said: "I was shocked to learn the stats on brain tumours, and that so little funds are channeled its way, I'm pleased to help today and I'm very impressed with the turnout in support of the Wales Property Triathlon."

ABOVE:
Joe Beech of Glamorgan Law, the first male competitor home, with Simon Jehu.

Simon Jehu, managing director of development at Jehu Group, said: "We're delighted to have raised such a significant sum for Brain Tumour Research thus far, a charity dedicated to researching the prevention and treatment of over 120 types of brain tumours.

"We raised £9,000 last year and we are hoping to double this figure for the 2015 Tri. The charity has special significance for us, having lost Hugh Walker to the disease in September 2013."

Hugh Adams, head of external affairs for Brain Tumour Research said: "We are thrilled that large organisations, such as Jehu Group, continue to support our charity to help us reach our goals.

"Brain tumours kill more children and adults under the age of 40 than any other cancer, yet just one per cent of the national spend on cancer research is allocated to this devastating disease. This is unacceptable!

"Brain Tumour Research is striving to fund a network of seven dedicated research centres, while challenging the government and larger cancer charities to invest more in brain tumour research."

Donations can be made via the webpage: www.walesproperty triathlon.com

NORTH BRIDGEND NEWS

A message for all readers in the north of Bridgend who would like to have items included in the community news columns of The GEM:
If you wish to submit reports on any social activity in this region, please contact me.
I am very approachable and will endeavour to include every newsworthy subject.

Contact details: CLIVE MITCHELL
1 Tyn-Y-Coed Close, Sarn, Bridgend CF32 9NQ
TEL: 01656 725399
email: tynycoed1@yahoo.co.uk

Choir organises a last concert

IT is with regret that I must report that it will be Côr Meibion Cwm Garw's last performance at the annual concert for the Royal British Legion on October 24, as the choir, through lack of support, will be disbanding.

It was formed in 1962, originally under the baton of musical director Mr Ieuan Rhys Williams, and its first concert was in Nebo Chapel, Blaengarw.

The choir has been successful in a number of Eisteddfodau, and was also invited to sing in the 'Thousand Voices' concerts at the Royal Albert Hall, London on a number of occasions.

The choir's main aim was to support charitable causes by raising funds in concerts.

Under its present musical director, Mr Bryan Young, its last performance will be at the Christmas concert in St David's church, Pontycymer on Friday, December 18.

This is a real shame as the primary schools in the Garw Valley encourage their pupils to be involved in choral activities, but unfortunately, they have to travel out of the valley for secondary education and they lose the community spirit and musical enterprise.

Tondu ironworks

I WAS surprised to see a notice outside this heritage site recently that the site is for sale: When I lived in Tondu, the Welsh Government spent millions on renovating and adding buildings on this site, which also included a BMX cycle track for the enthusiasts.

The site is beginning to look uncared for and new buildings dilapidated. The public will lose this marvellous facility unless they register their concerns. A number of organisations are planning discussions to register complaints.

School news

TYNYRHEOL primary school, Llangeinor has held elections for house captains:

Tynton House – Boys captain, Gethin Thomas, vice-captain, Shae Woolcock; Girls captain, Shannon Matthews, vice-captain, Rhosyn Wong.

Ty Abbott House – Boys captain, Jamie McCann, vice-captain, Harry Hopwood; Girls captain, Ellie Street, vice-captain, Madison Parry.

The following pupils completed the summer reading challenge with the Bridgend library service: Darcey Bennetta, Elijah Pook, Roman Pook, Noah Pook and Rhosyn Wong. This is the highest number of pupils the school has had complete the challenge.

Pupils who have achieved excellence in areas are presented with a headteacher's award. The following all achieved awards for hitting their targets, continuing learning at home and having an excellent attitude in class: Darcey Bater, Morgan Bater, McKenzie Dowling and Logan McCormick,

Pupils in year-6 took part in a rugby activity morning with Ospreys coaches and players.

All Blacks rugby stars Sonny Bill Williams, Cody Taylor and Conrad Smith joined in with the activities.

The AGM for the PTFA will take place on Friday, October 16, in the football club at 7pm. Everyone is welcome and the PTFA are keen to recruit new members to help out at events and to bring new ideas forward.

Tondu primary school

CARERS of children in Mr Lewis's class Llynfi can share in class assembly tomorrow (October 9) at 10.20 am.

Next Tuesday, October 13, will be a Walk to School day when children will be able to support the Eco committee by walking, going by bus, or riding their bike or scooter to school.

If they live too far away to walk the whole journey, it is suggested they can join in by parents parking at Aberkenfig car park (Simla) and the children walk the last part of their journey with the Walking Bus to Meadow Street.

It will meet them there at 8.10am (for pupils who are in the breakfast club) or at 8.45am for all others. Raffle tickets will be given out for every child who has walked or come by bike or bus. A prize will be given to one lucky recipient in each of the school buildings.

The school will be collecting shoe boxes for operation Christmas child, this is to give presents to children in other countries who do not receive gifts. Boxes should be returned to school during the first week after half term.

Welsh Wildlife Trust

ON Sunday, October 11 at 11am and 2pm members of the public are invited to go on guided tours of the Parc Slip nature reserve, Tondu.

They will be shown the various fungi on the reserve by supporters of the Glamorgan Fungus Group and Wildlife Trust.

They will learn why a Stink horn stinks, what the difference is between a toadstool and a mushroom, how some fungi can turn insects into zombies – and what would happen if you ate a Deathcap!

For more information, contact glamorganfungi@gmail.com

Maesteg concert

ON Saturday, October 10 at 7pm there will be a concert at Maesteg town hall, organised by the Maesteg 'Gleemen' male voice choir.

The choir will be conducted by Alun Hodges, the musical director, accompanied on the piano by his wife, Suzanne.

The compère will be BBC presenter Beverley Humphreys, and opera star Rebecca Evans will also take part.

The rehearses on Monday and Thursday evenings from 7pm-8.30pm at the Royal British Legion club, Commercial Street, Maesteg. Visitors and new members welcome.

Special service

THERE is a special service at St Cien's Church, Llangeinor this evening (October 8) at 6.30pm to celebrate the Patronal Festival; refreshments after the service.

A concert is being held at the Church on October 11 at 7pm to celebrate St Cien's day. Music will be provided by 'Sounds Familiar' mixed voice choir and there will be refreshments after in the Llangeinor Arms.

History talk

THE public are invited to the next meeting of the Bridgend branch of the Glamorgan Family History Society at the Len Evans Centre, Heol Persondy, Aberkenfig on Monday, October 19.

The doors open at 7pm and at 7.30pm there will be a talk by John Ashley, whose interesting subject will be renowned Buffaloe Bill, Bill Cody and his Wild West shows.

Porthcawl U3A's VIP tour of Welsh Assembly

PORTHCAWL U3A were given a VIP tour of the Senedd recently when 52 members were met by Bridgend AM and First Minister Carwyn Jones.

Carwyn Jones AM said: "I was very pleased to welcome Porthcawl U3A to the Assembly. They had a tour of the Assembly and had an opportunity to be in the public gallery for First Minister's Questions.

"I was delighted to refer to them being in the public gallery during my question time session. I very much enjoyed meeting them and I hope they had an enjoyable day."

The group was formed in January 1995, as part of the University of the Third Age, providing informal educational, creative and leisure opportunities in a friendly atmosphere.

There are over 500 members and 34 interest groups. They meet at various locations across Porthcawl. This year, the group celebrated its 20th year anniversary.

OSPREYS PLAYERS PACK DOWN TO RECYCLING

Ospreys players on the recycling run.

A GROUP of Ospreys rugby players have been helping BCBC and their waste partners with recycling collections in the Brackla area of Bridgend.

Lloyd Ashley, Lloyd Evans, Tom Habberfield, Dan Suter, Richard Fussell and Joe Bearman were involved as part of their ongoing commitment to serving the 'Ospreylian' community and helping to promote the council's drive to encourage residents to recycle.

Back row forward Joe Bearman, who also took part in a recycling run in Maesteg last year, said: "I was here last year to take part in the recycling runs and I'm glad that Kier were happy to have us back to help out again this year. Doing our bit for both the community and for the environment is important to us as a team and we are pleased that we could raise awareness about the importance of recycling."

Lee's boxing gloves are to be auctioned for the Haiti Hospital Appeal

Emblazoned on the boxing gloves is the message 'Best wishes Lee Selby IBF World Champion'.

BARRY'S world boxing champion Lee Selby has donated a pair of his gloves to the local Haiti appeal.

Godfrey Knight has organised 12 fundraising events for the country of Haiti in the five years since it was struck by a devastating earthquake.

He is a lifelong friend of Ray Smith – their families were friends 70 years ago in Station Street – and Ray knows the Selby family well, hence the kind donation.

Ray said: "I've known Lee all his life and he has kindly given us the signed gloves to auction. I think they should raise a good sum for the appeal."

Ray was something of a boxer himself – in 1964, he was the amateur British Junior Welterweight Champion. Later, he became Welsh and British Tae Kwon Do champion.

Ray, his sister Michelle Proctor and local Assembly Member Jane Hutt, are patrons of the local Haiti appeal.

Godfrey, its organiser, told The GEM that the country is still recovering from the catastrophic events of January 12, 2010, in which an estimated 200,000 people died.

"Following the quake 1.5million people were homeless. Two British drama students then initiated the Haiti Hospital Appeal.

"To date, they have been able to build a spinal care unit for those seriously injured in the quake and they've added to that achievement by building a hospital.

"Haiti is the poorest country in the western hemisphere. Cité Soleil, a slum with hundreds of thousands of people, has no electricity, no proper running water and no sanitation system.

"Some Haitian children only eat every other day."

Godfrey added: "Thanks to Ray's connections in the boxing world, we have managed to obtain a pair of Lee's gloves – it was Ray's idea.

"They will be auctioned on eBay and we will make an announcement in the near future as to where people should go to make a bid. I want to thank Lee for his generosity and cooperation."

Jane Hutt AM is due to hold a coffee morning at the Memorial Hall for the Haiti appeal soon.

Godfrey and his wife make a monthly donation to the cause. If other people are keen to do the same and want information, they can contact him on 01446 774484.

MARY IMMACULATE CATHOLIC HIGH SCHOOL

Warmly invites parents of children in Year 6 to our

OPEN EVENING

on Wednesday 14th October 2015 from 5.30pm

Mary Immaculate is a successful and high achieving co-educational 11-16 school serving the western region of Cardiff. We invite applications for Year 7 (starting in September 2016) from Catholics, other religious and non-religious families. We are oversubscribed and have a waiting list for each year group.

We invite families to apply for a place before the deadline of **Monday 30th November 2015**.

In 2015, our Estyn report noted the excellent pupil support, leadership and capacity for improvement; there were five excellent judgements and seven good judgements in total. Our results in 2015 also continue to demonstrate outstanding pupil progress, putting us in the top group of schools nationally. We continue to be proud of the achievements of all our pupils and are committed to outstanding attainment.

Pupils at Mary Immaculate want to be successful and treat each other with respect, care and compassion. These are the qualities to which we aspire and we expect them of all our pupils.
Your child's education is unique. We are fully committed to delivering a high quality learning experience for all of our students and welcome the chance to meet all prospective parents.

"Pupils receive an outstanding level of support at the school which has a significant impact on their outcomes" Estyn (2015)

Please visit our website for further details
www.maryimmaculate.org.uk

CAERAU LANE, WENVOE, CARDIFF, CF5 5QZ T 029 20593465

Praise for local brewery

THE entrepreneurial success of the 'Tomos a Lilford' brewery at Llantwit Major was praised by Vale AM Jane Hutt during a visit last week.

"Set up with 'up-cycling' equipment, Rob Lilford and Rolant Tomos are working parents, as well a entrepreneurs with a strong commitment to their local environment and sustainable enterprise," the AM said.

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The Vale's beautiful Eagle Owl is now safe – THANKS TO FIRE SERVICE RESCUE

At night – atop a chimney pot.

The Eagle Owl is safely packed up for the RSPCA to collect.

Paul Redmayne makes sure the Eagle Owl is comfortable before the journey back to the station. It was later picked up by the RSPCA.

by GEM REPORTER

An injured Eurasian Eagle Owl was rescued by the Fire Service from a rooftop in Glebe Street, Barry, on Monday morning (October 5).

The owl, which had escaped from captivity, was wearing a leather 'jess' that had become tangled in a TV aerial on the roof of a house. A jess is a leather strap used in falconry to control birds of prey.

A local resident called the Fire Service to report that the owl was in distress because it was hanging upside down from the aerial.

The rescue was performed by fireman Ian Roderick, who untangled the stricken bird and brought it gently down to safety.

Fireman, Paul Redmayne said that it was alive, but in shock and exhausted. It had sustained a serious injury to its wing in its desperate attempts to break free.

The team wrapped the owl up safe and warm and it was taken back to the station where it was collected by the RSPCA. The huge owl had been reported flying around the Barry Road and Cadoxton area for the past few weeks.

The Eurasian Eagle Owl is one of the largest living species of owl. A fully grown female is roughly eight times the size of the much-loved barn owl. It has a wing-span of up to two metres, is more than half a metre high and weighs up to four kilos!

Local photographer, Angela Magee, who lives in Barry Road, captured the drama as it unfolded. She had been observing and recording the owl's movements for weeks as it roosted on neighbours' chimneys.

"My neighbours and I have grown attached to this gorgeous Eagle Owl but I've been concerned for its safety.

"I was worried that he was going to get his jess tangled up in an aerial or tree, and sadly that's what happened.

"I alerted the council and the Welsh Hawking Centre – as did others – and have been trying to locate his owner via social media. Unfortunately there were no reports of a missing Eagle Owl.

"The Eagle Owl landed at the bottom of our garden at around 8pm on Sunday night and stayed a while, looking directly at me, before flying off into the evening.

"My neighbours and I felt privileged and delighted to see such an huge and stunning owl so close up.

"His hooting call is beautiful, but eerie, and he's been treating us to it from 3am until dawn! We will miss him but we're glad that he's in safe hands now and hope that the RSPCA can fix his wing so that he can live a safe and happy life."

RSPCA inspector Gemma Black said the charity hoped to track down the owner.

"I have since taken the owl for a check-up and it is healthy, and clearly has been owned in the past as it is tame. He has a ring and we are making enquiries relating to the details on the ring.

"The bird is now being transferred to a suitable boarding establishment, while we try and track down the owner.

"If anyone has any information about the owl's owner please contact the RSPCA inspectorate appeal line on 0300 123 8018. Calls are treated in confidence."

GPs to move to new health care centre?

CONTINUED FROM PAGE 1

Mr Mort continued: "Throughout SHOUT have insisted that Porthcawl cannot wait. It was therefore with great pleasure that we heard that AMBU Health Board wished to attend our October meeting to make a formal announcement.

"In using SHOUT to unveil their plans for the future of the health service in our town it was indeed just reward for Porthcawl SHOUT's persistence over a long period."

The health board were represented by Zoe Wallace, Sarah Thornton and Helen Wainwright, and were accompanied by Claire Jenkins chair of the Community Health Council and Lindsay Morgan of SHOUT, who sits on the council.

Mr Mort said: "It was described as a multi million pound commitment for the town of Porthcawl.

"What is proposed is a state of the art three-storey health care centre, to be constructed by the middle of next year at a site alongside the Bellway Homes development, at the Meadow, Newton Nottage Road adjacent to the lake.

"Car parking will be provided and existing bus services already connect well with the site."

The GEM understands that the centre will be able to provide a number of services and procedures that would normally require a hospital visit, although full details are not available yet.

Mr Mort concluded: "It is now essential that the people of Porthcawl wholeheartedly and actively support the proposals."

A spokesman for the ABMU health Board said that further details would be released soon.

He added: "The health board is committed to ensuring residents of Porthcawl have access to high quality fit for purpose healthcare as close to home as possible.

"In agreement with the community health council, we have started a period of engagement running until Friday, December 18, to discuss with residents our ideas for a new primary and community care centre for Porthcawl.

"All Porthcawl residents, whether they regularly access local GP and community healthcare services or not, are invited to take part.

"We will be posting directly to residents information about our ideas and two public open days which will be held in November.

"Residents can send us their views a number of ways including by letter, email and via the community health council.

"Further information will also be available from GP surgeries.

"This is a very important time for the residents of Porthcawl and we urge everyone to get involved."

The Vale Mayor's Facebook faux pas

THE dangers of social media were highlighted when Vale Mayor, Coun Fred Johnson, put up jokes on his Facebook page and earned a rebuke for 'ridiculing refugees'.

Richard Bertin, an independent councillor on the Vale Council, said: "Not only has this senior Labour councillor seen it fit to ridicule refugees, he also mocks Barry in the process – a town in which he's the mayor.

"Mr Johnson should be speaking up for communities there – not poking fun at them."

Coun Johnson, who represents the Cadoc Ward in the town, had put up a picture of immigrants running to jump into a truck with the caption 'Quick, back in the truck they've dropped us in Barry.' There was also an airliner with migrants on top of it, and one hanging from a wheel, with the remark 'Calais back to normal after immigrants find new route'.

Coun Johnson, who is a popular figure in Barry, said: "I am sorry if I caused any offence to anyone who looked at my Facebook account."

Most people commenting on one national media news site didn't seem to have taken offence.

One said: "Another benefit of today's PC multicultural world. No sense of humour allowed!"

Another person added: "He has a sense of humour so what, fed up with the PC brigade commenting."

A person living in Madrid said: "A councillor with a sense of humour. Make the most of it down there in Barry, you don't get many of them these days (and my mother was Welsh, so I'm certainly not against all things Welsh). What is wrong with people these days?"

Another contributor added: "It's not that bad. Poor taste yes. Stupid decision from a person in power though."

Katie's fighting on two fronts!

ABOVE: Katie running an obstacle race (left) and with Maria Lee Metheringham after filming a fight scene (right).

CONTINUED FROM PAGE 1

However, the film's shooting schedule has given Kate time off to fly to the Obstacle Course Racing (OCR) World Championships in Ohio on October 17, and how Kate came to be doing that is a little unusual.

She told The GEM: "My OCR life began when my sister, Claire McAndrew and I ran our first obstacle race, the Dirty Dozen OCR to raise funds for the Parkinson's charity for a dear friend of ours."

Obstacle Course racing is growing in the UK, but has been big in America and Canada for some time, attracting sponsorship from manufacturers such as Reebok.

A typical race could be between 8K and 15K and the course will have a wide variety of obstacles. Just think of giving a sadistic gym teacher the chance to put you through the mill and you have a good idea what it is like.

Kate continued: "Claire and her partner, Keith McAndrew continued running OCR, competing in many races over the following 18 months, progressing and getting better and better.

"In fact, Claire and Keith have also qualified for the OCR World Championships, and Claire took part in Ninja Warrior UK.

"As they raced, they earned free passes to races. I was given one of their free places into the Reebok sponsored Spartan OCR (only my second ever race)."

To her surprise, she recorded a time which meant that she joined the UK team who will be travelling to Ohio!

She told The GEM: "I will be up against competitors who have been racing since OCR began, and who already have sponsors to get them there,

"I'm just a local girl who, having previously lost everything including my home after becoming a single parent and having to give up my career, has finally bounced back, and so quickly become known for this sport.

"I am racing for my country and supporting a charity close to my heart... BCLC... the Bethlehem Church Life Centre.

ABOVE: No holding back in a martial arts fight in Scarlett Cross.

Katie in training.

"They support local families in hardship, and I was one of them! Over the past 18 months, they have helped me back on my feet and literally changed life for myself and my five-year-old son, JJ."

She explained how BCLC had helped her: "The centre has now employed me part-time as their 'community connector' and personal trainer at the life centre in Cefn Cribwr.

"Whilst I strive to inspire anyone and everyone to grow and develop, I also specialise in training others suffering illness, injury, medical conditions, mental health problems and other ailments.

"I help bring them back to health and fitness, which is testament to how changing their lives can lead to them having a better quality of life."

Hewlen Webb, the centre manager, told The GEM that Katie's enthusiasm was contagious, and that she had made a huge difference when she came along to the centre's gym and helped on a voluntary basis.

She said: "We were delighted to offer Katie a part-time post because she has made such a difference."

Katie, a Cynffig Comprehensive girl, puts her love of fitness down to her teacher there, Mrs Maggie Croke, who inspired her to get fit and stay fit.

She said: "It's my hard-trained-for level of fitness, my determination, my love for my country, and my love of people, that is going to determine my success... and this is why I have achieved all that I have so far."

Kate feels that things are really coming together, and landing the film role has been a massive boost.

She said: "It seems that finally my dreams are all coming true. The latest of my film career news is that I am teamed up with a fantastic film writer/director, Dean Meadows, and am currently lead actress and producer of an all-female martial arts (Assassin) film, *Scarlett Cross*, that is being filmed in South Wales itself and distributed world wide...

"I am also set next year to star alongside my childhood heroes, Cynthia Rothrock and Max Thayer, in another Martial Arts film.

"Little by little I am conquering my aims, however big or small, and helping as many people as I can along the way.

"For the World Championships I am seeking sponsors to raise money, not only to support the trip but to help give back to the BCLC charity that has helped me so much."

Anyone wishing to sponsor Katie should call 07760 558154, or email *kat-c@outlook.com*

Cowbridge Classic Car Show motors into the town and proves popular with visitors

ON Sunday, September 27, there were around 180 classic cars and motorbikes on display in Cowbridge.

They were all along the town's high street and attracted a lot of attention.

As you can see from Glyn Evans' images people were thrilled to see so many examples of classic motoring history in one place.

A number of people expressed the hope that the show would return in the future.

As you can see, Glyn even 'mocked up' a photograph to create a retro-image of Cowbridge as it might have looked in the 30s.

PHOTOGRAPHS by GLYN EVANS

OTHER PICTURES ARE AVAILABLE FROM THIS EVENT.

Pictures can be purchased by contacting:

E-Mail: ffotoimage@tiscali.co.uk
Telephone 07791 228684
www.ffotoimage.co.uk

Poppy Appeal showed local residents care

OUR brief Indian summer is over, autumn has arrived and it's Poppy Appeal time once again; last year, the people of Cowbridge and the Vale were magnificent – their generosity was incredible – they donated a total of more than £16,000, turning it into another record year for Cowbridge.

They clearly demonstrated the immense public support there is for the welfare of our servicemen and women and their families. We are hoping they will continue their support and help us achieve another notable contribution this year.

Poppies will be available from the usual outlets in shops, banks, pubs etc. from Saturday, October 24 this year. Our collectors will also be in Cowbridge High Street, Waitrose, and the Co-operative store and will have available various poppies, including a new reflective type, 1915-2015 lapel pins, armbands, bracelets, etc, and the small wooden commemorative crosses.

The Garden of Remembrance will also be open at Holy Cross Church from October 24 for those wishing to place crosses and carry out personal acts of remembrance.

Remembrance Sunday, November 8 is rather early this year, and we are hoping for a large turnout and lots of support. The timetable is: 10.20am the parade to assemble behind the Town Hall, then march to the war memorial for a short service.

The two-minute silence will take place at 11am, followed by the wreath laying at the war memorial. The parade then marches to Holy Cross Church and, after this special day's service, returns to the Town Hall for the salute and the 'dismiss'.

Everyone is invited to join the parade, especially ex-servicemen and women. Membership of the Royal British Legion is not necessary. All members of the public are welcome, and are cordially invited, to attend the church service at Holy Cross Cowbridge.

On November 11 at the 11th hour a short service will take place at the war memorial: please try to be there. *'We will remember them'*.

DAVID HOWELL

MAYOR THANKS CAT CENTRE VOLUNTEERS

Photos by MANDY THOMAS
(telephone 07541 982794)
www.mandythomasphotography.com

THE Mayor and Mayoress of Bridgend County Borough visited Cats Protection's Bridgend Adoption on October 3 to thank the volunteers for their "hard work and commitment" and to see first-hand how the charity cares for unwanted cats.

The Mayor of Bridgend County Borough, Coun Richard Young and his wife Annette spent time chatting to the volunteers, as well as having a behind the scenes tour of the centre and meeting the unwanted cats and kittens looking for homes.

The Mayor said: "It was nice to come and meet the team at Cats Protection Bridgend. It comes across that they are one team, and although they have many different roles, they all contribute as a whole.

"They are a very committed team and it was a privilege to meet them".

Sue Dobbs, the centre manager, said, "It was great to have the Mayor and Mayoress visit our centre to meet our team of volunteers and to thank them personally for giving their time up to help unwanted cats and kittens in the Bridgend area.

"The centre has a team of over 40 volunteers who have various roles including cat care, fundraising, reception, fostering, gardening and DIY.

"We are very reliant on our volunteers, their help and support ensures that all cats in the centre get the loving care they need and the centre runs smoothly and efficiently. Fundraising volunteers also raise much needed funds to boost the kitty."

Cats Protection Bridgend is one of the busiest cat adoption centres in the country, to date this year the centre has found loving homes for over 1,000 cats and kittens

Anyone wishing to help, or wanting to adopt a cat/kitten should email bridgend@cats.org.uk, or ring 01656 724396.

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Cloudy2Clear Windows – Service With A Smile!

It's been a crazy few months for Cloudy2Clear Windows. The company which specialises in repairing windows which are steamed up, broken or damaged by replacing the panes – not the frames has grown rapidly as homeowners take advantage of their services.

Branch Manager Phil Powell feels that it's all about service. 'Our product is simple. If your double glazing is misted up we can replace the glass at a fraction of the cost of a new window, in any type of frame, and with a new 5 year guarantee. But it's not just about saving people money, although that obviously helps. Many tradespeople have struggled since last year and I honestly feel that during the good times a minority perhaps didn't focus on customer care as much as they should have done. We make sure we turn up when we say we will, do the job the customer requires and leave their house as clean as a whistle. I often get comments back from customers on how they really didn't expect that sort of service which, in a way, is very sad for the service industry as a whole."

Cloudy2Clear service the Vale, Bridgend, RCT and Porthcawl areas and Phil is finding that his approach is a major factor in his success. *'The truth is that it's not just the personal satisfaction that I get from doing a good job but also it makes good business sense. I get a huge amount of business from friends and family of people I've done work for, which just goes to show how much a little bit of effort is appreciated.'*

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These are just some of the questions you should consider before you decide which is the best pension option for you.

Independent financial advice should always be sourced to ensure you make an informed decision.

Steve (and Sue) assessed for apprentice training award

ENGINEERING assessor Steve Manning, from Llantwit Major, is in contention for an award at the Apprenticeship Awards Cymru 2015, after showing "incredible commitment to his students" through his battle with cancer.

Steve (53), is one of four finalists shortlisted in the work-based learning practitioner of the year category at the high profile awards ceremony in Celtic Manor Resort, Newport on October 29.

The coveted awards celebrate the outstanding achievements of those who have exceeded expectations, shown a dynamic approach to training and demonstrated initiative, enterprise, innovation, creativity and commitment to the improvement of skills development for the Welsh economy.

Jointly organised by the Welsh Government and the National Training Federation for Wales (NTfW), the awards are sponsored by Pearson PLC and media partner is Media Wales.

The Apprenticeship Programme in Wales is funded by the Welsh Government with support from the European Social Fund.

Steve works for Coleg Y Cymoedd as an engineering assessor, supporting more than 40 apprentices across British Airways sites in Cardiff, Blackwood and Llantrisant, as well as Arriva Trains in Cardiff.

He joined the college in Ystrad Mynach in October 2013, having spent most of his working life with the RAF as an aircraft engineer and later, Cardiff City Bus.

Then, in July 2014, he had to go through major surgery, followed by months of chemotherapy.

Steve immediately put into place processes to support his learners, insisting that he would co-ordinate their learning remotely.

He also introduced a new "buddy" system, whereby final year apprentices mentor first years.

"The chemotherapy really drained me and I felt sick a lot of the time, but it was important to me not to let my apprentices down," said Steve, who is now well and back at work.

"I had an incredible amount of support from students and colleagues, which really helped me through it."

Matthew Tucker, head of school at Coleg Y Cymoedd, who nominated Stephen for the award, said:

"He's never lost focus of his learners and has astounded us with his relentless, positive attitude and motivation."

CREATIVE ROLE ALSO in contention for the award is Barry woman, Sue Jeffries, who supports learners in a variety of roles – from carpenters with the opera, to costume dressers on popular TV series Casualty, editors on Doctor Who and runners on Hinterland as chief executive of Cyfle, the training company for the creative industries.

"My passion is to ensure that the industry in Wales gets the most talented people and to do this they must be trained in the right way," said Sue, who joined Cyfle, which has centres in Caernarfon and Cardiff, in 2013 after over 30 years working in the media.

"I'm very proud 13 of the 17 young people who completed the Apprenticeship in Creative and Digital Media in 2013/14 have continued to work in the media, whilst another three have gone on to further learning and another to a job outside the industry.

"It's a joy to go on set to see former trainees making their own valued contribution."

One of her apprentices, Matthew Ingram, said: "She shares her experience with warmth and wit and we always look forward to a session with Sue.

Her passion for the creative industries in Wales is undeniable."

Sue believes in leading by example, and since 2013, when Cyfle started to train apprentices, the company has also employed apprentices as part of its team.

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Readers' Letters

Please keep your letters BRIEF and address them to: The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email gemeditorial@tindlenews.co.uk

• ***LETTERS AND E-MAILS MUST INCLUDE FULL ADDRESS AND A CONTACT TELEPHONE NUMBER.***

IMPORTANT: We reserve the right to edit all letters. We do NOT accept anonymous mail. An email address alone is not sufficient!
We will (*in certain circumstances*)protect a writer's identity, if requested.

VALUE FOR MONEY...

VALE COUNCIL LEADER REPLIES

WHAT on earth is our council actually doing with our money and assets?

Every year our council tax increases: over the last three years it was up 4.8 per cent; 4.5 per cent and 3.9 per cent, yet with more houses being built, income from community charge will be rising.

Street lights in Barry are being switched off; our libraries are facing closure; our weekly black bag collections have vanished; our free black bags have gone; our leisure centres have been tendered off; acres and acres of our recreational land and green spaces have been sold off.

It also looks like Barry and Cowbridge shoppers are going to have to pay to park near our shopping areas. To top it off, our pensioners have even had their Christmas dinners cut this year.

Despite all these cutbacks, huge sums have been found to spend on beach huts at Barry Island and so-called regeneration projects.

Millions have been spent on exit packages for council officers; indeed, at last week's council meeting, the council leader identified that well over £500,000 has been paid out in discretionary payments over the last five years.

Hundreds of thousands have been spent on refurbishing the council offices. I could go on and on. The only influence we have is one vote in five years.

You cannot throw good money away on major projects then punish the public for it by cutting essential services and raising taxation. Blaming central government all the time just doesn't stand up to analysis.

When it comes to value for money from our council, it's a big fat zero from me.

Jonathan Osborne,
FocusBARRY member.

The Leader of the Vale Council, Coun Neil Moore, responds:
With regard to Mr Osborne's letter, I am surprised that as someone who appears to be such a keen observer of local government issues, Mr Osborne has such a poor grasp of how local authorities are actually funded.

While he is correct that council tax in the Vale has increased in recent years, he is clearly unaware that this income accounts for less than a third of the council's budget.

The vast majority of the council's budget is funded by money from Welsh Government, which they in turn receive from the UK Government.

This sum of money has been cut by more than £30million in the last five years and is likely to be cut by at least a further £25million in the next three years.

This is happening at a time when the demand for some of the essential services that councils provide, such as education and adult social care, is rising dramatically.

Increasing council tax is never a measure that my cabinet colleagues and I take lightly. However, it is one of the few ways in which the council can increase its income and mitigate the impact of the cuts to public services imposed by Mr Osborne's namesake in Westminster.

For this reason, each year my colleagues and I are forced to balance the implications of asking our residents to pay a little more or cutting vital public services.

Clearly such significant savings cannot be made without changes to the services that we provide.

Mr Osborne makes reference to several of the measures that have been taken to help us balance our budget in recent year.

Ironically, however, some of the changes that he highlights represent excellent examples of how the Vale Council is delivering first rate services at reduced cost; most notably, the way in which our leisure centres are now managed which saves the authority over £1million each year, while also enabling Vale residents to enjoy higher quality facilities.

The reference to regeneration projects again shows a lack of understanding.

The regeneration of Barry Island resulted in one of the busiest summer seasons for many years and brought both visitors to the town and income to the traders – of which, I understand, Mr Osborne is one.

The project put Barry Island back on the map as a UK tourist destination and is certainly not something to be criticised.

To cap things off, Mr Osborne then goes on to undermine his own point about the "millions" being spent in redundancy payments by stating that the figure given for the last five years is actually far lower than it is.

The cost of the Vale Council's redundancy scheme, which any payments are made in accordance with, is in fact one of the lowest in Wales.

It is very frustrating, not just to politicians like me, but also the thousands of hardworking public servants in the Vale, when people such as Mr Osborne choose to either wilfully or ignorantly mislead the public about the unprecedented financial position that local authorities currently find themselves in.

Luckily for all concerned, once the council's budget-setting process begins later this month, we will be providing a great deal of information to the public on the council's current position – and some of the difficult choices that we will have to make.

We will also be inviting Vale residents to share their views on what our priorities should be. I look forward to receiving these and am sure that the vast majority of those who choose to respond will take the time to understand the issues up for debate, unlike, it seems, the writer of this letter.

'Tax credits cut will put families in debt' – Unison

I AM angered to see that the Vale MP, Alun Cairns, voted for the changes to tax credits: the changes will create chaos in the family budgets of 134,600 working families in Wales, who between them have a quarter of a million children.

The average loss next April will be £1,350 per year and 4,100 families in the Vale will be affected.

Anyone worried can check how much they could lose at *http://www.litrg.org.uk/News/2015/150917-How-will-tax-cuts-2016-affect-you*

The amount most working families who are currently on the national minimum wage will lose in April far outweighs any gains from the enhanced minimum wage of £7.20 per hour, or the small increase in tax allowance that will save £80 per year.

But the changes to tax credits hit low-to-middle income families, too.

It will also see a family with children on £20,000 lose nearly £2,000 next April. If they are on £25,000, with two children they lose £2,300.

We were told by the Prime Minister that this would be a "one nation'"government, with working people at its heart – but after this vote it doesn't look like that.

As night follows day, families with children will end up in poverty, in debt and in some cases, in danger of losing their home.

What is more, these changes will damage local businesses and local economies – because people will have less to spend.

So what is our MP doing to stand up for ordinary people in the Vale who don't earn a fortune and badly need tax credits just to make ends meet?

People who earn more than £2million a year now get a tax cut each year of £250,000, because the 50p tax rate was cut to 45p – so will our MP tell the Chancellor to think again on tax credits?

If not, any claim to be a one-nation Government will be rather wide of the mark.

Dominic MacAskill,
Regional manager, Head of local government , UNISON Wales

Family anguish as flowers are stolen from son's grave

WE would like to bring to people's attention, that a flower arrangement of red roses and gypsophilia was stolen from our son's grave.

We attend Barry cemetery weekly to tend our son's and other family graves with flowers and plants, together with maintaining the areas.

On Monday, September 28, someone removed the flower arrangement and replaced it with a few daisies.This has been reported to the Barry Town Council.

What sort of person could do such a despicable thing within such sacred grounds?

If anyone knows anything about this matter, we would be grateful if they would tell the cemetery officials.

Perhaps the person responsible would have the decency to replace what they have stolen?

S Pycroft,
Barry.

'The charges will destroy Barry'

SO now it seems that the Vale Council, despite opposition from the people and the business community, are going to implement parking charges.

Coun Gwyn John, at the recent council meeting, told councillors who opposed these charges, to stop playing political games and face the fact that the council have to make significant savings; this from someone who doesn't even live in Barry, and only a couple of weeks ago was stating that the charges were not a money-making exercise, but were to free up car parking space.

He stated the council have a very hard road ahead of them and face a huge deficit over the next three years; but that didn't bother him when his council paid over £250,000 for a spruced up council chamber; it didn't bother him when the council spent over £230,000 on a fleet of cars; it didn't bother him when the council forked out over £24,000 on consultants.

It doesn't seem to bother him that his council has set aside £100,000 of our money for asylum seekers who are coming to this country.

Charges will destroy Barry as a shopping centre. I think it is also obvious that Labour councillors who live in Barry agree to this, so shame on you all.

D J Radford,
Barry.

'Nuclear weapons are no defence'

JEREMY CORBYN was attacked by the media for stating his firm support for what had been the most important policy of all western nations for 50 years – namely nuclear disarmament – but which had gone unmentioned in Britain for 20 years.

When you talk to British citizens on the subject, many explain it in childish terms of cowboy films, of goodies and baddies – where we are always the goodies, threatened by Putin – without any appreciation that the Communist nations have always had much more reason to believe themselves threatened by people like former US President Reagan.

Even baddies, if that is as far as your mind takes you, are unwilling to commit suicide by attacking the West.

Nuclear missiles will murder millions, and also activate more nuclear missiles in response.

They are no form of defence for a single living soul.

Neville Westerman,
Brynna

GROUP GETS GUIDED TOUR OF PUMPHOUSE

WITH work on the Pumphouse at Barry Waterfront nearing now completion, the developer has agreed to show FocusBARRY members around the mixed use development this Friday (October 9).

"Members, supporters and friends are welcome to come along, but please arrive promptly at 7pm," a spokesman said.

ABOVE; Victoria Wade with the Mayor of Penarth, Coun Rosemary Cook.

They Grew, they Showed ...and then they Shared!

THE first 'Grow Show, Share' held at St Augustine's Church, Penarth, far exceeded expectations, say the organisers of this new event.

There was some anxiety that the rather enigmatic title would put people off, but in fact it seemed to act as a draw to some remarkable entries where the mix of humour, artistry and horticultural expertise combined to make a most entertaining exhibition.

The overall winner, 'Beat that Wallace' created by Lizzie Davies, was spectacular and aroused a lot of laughter and admiration for the size of the beetroot.

However, there were also serious vegetables, flowers, preserves and some very professional craft items. 'The Gardener', sculpted by Debbie Court and the Four Seasons in Glass by Judith Martin-Jones were particularly impressive.

Among the children's entries were 11 from 'Blast,' the library's gardening group run by Phil Gauci, whose photographs were particularly good. Imogen Alexander's caterpillar won first as did her miniature garden.

Children from Albert Road Primary School had been nurturing sunflowers for months and proudly arrived with large pots of cheerful blooms which nicely offset a lovely wheelbarrow created by the Nightingale Nursery.

The show was opened by Victoria Wade, herself an award-winning landscape gardener, and the Mayor of Penarth, Coun Rosemary Cook, who with her husband also put in an entry – and also brought a beautiful pot of sunflowers (which she had 'reared') with greetings from the town council.

Some fantastic prizes contributed by Windsor Fruit Store, Andrea's Flowers and the Florist, helped raise £306, which has been given to Ty Hafan hospice. Brynawel had also brought along some spectacular autumn plants which added a lot of colour and interest.

This year, the aim of the Friends of St Augustine's was to get the idea known and test the water for similar events. Organisers are so enthused they are already thinking about 2016!

"We are enormously grateful to everyone who put in so much effort – the growers, makers, creators and helpers – it was such good fun".

The event ended with a short service, led by Canon Peter Cox.

PRIZEWINNERS

Adult mixed – gold, Hilary Williams; silver, Debbie Court; bronze, Liz Morgan.

Gardening – gold, Lizzie Davies; silver, Rachel Elder; bronze, Wyntoun Bailey.

Family – gold, Ana Burlaco; silver, tea, toast and toys; bronze – Chris and Jane Higley.

Best in show – Lizzie Davies. **TG**

Ladies concert raised £500 for church funds

THE Barry Ladies' summer concert at Crossway Church, Barry, raised £500 towards refurbishment of the church.

The concert incorporated gospel, jazz, blues, modern (and not so modern) favourites, accompanied by pianist Chris Fossey.

The evening was tinged with sadness as it was also a farewell concert to conductress, Alice Jones, who is taking a break in order to pursue her studies.

All of the choir members wish her good luck for the future. Her place has been filled by Matt, who picked up the baton in September.

Everyone is looking forward to the next choir concert at Christmas. **FR**

THE CHOIR AT LLANDAFF CATHEDRAL.

An invitation from the South Wales Male Choir – Côr Meibion de Cymru

'COME AND JOIN US!'

– says choir compere Barri Hurford

THE BEGINNING... THERE is only one truly regional male choir in south Wales.

Formed in 1982 to undertake a tour of the eastern United States, the choir received rave reviews following concerts in Pittsburgh, Baltimore, Washington, New York and Buffalo.

The decision was taken to keep the choir together. Nineteen further tours have taken members to the USA and Canada (three times each) and to France, Gibraltar, eastern Europe and Australia, in addition to seven commemorative tours to the World War One and World War Two battlefields of Flanders and Normandy.

The choir has travelled as far as Monaco for a one-off concert and cruised the Baltic with shore-based concerts in Russia, Estonia and Norway. Next year's cruise destination will be the Norwegian fjords and Bergen.

St David's Day celebration concerts have always been performed outside Wales. Sponsored by Valero, the choir recently performed its 29th annual concert in St David's Cathedral, Pembrokeshire.

Since Elaine Robins took over as conductor, the choir has achieved competition success.

Peter Evans, choir chairman.

Jo Herco-Thomas, Cardiff group conductor.

Piano accompaniment has remained constant with a Ferndale Davies throughout the choir's history – originally the late Bryan and since 1993 his daughter Sian. Cardiff group conductor Jo Herco-Thomas acts as deputy to Elaine Robins.

The Cardiff group are keen to increase CMDC membership in the area. The venue is Fairwater Conservative Club, where ample car-parking is available.

Choristers travel in to Tuesday evening rehearsals not just from Cardiff but also from Bristol in the east, and Cowbridge and the Vale of Glamorgan in the west.

Every three weeks, all the practice groups – those from Cardiff, Resolven, Towy Valley, Narberth and Wantage – meet for a full choir rehearsal on a Sunday in Cwmavon Community Centre.

New members will be assured of a warm welcome and previous experience is not necessary. Many happy and fulfilling years can lie ahead. Touring abroad is of great importance to us, with some stalwarts who first performed with CMDC in America in 1983 still going strong.

Founding piano accompanist Bryan Davies once said: "*Music is a serious business, but it's got to be fun*". It most certainly is with this choir!

PHIL HOWELLS,
choir PRO

AN AMAZING EXPERIENCE

TO be part of a big, prestigious choir performing at important venues is an amazing experience. You will be enjoying a musical experience and at the same time giving enormous pleasure to packed audiences.

To be part of that music-making will fill your soul with joy and send shivers down your spine.

You will not be required to read music or to speak Welsh, and there will be no voice test to undertake. You will fit in where you are most comfortable.

The choir sings in four-part harmony and you will join in the section that best suits your voice. You will be joining a choir of like-minded men who revel in the sheer joy of singing.

Whether it is a rehearsal, a concert or a post-concert 'afterglow', you will find yourself a member of a supportive, sociable and caring group.

Wives and partners are actively encouraged to take part in choir activities. You will also be contributing to charities who benefit from the proceeds of many of our concerts.

The first step for prospective members is to come to our recruitment evening on Tuesday, October 20.

You will be warmly greeted, given learning CDs and allocated a mentor to help you settle in.

If you are unable to make it to our recruitment evening then look us up on our website and arrange another date.

PETER EVANS,
choir chairman.

INCREDIBLE HISTORY... WALES has an incredible, internationally-celebrated history of poetry, song, choral music and community spirit.

Choral singing encapsulates proud traditions that we should cherish, whether we are Welsh born and raised, or have moved here and chosen to build a life in Wales, as I did 20 years ago.

There is a compelling body of scientific research and evidence available on the mental and physical benefits of singing. Researchers at the University of Gothenburg in Sweden found that choristers' heartbeats synchronise when they sing together, bringing about a calming effect that is as beneficial to our health as yoga.

Health journalists point to significant beneficial outcomes from singing. Joining a choir like CMDC provides fellowship, rewarding activities and is beneficial for health and well-being.

I love music. I love the gifts it has given me, my family and friends, throughout my life. Its powerful presence has enabled me be a part of many special events, including those of CMDC.

I would encourage anyone with a love of music to come and join us. Singing with a large choir offers many personal rewards.

JO HERCO-THOMAS,
conductor, Cardiff group.

OPEN REHEARSAL

There will be an open rehearsal of the Cardiff group at Fairwater Conservative Club CF5 2BY on Tuesday, October 20 from 6.30pm. Free pint and cold buffet for all those attending!

*Please telephone Don Surridge on **01446 735437** for further information,.*

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Pictures by David Corrick Photography

Harold and Barbara were bee-trothed AND NOW THEY ARE MARRIED!

WHEN Harold Williams of Fonmon and Barbara Chick of Cardiff were married recently, there was no chance of the happy couple taking a honeymoon – they had too many bees to look after, including half a dozen hives on top of St David's 2 in Cardiff!

The happy couple tied the knot on September 26, and relaxed with family and friends as the sun shone at Yr Hen Felin, The Old Mill, Dyffryn.

Harold has, of course, written a monthly column on beekeeping in The GEM for some years now.

The venue was stunning, the food (provided by Rozanne Lord and helpers) was excellent – and there was even a wedding cake in the shape of a beehive, and a sponge decorated in a similar theme!

However, a romantic getaway will have to wait, because both Barbara and Harold have more than 80 years' experience between them in beekeeping, and they have other priorities.

Harold explained: "It is coming to the end of the foraging season and we have to see if the hives are stocked with enough honey for the bees to make it through the winter. If not, we will have to top them up with a sugar solution."

Harold and Barbara met 40 years ago, at beekeeping classes, and they stayed in touch because Barbara was the secretary of the Cardiff Beekeepers' Society.

Harold was looking after hives that were in Fonmon Castle, while Barbara was busy with ones in the National Museum of Wales in St Fagans.

In fact, older GEM readers may recall the beehive that could be observed through a glass partition in the National Museum in Cathays Park.

Children (this reporter included) would spend hours there, watching the bees come and go.

However, Harold explained that it was a stressful environment for the bees, and it was removed. For quite some time, Barbara looked after it in St Fagans, but it was never a home for bees again.

The friendship through their mutual interest in bees continued over the years, but the situation changed in 2008, with the sad death of both their partners.

As time passed, they found they were spending more time together, and now that they are wed, Harold will be leaving his home in east Aberthaw and moving in with Barbara.

He will continue looking after the hives at Fonmon Castle. However, he has passed on another set of hives that are in Aberthaw Power Station's nature reserve to two company employees – after training them, of course!

They also look after the six hives that are in Dyffryn Gardens, and run training courses there for new beekeepers.

Barbara said: "We give them their first 'hands-on' experience of beekeeping.

And, finally, they are also looking after hives that have been installed in the centre of Cardiff, high above the crowds in the streets below, on top of St David's 2.

Harold said: "A rooftop garden has been created there, and the beehives are there, too, so every now and again we go in, drive to the top floor, and check that the bees are OK.

"We tell the security men that we are here to see the bees!'"

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THURSDAY 15 OCTOBER
6pm – 8pm

The Headteacher, Dr J P Hicks, and his staff invite prospective pupils and their parents to attend our Open Evening.

Dr Hicks will speak to visitors in the hall at 6pm, after which you will be able to tour the school and inspect our fantastic facilities. You will also have the opportunity to speak to our dedicated team of teachers. Most importantly, you will meet many of the pupils of whom we are so proud. We consider them the best advertisement for our school.

St Cyres School is the second school in Wales to have provided every pupil with a personal iPad as part of our innovative ICT strategy. The school enjoys the benefit of state-of-the-art facilities in its new multi-million pound building.

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- Our best ever GCSE results, with more pupils than ever achieving at least 5 A*-C grades; the school performed in the top quarter of similar schools in Wales
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Blacksmiths celebrates its reopening with star guest

IMAGES by ANDY WICKS

The Blacksmiths Arms at Llanmaes recently reopened after a new management team took over. The special guest was gold medallist and Paralympian Simon Richardson (far left, above).

COWBRIDGE DARTS LEAGUE ROUND-UP

ON Tuesday, September 29, last season's runners up, Edmondes B, in their first game got off to a good start defeating the Hare and Hounds 8-1.

But the pacesetters, so far, this season are the Farmers Arms who won 9-0 against the Old Post Ladies. The Highwayman Inn defeated the Six Bells Inn 5-4 and the Edmondes A defeated the Edmondes C 6-3; in this match Rhys Jury (Edmondes A) hit a three dart 180. This week Llanharry had the bye.

Present league standings, after two matches, are: Farmers Arms (14 points), Edmondes A (12), Highwayman Inn (11), Six Bells Inn (9), Edmondes B (8), Edmondes C (6), Hare and Hounds (5), Llanharry (4) and Old Post Ladies (3).

Next week, Tuesday October 13, the Farmers Arms will host the semi-final and final of the Fours. In the first semi-final the Edmondes C (Mark Dowling, Steve Huish, Noyle Burt, Richie Williams, Marc Lassimer) will play the Six Bells Inn (Tony Gratton, Lisa Gratton, Kimberly Gratton, Tim Lewis).

In the second semi-final Llanharry (Gerry Austin, Mike Newble, Tony Denscombe, Lee Davies) will play the Edmondes B (four from Martin Thomas, David Thomas, David Cheal, Paul Butcher, Martin Gaffney, Jonathan Cheal).

All matches start at 8.15pm and spectators are welcome. For further information e-mail Paul *cowbridgedarts@gmail.com*, up-to-date information can be found on the website: *www.darts.apsn.co.uk*

PJT

The Foodbank thanks shoppers

THE Llantwit Major Foodbank would like to express grateful thanks to the generous shoppers in the Llantwit Major Co-operative supermarket for their kind donations on October 26 – altogether 263.75 kilograms of food was donated in the store.

Grateful thanks are also extended to the store manager and staff of the Co-op for their continued kind, helpful and enthusiastic support in organising the collection.

The Llantwit Major Foodbank is open in Bethel Baptist Church hall between 1pm and 2pm every Wednesday afternoon.

Denis McGuire, Llantwit Major.

YMCA HOLD AUCTION

I AM writing to let GEM readers know that to coincide with the Rugby World Cup, we are holding a raffle to help with our fund and raise our public profile.

The prize is an original 'line and wash' painting of the Millennium Stadium. Tickets are £1 per strip and can be bought at the Barry store.

The draw will take place after the Rugby World Cup final on November 2.

Jackie Collict, assistant manager YMCA shop, Broad Street, Barry.

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Thanking everyone for their continued support

Travel question for Vale commuters...

THE Vale Council is asking residents how it can improve daily commuting experiences on foot or bicycle to work or local facilities.

The consultation is part of the Welsh Government's Active Travel Plan for delivering the requirements of Active Travel (Wales) Act 2013.

It has identified areas where it would like to see active travel routes clearly identified, developed and promoted for residents. These are: Barry, Penarth, Llantwit Major, Cowbridge, Dinas Powys, Llandough and Rhoose.

The first stage requires the council to submit maps to the Welsh Government by January 22, 2016. The maps will show existing routes within the settlements that the council considers suitable for Active Travel.

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HOMES & Gardens

BE BOLD... that's the message behind the new season's interior decor trends

By Gabrielle Fagan, Press Association

OUR homes have a dramatic effect on our mood and spirit, so investing in their visual appeal makes perfect sense.

This time of year, when designers and stores release their new collections, is a perfect opportunity to track new trends – and embrace them if you're in the mood for a complete makeover, or simply shake up your existing scheme with some smart new buys.

This isn't a season for the faint-hearted, as there's a roll call of bold looks: full-on sultry luxury – all dark tones and glittery metallics, a style garden of dark blooms, and a twist on tradition with dark green 'gentlemen's club' style settings, which make a grand backdrop for carefully chosen furniture pieces.

If that all sounds a little too rich for your decor palette, go for more subtle interpretations – no trend is worth following just for the sake of it, it must suit you, your lifestyle and your taste, too.

That said, there's plenty to excite that could bring the requisite personality to rooms, and make your home awesome for autumn...

MIDNIGHT BLOOMS

Feel free to play with this versatile trend and be as subtle or daring as you wish. Conjure sultry colonial settings with dark, exotic blooms, or whip up a wilder gypsy chic.

"We're seeing a modern take on a classic floral look, which will achieve a bold statement in any room," says Abigail Bomford, senior design manager at George Home.

"Combine dark purple shades and oversized, dramatic floral prints against a neutral backdrop of softer hues of dusky lilacs and blush tones.

"For the less colour confident, focus on a floral print and pair with washed-out white accessories, to conjure a soft, romantic atmosphere which is so prevalent in the autumn collections."

Rich berry shades are perennially popular and most of the leading homes collections have embraced them.

Jewel-rich colours and bold patterned upholstery and accessories feature in many new ranges.

GO GREEN

This year, green is the new 'black' – that's the decree of the decor experts who are plumping for a trend already seen emerging strongly in fashion.

"Mix deep bottle or racing car greens with ochres, brick reds and aubergine purples to create a luxurious, layered feel," advises Stephanie Chen, director of home, Marks & Spencer.

"Accessories in materials such as marble, polished brass and crushed velvets, will add a further luxury touch and interest to a room."

Auteur designer Christian Lacroix, for instance, is offering Pantigre (tiger and panther print) wallpaper, in a Topaze Kiwi – a green, grey and black – colourway, £83 a roll from Amara.

If you're tentative about committing to green, test the decor waters by accessorising. Teal green is a top choice, perhaps for a table lamp, or for glass containers for scented candles.

DARK MATTER

Opulence, decadence and full-on luxury are all being celebrated this season, and the ultimate sanctuary should be sensual, with touch-me textures, moody dark shades and glitzy finishes.

"The luxe trend works in any style of home and is all about layering beautiful fabrics and well-chosen metallic pieces – gold, copper or bronze – which can be combined with almost any interior style," says Sue Roberts, design director at House of Fraser.

"Soft and shiny shimmering fabrics, velvets and silks, glowing accents and gilded metallics are all a safe choice, but for added opulence, keep warm hues at the heart of a scheme.

"Combine bold geometric pattern with rich textures to bring a stylised look home."

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The authentic appearance of the Heritage range has been created considering Article 4 Conservation regulations to conform to historical design guidelines. Details include traditional putty lines, butt joints and ironmongery.

The foil that helps create the textured appearance of timber is continued throughout the window, including the reveal at the edge of the frame.

To maintain the period appearance it's important to choose the correct colour and finish. The Heritage range comes in a number of classic shades as well as natural finishes including English and Silvered Oak. It's this attention to detail that has helped the Heritage range win the approval of planning officers*.

*Conservation guidelines vary between local authorities, so it is advisable to check for your specific area.

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HOMES & Gardens

Preparing your garden for winter

by Hannah Stephenson

IF you noticed some space in your borders this year, or some of your more established plants didn't flower as well as they have done previously, autumn is one of the key seasons to propagate.

Division is among the easiest and most effective ways to increase your stock. It involves carefully digging up clumps of perennials, which have either outgrown their allotted space or are no longer performing well.

You'll need to prise the root ball apart to become smaller clumps, each with a healthy section of roots attached.

Some perennials are simpler to divide than others. Crocosmias, rudbeckias, heleniums and hardy geraniums are pretty easy.

You need to cut off the flowering stems and dead leaves, then dig up the clump, keeping the root system intact and then pull the plant into pieces from the outside, where there is young growth, making sure you have a healthy section of roots attached.

Replant the divided clumps in soil which has been enriched with compost and water.

For larger clumps, you'll need to push two garden forks back to back into the centre and prise clumps apart. Discard the centre sections and replant the more vigorous outer sections.

Perennials with tougher roots, like hostas and hellebores, may take a bit more effort. I have found myself slicing through sections with a sharp gardening knife to divide them effectively, but they still come back.

CONTINUED ON PAGE 21

Don't be stuck with slippery surfaces during autumn season

IT'S time to banish dirty drives, slimy steps, slippery decking and other hazards!

If you have decking, block paving, or mossy surfaces in your garden, you know how slimy and dangerous they can get when wet. Now is the perfect time to get them clean and safe for winter, and with professional cleaning they'll still be in tip-top shape come spring.

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Getting your garden ready for the cold snap...

CONTINUED FROM PAGE 20

Other plants suitable for division include phlox, sedum, delphinium, campanula, aster and achillea.

Another way to boost your stock is by taking semi-ripe cuttings in early autumn using this year's young shoots that have started to go woody at the base.

Plants suitable for semi-ripe cuttings include many evergreen and deciduous shrubs, including lavender, box, hebe, berberis and potentilla. They may take longer to root than softwood cuttings, so you will need to be patient.

Select 10cm-long shoots from a non-flowering stem with a woody base and soft tip, cutting just below a leaf joint and removing the lower leaves from the bottom third of the shoot.

Trim the base with a very sharp knife, leaving a small piece attached. Dip the tip into hormone rooting powder, then put six cuttings around the edge of a 12cm pot filled with 50 per cent seed compost and 50 per cent sharp sand or perlite, watering in well and leaving to drain.

Place the container of cuttings in a greenhouse, or cover the pots with a clear plastic bag and put them in a warm, light position out of direct sunlight, and keep the compost moist but not sodden.

If the weather turns chilly, use a heated propagator in the greenhouse at night. Hopefully, cuttings should have rooted by the following spring.

Layering is another way to increase your stock and is an ideal method for propagating rhododendrons, azaleas and hybrid clematis.

Essentially, it induces rooting from the parent plant without cutting the shoots off. Bend one of the branches down to the ground, remove the leaves around the tip of a healthy shoot and then cut a slit in the nearby stem without completely severing it.

Dig a hole near the plant at the point where the wounded shoot touches the ground, adding a little compost, push the shoot into the hole and peg the branch down with a hoop of wire or a forked stick before covering it with soil.

The plant may take longer than a year to root, but when it does, you can detach and replant it.

WHAT TO DO THIS WEEK:

- Plant window boxes and pots for winter interest.
- Apply or renew grease bands on the trunks of apple and pear trees.
- Sow parsley and chervil for use in late winter and early spring.
- Support tall-growing clumps of asters or they'll be blown down in windy conditions.
- Cut down the stems of herbaceous perennials and lift and divide clumps which are becoming old and bare in the centre.
- Lift maincrop potatoes on a warm, sunny day and leave them on the surface of the soil for an hour or two to dry out.
- Sow lettuce seeds in shallow drills and cover with cloches.
- Pick pumpkins, marrow and squashes, which can be put into storage and should keep until well after Christmas.
- Plant out some of the runners of your strawberry plants to increase your stock.
- Start to clear garden debris in borders, putting it on the compost heap or disposing of it if diseased.

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22,000 people crowd into Cardiff City Centre to take part in the annual half marathon

THOUSANDS of enthusiastic runners descended on Cardiff city centre last Sunday to take part in the half-marathon, a distance of 13 miles.

As you can see, GEM photographer Glyn Evans found an elevated hotel vantage point, and captured the mass of running humanity as it flowed past Cardiff Castle.

Many of the runners were raising money for charities close to their hearts.

PHOTOGRAPHS by GLYN EVANS

OTHER PICTURES ARE AVAILABLE FROM THIS EVENT.

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Christmas Party Guide

Enjoy the Christmas party season, but here are a few tips to spare the waistline!

DON'T end the year feeling like a stuffed sausage – here's a chance to find out how to wine and dine without ruining your waistline – or damaging your health!

by KATE WHITING

The goose is getting fat, and so will we during the Christmas party season if we're not careful about what we eat in the next few months.

The chance to eat out is one of the pleasures of the Christmas season, and a 'one off' indulgent meal is a real pleasure.

However, people living in the Vale have so much choice that eating out is often more than a one off – there's too much temptation.

It's important to look at the Christmas party season as a whole, and plan your food consumption over the whole period.

The enjoyment to be had from eating out can be increased if you balance your food consumption – cutting back at home can make it easier to enjoy the social occasions that make Christmas special.

Every year, millions of us are tempted to start gobbling down mince pies earlier and earlier as supermarkets start promotions and we build up to the big calorie-fest that is Christmas week.

The average Brit consumes 7,000 calories on Christmas Day alone!

A seemingly innocent meal of a turkey sandwich, a leftover mince pie and a glass of wine comes to a whopping 930 calories, which you'd have to walk 9.3 miles to burn off. Little wonder our clothes feel so tight on January 1 each year.

But it's not all doom and gloom – with some careful planning it is possible to have a low calorie Christmas party season, says nutritionist Carrie Ruxton.

"It's important to think about what you're going to do over the festive period, so you don't end up having this weight gain and then feel miserable about it in January."

Carrie recommends deciding what your approach to Christmas eating and drinking will be, and then sticking to it.

"Dieticians always come across as killjoys during the Christmas period, but that's because our clinics are always flooded in January with people saying 'Oh dear, I've put on a stone, I'm so depressed about it'. You can enjoy yourself, but you have to think ahead and make the right choices for you."

Here are Carrie's tips:

MORE PROTEIN, LESS FAT

"Think about the plates of food that you have and go for more turkey and more veg and then minimise the sauces and high fat ingredients like roast potatoes. Turkey is low in fat and high in protein, which has been shown to make you feel full for longer, so you won't come back for more."

VARY YOUR VEGETABLES

"Vegetables are low GI and high in fibre and will fill you up with fewer calories than fatty alternatives such as nibbles and sausage rolls. But it's easy to get bored of veg over the Christmas season and then you'll start having smaller portions. Why not try roasting winter vegetables like swedes and onions or go for seasonal cabbage and spinach for a change?

"Roasted potatoes are really really high in calories because they've been sitting in fat in the oven. Why not mash, bake or boil them for a healthier alternative?"

HAVE SMALLER PORTIONS

"In Mediterranean countries, they put a small amount on their plate and then, if they feel like it, they'll have some more. But in Britain, we load up the plate until it's overflowing and then everybody feels obliged to eat everything on the plate. Switch to the Mediterranean style and you'll probably find you eat less."

CHOOSE HEALTHY STARTERS AND PUDDINGS

"Go for soup because it's more filling than greasy vol-au-vents or sausages on sticks, and for dessert, try something like meringue with fruit and natural yoghurt, which will be much lower in calories than the traditional pudding with custard and brandy butter.

"If you really have to have Christmas pudding, have a smaller portion than normal."

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Lunch Menu
MUSHROOM & ROCKET SOUP
HONEYDUE MELON BOAT
BREADED MUSHROOMS
ROAST TURKEY
ROAST BEEF
SALMON FILLET
BROCCOLI BAKE
CHRISTMAS PUDDING
SHERRY TRIFLE
PROFITEROLES
COFFEE AND MINTS
£13.50 per person

Christmas Day
5 Course Menu with all the trimmings - £40

Evening Menu
MUSHROOM & ROCKET SOUP
MELON BOAT
PRAWN COCKTAIL
BREADED MUSHROOMS
ROAST TURKEY
ROAST BEEF
SALMON FILLET
RUMP STEAK
BROCCOLI BAKE
CHRISTMAS PUDDING
SHERRY TRIFLE
PROFITEROLES
APPLE PIE
COFFEE AND MINTS
£16.50 per person

Please call in or phone for a Menu & Booking form
PHONE 02920530353 /20531700
More info visit www.facebook.com/sullyclub

Vintage tractor run raises £452 total for Macmillan charity

THE annual Ogmore Castle vintage tractor run was held on Sunday, October 4, when 35 vintage tractors took part.

They started from Ogmore Castle Field at 10.30am and travelled through many villages in the Vale, led by Jeff Webb from Peterston-super-Ely.

One of the entrants was Peter Aston, vice-chairman of the Ferguson Club, who came over from Newport with his industrial Massey Ferguson tractor, assisted by Andy Ford.

The vintage judge, David George from Porthcawl, presented Jeff with the annual Ewenny Pottery mug for his continued support over the years.

Macmillan Cancer Support representatives, Val Weaver and Claire Davies, were on hand to register the entries and accept donations from spectators.

The amount raised on the day was £452, bringing the running total raised at this annual event to £3,317.

The organisers would like to thank Robert Williams for the use of the castle field, as well as B S Supplies and Paul Hooper Signs for their continued support over the years.

The vintage tractor run in aid of Macmillan Cancer Support, is held annually on the first Sunday in October.

BASIL GEORGE

David George presents Jeff Webb with Ewenny Pottery mug.

Pepper leads the way through 'assault course'!

FOR the group of eight walkers from Penarth and District Ramblers who joined Robin and his spaniel Pepper, there was a chance to explore part of the pretty Cray valley in the far western part of the Brecon Beacons National Park by following part of what had been the Brecon Forest Tramroad.

Leaving the delightful Cray reservoir, which was originally built to supply Swansea and what became the industrialised parts of the Tawe valley with water, they climbed up on to the old tramroad that was built by John Christie in the early 19th century, who bought a huge piece of land in the area from the Crown who were trying to raise funds to pay for the Napoleonic War.

It was his dream to move agricultural products, coal and limestone, but he was greatly hampered because the chosen route climbed to a height of 1,400ft, plus he was unable to find sufficient locally-sourced coal in order to burn the lime.

After deciding to link the route with the Port of Swansea by means of the Swansea Canal and purchasing sailing ships and barges, the scheme dramatically failed and he became bankrupt.

Making their way northwards and climbing out of the valley on to the hillside of Y Gelli, they turned south through Bwlch y Duwynt and around the hillsides above Fforest Fawr to reach the summit of Fan Gyhirych at 725m, while gazing at the glorious surrounding views in bright sunshine but with a stiff breeze.

They were warned to expect something of an assault course on their journey back to the start along the old tramroad that runs parallel with the A4067. They traversed boggy areas, descended into gullies and waded across stream beds before reaching the Fan Gyhirych Viaduct, where a warning notice forbids climbing or abseiling on the crumbling footbridge. No-one had the energy to even think about those two things, let alone carry them out!

On October 10, meet 8.30am at Cogan Leisure Centre for a 12-mile hard walk, taking in Carreg Cennen Castle; contact Rachel on 01446 410545.

On October 11, meet 10am at Cogan for a 6-mile moderate walk in the Nant Fawr corridor, taking in Roath, Llanishen and Lisvane; contact Pam on 029 2025 5102.

To follow the group, log onto www.penarthramblers.wordpress.com Programmes and membership advice can be obtained from Pam on 029 2025 5102.

Joy Strangward

'Rights of way proposals ill-conceived' Farmers' union

CHANGES to access legislation in Wales should not place any additional cost, burden or liability on farmers and landowners – according to NFU Cymru, in its response to Welsh Government consultation on public rights of way.

Rural affairs board chairman, Bernard Llewellyn, said: "NFU Cymru recognises that reforms are needed to access legislation to allow for modernisation of the public rights of way network through a process of prioritisation and rationalisation.

"The current system does not take into account modern day farming and the procedures to divert or close public rights of way must be made far easier and less expensive.

"NFU Cymru is deeply concerned, however, that options are being considered to remove restrictions on the range of activities that can take place on rights of way and on access land; together with proposals to allow access for responsible recreation to all land in Wales."

He said that Wales already has a very extensive network of paths and access land and any proposals to extend access would impose severe limitations on the day-to-day running of farm businesses including their ability to manage livestock and crops effectively, as well as hindering their ability to meet regulations.

He added that while supportive of reform, proposals were ill-conceived and should not be taken forward.

Participants in the Music in the Vale reception concert at the Senedd.

YOUNG MUSIC IN THE VALE MUSICIANS STAR TURN AT THE SENEDD

ON September 24, Music in the Vale was invited by Jane Hutt AM to present a concert in the Senedd showcasing the finalists from Music in the Vale's last year's competition.

The singers and instrumentalists ages ranged from 11 to 17 years.

The AM said: "It was a great honour and privilege to host the Concert for 'Music in the Vale' young singers and musicians from the 2014 competition. The young people were inspiring and brilliant and they blossomed in the wonderful setting and acoustics of the Senedd with a delighted audience. This year's competition takes place at Stanwell School Penarth on November 14-15. Singers (8-24 years of age) and instrumentalists (8-21 years of age) should apply for entry forms and more information by emailing secretary@musicinthevale.org.uk or phoning 01446 771318 or by visiting www.musicinthevale.org.uk The closing date for entries is October 17.

Performers will be judged by professional adjudicators and each competitor will receive a full appraisal of their performance.

Those taking part in the Senedd concert were: Harpist Heledd Wyn Newton (age 11), who attends Ysgol Gymraeg Pwll Goch; Maddy Carver (14) of Penarth, who attends Stanwell School; Aisha Kala Palmer (14), who attends Ysgol gymraeg Caerfilli; Huw Jones (14) of Cowbridge, who attends Ysgol Gyfun Bro Morgannwg, Barry; Jack Ollier (12) of Barry, who attends Barry Comprehensive School; Aisha (harp); Jodi Bird (17) Penarth, who attends Ysgol Gyfun Bro Morgannwg; Aisha (piano); Jack (clarinet); Elinor Gent (14) of Penarth, who attends Howells School, Cardiff; Elinor and Maddy (duet); Heledd (harp).

The accompanist was Mrs Sally Tarlton.

Wildlife group's double success!

AFTER scooping two awards for the Wenvoe Wildlife Group recently, Mary and Mervyn Greenwood were presented with two Community Green Flag certificates by wildlife presenter, Iolo Williams (above).

The Green Flag award ceremony held at St Fagans National History Museum, celebrated the efforts of many volunteers and community groups throughout Wales to bring their local green spaces up to the high standards needed for accessibility and quality.

'Let's all wear it pink for breast cancer research'

SOUTH Wales Central AM, David Melding, has dressed in pink to encourage constituents to take part in Breast Cancer Now's flagship fundraiser, 'wear it pink', on Friday, October 23.

This calls on supporters across the country to ditch the day-to-day colours and wear some pink to raise money for breast cancer research.

Mr Melding joined fellow assembly members in 'wearing it pink'. Now in its 14th year, the campaign raises over £2 million each year for world-class research.

The AM said: "Right now breast cancer is at a tipping point. Every year around 2,600 women are diagnosed with breast cancer in Wales, and sadly, nearly 600 people still lose their lives to the disease. This is why we all must come together to support Breast Cancer Now's cutting-edge research, and, in 'wear it pink', there is a fun and simple way for everyone to get involved.

"Together, we can make a big difference for women with breast cancer, now and in the future; I hope everyone in the local community will join me in wearing it pink on October 23 and show their support for Breast Cancer Now."

For more information or to register for wear it pink visit www.wearitpink.org.

The life of Mrs Beeton

THE September meeting of Vale NFU ladies began the new winter season with chairperson Ann Rees welcoming members after the summer break.

An interesting talk was given on the life and work of Isabella Mary Beeton, universally known as the author of Mrs Beeton's Book on Household Management and one of the best known writers of the Victorian era.

Although cut short (she died when only 28), her life was full and busy. In 1861, her first instalment of the famous book sold over 60,000 copies in its first year and nearly two million by 1868.

As well as recipes, the books contained advice regarding management, childcare, etiquette, entertaining and the employment of servants! The books were illustrated with coloured engravings on nearly every page and was first to format recipes in the layout still used today.

JS

Rotarians hear of Foodbank's battle against poverty in Vale

SUSAN LLOYD SELBY from the Vale Foodbank, was the guest speaker at the first October meeting of the Rotary Club of Barry, held in the Glenbrook Inn, Barry.

Vale Foodbank is one of 35 in Wales and is the eighth busiest. People in crisis can gain access through one of 65 agencies in the Vale; 86 volunteers run the Foodbank each week, collecting and sorting food donated by some 480 individuals and organisations, the Rotary Club of Barry being one of the organisations.

Since opening four years ago, the Foodbank has received 130,379kg of food donations and given out 127,000kg. Barry Rotary has donated 2,790kg of food which has fed 300 people in need.

Mrs Lloyd Selby spoke of the needs of local people in poverty and explained that in the four years that the Foodbank has been open, 11,781 people in crisis in the Vale had received emergency food parcels – 4,408 of which were children under the age of 16.

She also went on to explain how the Foodbank works alongside the Citizens Advice Bureau to provide help and advice, including Eat Well Spend Less and money management courses, as well as additional services such as furniture restoration (Restore), social enterprise (Gwalia), books and clothes.

Last Christmas, over 300 hampers were also provided by the Foodbank from donations.

Rotarian Ann Harrhy gave a vote of thanks at the end of a most informative talk.

October marks the start of a busy autumn programme for the Rotary Club. On Thursday, October 22, it will host an International lunch with the Inner Wheel Club in the Memorial Hall, Barry.

Rotary Club president Paul Halstead with Susan Lloyd Selby of the Vale Foodbank.

Preparations are well in hand for the annual Fireworks Fiesta on Barry Island on November 5. This event will take place come rain or shine.

Later in November, the club will support the High Street Lights switch-on, and a Dickensian fayre in Dinas Powys and will also provide Christmas entertainment with Inner Wheel at a residential home in Barry in December.

Rotary has 1.2million members (men and women) worldwide, who form a global network of business, professional and community volunteers. The Barry Rotary Club meets weekly in the Glenbrook Inn on Thursdays at 6.30pm.

*For further information, speak to club secretary, Phil Hunt, on **01446 720000**, or look online at **www.ribi.org***

JILL OSBORNE

Electoral registration officers to check homes

ELECTORAL registration officers will be visiting households in the Vale during October as part of the council's annual canvass of voters.

Officers will only be visiting those households that failed to respond to forms sent out earlier this year asking residents to confirm the information that appears on the electoral register for that address.

The aim of the door-to-door visits is to ensure that the electoral register is up to date, and to identify any residents who are not registered so that they can be encouraged to do so. Anyone calling at properties will have a photographic ID.

Anyone who has any questions can contact the Electoral Registration team at electoralregistration@valeofglamorgan.gov.uk or 01446 700 111.

Follow The GEM on Twitter - find us @gem_news

Out and About with The GEM

Valeways walks

Sunday, October 11 at 2.30pm, JWM Turner's Trip, starting at Ewenny Priory GR SS 913778.

Wednesday, October 14 at 10.30am, the coffee shop strollers meet at Cosmeston Country Park visitor centre.

Saturday, October 17 at 10.30am, 'Autumn Forest' starting at Hensol Forest car park.

Sunday, October 18 at 2pm, 'Darganfod Dyffryn', Starting at Dyffryn Gardens maes parcio, CF5 6SU.

Monday, October 19 at 11am, 'Back door to Barry Island', starting at Barry Waterfront opposite Morrisons.

Also on October 19 at 2pm, 'Penarth Walk and Ride', starting at Windsor Terrace bus stop, Penarth.

On Tuesday, October 20 at 10am, 'Crwydro', Llfrgell, Y Bontfaen.

Also on October 20 at 2.30pm, the coffee shop strollers meet at the town hall, Llanwit Major.

Wednesday, October 21 at 10.30am, the coffee shop strollers meet at Romilly Cafe, Cold Knap, Barry.

Wednesday, October 28 at 10.30am, the coffee shop strollers meet at Cosmeston Country Park visitor centre.

Thursday, October 29 at 10am, 'Free coffee!' at the Plough and Harrow pub, Monknash.

NEXT GREAT SHOW...
CARDIFF TOY & TRAIN SALE
SATURDAY, 10TH OCTOBER, 2015
10.30am - 3.00pm
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Enquiries: 01643 702757 or 07966 694579
www.chrisdyerfairs.co.uk

WHAT'S ON AND WHERE

Art Society

ON Thursday, October 8, Cowbridge Art Society will hold a practical session when members are asked to bring along their own materials for a group painting session.

On Thursday, October 16, Penarth painter Guy Woolles will demonstrate 'Creating Texture with Mixed Medium – Ink Blowing Techniques'.

The society meets on Thursday evenings at the Old Hall, Cowbridge, 7pm–9pm; visitors and new members are welcome. See www.cowbridgeartsociety.com.

Life is for Today (LIFT)

THE LIFT group offers friendship and support to those affected by breast cancer. It meets in Cowbridge once a fortnight from 10am-1pm for relaxation therapies, or 2pm-4pm for speakers or trips out.

For information, call Anne on 01446 7728434 or Judith on 01446 794176.

Sculptor's talk

ON Saturday, October 10 at 11am in Art Central Gallery, King Square, Barry, Welsh sculptor Dilys Jackson will give a talk to Art Central FRIENDS and the public are invited too.

She has worked in Europe, America, Canada, United Arab Emirates, Scandinavia and Australia.

She has also undertaken commissions and residencies in the UK and Canada, has exhibited in Wales, England and Sweden, and has a retrospective exhibition at Art Central Gallery.

Dilys mainly uses metal and stone to realise forms from nature and the human body.

The FRIENDS AGM will be held at Barry Island Community Centre, Friars Road at 7.30pm today (October 8). New and present members welcome.

Labour surgery

LABOUR Vale of Glamorgan and Barry Town councillors for Castleland Ward, Chris Elmore, Pamela Drake, Les Sword and Karl Kuhnell, will hold their monthly advice surgery on Saturday, October 10 in the Drop-in Centre, Castleland Community Centre, Belevedere Crescent, Barry fro, 10.30am-12pm.

No appointment necessary; if you need advice but can't attend, contact Coun Elmore on 07867 506 116, or email celmore@valeofglamorgan.gov.uk

Art exhibition

BARUC Art Group are holding an art exhibition on Saturday, October 10, 10am-4pm at All Saints Church Hall, All Saints Church, Barry.

Free admission. Raffle. *For further information, contact 01446 640012.*

Toys and trains

CARDIFF Toy and Train sale takes place on Saturday, October 10 from 10.30am-3pm in Penarth Leisure Centre, Andrew Road, Cogan, CF64 2NS.

Organiser Chris Dyer said: "We now offer in excess of 120 tables at the show, and these are operated by more than 50 traders from all over the UK."

Telephone 01643 702757, 07966 694579 or see website www.chrisdyerfairs.co.uk for more information.

Community council meeting

ST BRIDES MAJOR Community Council's monthly meeting wiol take place on Monday, October 12 at 7pm in All Saints Church, Southerndown. All welcome.

History society talks

THE Dinas Powys History Society holds its first winter talk on Tuesday, October 13 at Kynance Hall, Dinas Powys

7.30pm.

Mrs Sally Maybe will speak on the Bayeaux Tapestry, followed by the AGM. All are welcome; for information, telephone 02920 513524.

Sight session

AGE CONNECTS Cardiff and Vale is holding a health information session at the Senior Health Shop, 38 Holton Road, Barry, on October 13 (10am-12pm) when you can talk to an adviser from Cardiff Blind Institute.

Contact 01446 732385 for further information.

Cheaper bills

CYD Cymru Collective Energy Switch in 2014 helped over 3,600 householders switch to a cheaper energy tariff saving homes in Wales.

Go along to Age Connects Senior Health Shop, 38 Holton Road, Barry on October 13 from 10am to 12 midday to see how this scheme can help you.

Contact 01446 732385 for further information.

Bridge party for RNLI

A BRIDGE party afternoon with scrumptious tea is being held on Thursday, October 15, from 2pm-5pm at St Augustine's Church Hall, Albert Road, Penarth.

Tickets (£8) in aid of the RNLI, available from the Lifeboat Shop, Penarth Esplanade, from 10am-12pm on Friday, October 9, Saturday, October 10 and Monday, October 12.

Local author at book festival

RON POWELL of Barry is one of 15 writers appearing at a local author showcase in All Saints Main Hall, Victoria Square, Penarth, between 10am and 12 noon on Saturday, October 17.

The event, part of the Penarth Book Festival, will give people a chance to meet the authors.

Ron (60), who lives on Barry Island, will talk on self-publishing.

Penarth Book Festival runs from October 11-18 www.penarthbookfestival.org.

Art show

AN exhibition of paintings by Barry artist Brian Jones at the Travellers Gallery on Platform 1 at Barry Station is open from Monday to Friday, 7am-12 noon.

His acrylic, watercolours, collage and pen drawings are based on his local environment – including the Heritage Coast and local scenes – as expressed in the title of this show 'Boats and Trains and...'

Diabetes UK

THE Vale of Glamorgan Diabetes UK group will meet on Tuesday, October 20 from 7.30pm-9pm in the Board Room, Llandough Hospital, Penarth, when Catrin Hall from Wales Air Ambulance will speak. All welcome.

CAMRA meets

THE Vale and Bridgend branch of the Campaign for Real Ale (CAMRA) will meet at the Edmondes Arms, Cowbridge, on October 29 at 8pm; November 21 at the Boar's Head, Penarth, 2pm, Fox and Hounds, St Brides, December 10 at 8pm.

91st chrysanths show coming up

THIS year marks the 91st annual show of the Barry and District Chrysanthemum Society.

As in past years, it will be held at the Salem Baptist Church Hall in Beryl Road (doors open at 1.30pm) on October 28.

Exhibitors are invited to bring their exhibits on October 27 between 5.30pm and 8pm or on October 28 from 8.3am to 9.30am. Judging will commence at 10.30am.

Divisions A, B and C will be for the chrysanthemum classes; division D will be for container-grown plants; division E will be for domestic items, ranging from biscuits, cakes, gateau, marmalade, jams, etc.; division F is the handicrafts section.

Anyone wishing to enter should contact K Williams at 27 Regent Street for an entry form, or telephone 01446 741733 for a form. Alternatively, turn up on October 27 at Salem Baptist Church Hall between 5.30pm-8pm.

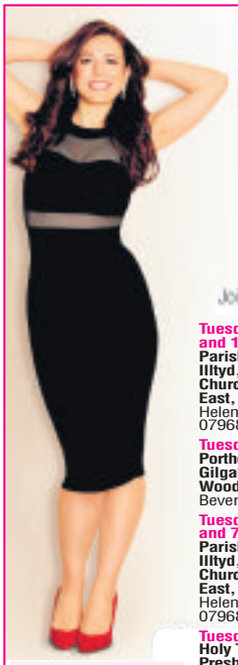
Ty Hafan winners

THE following are winning numbers in the Ty Hafan Crackerjackpot lottery draw number D899.

- **£2,000: 122959**.
- **The rollover, which now stands at £500 was not won this week.**
- **£10:** 437152, 503824, 578024, 742693, 586597,v 911290, 821731, 843772, 873548, 211627, 376350, 722647, 166714, 462458, 422786, 497468, 246716, 653411, 851996, 558.
- **£5:** 795700, 690582, 755886, 276380, 216628, 211270, 234553, 338686, 808185, 310512, 846341, 757069, 559024, 143303, 416065, 275340, 637425, 595646, 746753, 325580, 400730, 189594, 682230, 168566, 356626, 854723, 574060, 668767, 412311, 156405, 400494, 420981, 712095, 726151, 393204, 247933, 512457, 191428, 643789, 189338, 254343, 413771, 891178, 360524, 135058, 538322, 454568, 295083, 530424, 252839, 199247, 210247, 352418, 631327, 135059, 691774, 665211, 123137, 662341, 267.

The GEM cannot be held responsible for any errors or omissions contained in the above.

For lottery information please telephone 029 2053 2300.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Mondays 5.30pm
Celtic Way Community Centre, Rhoose
Helen 01446 750738/ 07968 355119

NEW GROUP FROM 15TH OCTOBER
Thursdays 7.30pm
Talbot Community Centre, Kenfig Hill
Millie 077650 40006

Monday 5.30pm
Gilgal Church Hall, Woodland Avenue, Porthcawl CF36 5HU
Beverley 07912 172674

Mondays 5:30pm and 7:30pm
Tabernacle Church Kings Square, Barry
Lorraine 01446 407002

Mondays 5:30pm and 7:30pm
Elfed Avenue United Church, Elfed Avenue, Penarth
Nia 07793 885581

Tuesdays 9:30am and 11.30am
Parish of Our Lady & St Illtyd, (Catholic Church), Ham Lane East, Llantwit Major
Helen 01446 750738/ 07968355119

Tuesday 9.30am
Porthcawl Gilgal Church Hall Woodland Avenue
Beverley 07912 172674

Tuesdays 5:30pm and 7:30pm
Parish of Our Lady & St Illtyd, (Catholic Church), Ham Lane East, Llantwit Major
Helen 01446 750738/ 07968355119

Tuesdays 5:30pm
Holy Trinity Presbyterian, Church Hall, Trinity Street, Barry
Joanne 01446 404897

Tuesday 5.30pm & 7.30pm
Ebenezer Church Hall, opp. Surgery, North Cornelly CF33 4LB
Dee 07733 267369

Tuesdays 5:30pm and 7:30pm
The Welfare Hall, Hope Avenue, Next To The Old Cinema, Aberkenfig, CF32 9PR
Lorraine 01656 734710

Tuesdays 6:30pm
The Old School, South Road, Sully CF64 5TG
Nicola - 01446 740394

Tuesdays 7:30pm
St Marys Catholic Church Hall, Ewenny Road, Bridgend
Graham 07475 865005

Wednesday 9.30am
Trinity Church, Porthcawl
Gaynor 01656 788763

Wednesday 9.30am
Ebenezer Church Hall, opp. Surgery, North Cornelly CF33 4LB
Dee 07733 267369

Wednesdays 6:00pm
Cadoxton Methodist Church, Church Road, Barry
Joanne 01446 404897

Wednesdays 4:45pm and 6:45pm
St Francis Millennium Centre, Park Road, Porth-Y-Castell, Barry
Annamarie 01446 736534

Wednesday 3.30pm, 5.30pm, and 7.30pm
Bridgend Deaf Club, Coychurch Road, Bridgend
Helen - 01656 720963

Thursdays 9.30am
Nolton Church Hall Merthyr Mawr Road Bridgend
Donna 01656 669739 07790797008

Thursdays 10.15am
St Helen's Church Hall, Wyndham Street, Barry CF63 4EL
Nicola - 01446 740394

Thursday at 5.30pm
Pencoed RFC Felindre Road, Pencoed
Donna 01656 669739 07790797008

Thursdays 5:30pm
Highlight Park Community Centre, Barry Annamarie 01446 736534

Saturday 9.30am & 11.30am
Maesteg Sports Centre, Maesteg
Lorraine 01656 734710

slimmingworld.com
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COTTRELL PARK GOLF RESORT
on the A48 at ST NICHOLAS
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ANTIQUE & COLLECTORS FAIR
in the warmth of
'TYLERS CABIN' and the CONSERVATORY
on
Saturday 10th October
Refreshments available to purchase from the clubhouse.
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Entrance £1 • Children FREE

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ENTERTAINMENT
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PETER DONOVAN
Top Vocal Entertainer
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(01446) 710362/711538
Open: Thursday & Friday 7pm - 12pm.
Saturday 12 noon - 4pm & 7pm - midnight.
Sunday 12 noon - 4pm.

MENTER IAITH BRO MORGANNWG

CLWB TENIS BWRDD

MAE clwb Tenis Bwrdd yn Bro Morgannwg wedi dechrau!

Dewch i ymuno â'r clwb pob nos Lun yn Ysgol Bro Morgannwg am 6-7 yh. Cysylltwch â garetheast@urdd.org neu ar 07557 322891 i bwcio mewn.

Dyma cwpwl o lluniau o Ysgol Sant Baruc yn mwynhau sesiynau blasu wythnos diwethaf!

Angharad

YR wythnos hon bum yn cymryd rhan mewn sgwrs ar Radio Cymru ac yn ystod y drafodaeth codwyd y pwynt bod llai o bobl bellach yn darllen Cymraeg, boed yn gylchgronnau, yn wefannau neu'n lyfrau.

Diolch eto felly i bapur y Gem am roi gofod misol i'r iaith. Er mai papur lleol yw'r Gem mae ganddo gylchrediad eang ac mae'n hynod boblogaidd felly mae sicrhau lle amlwg i'r Gymraeg ynddo yn fwy gwerthfawr nag erioed.

A dyma gwestin pwysig godwyd hefyd: a yw hi'n ddyletswydd arnom i gefnogi papurau neu gylchgronnau Cymraeg fel, er engraifft, Y Cymro neu Golwg? Yn sicr hebddynt byddai Cymru a'r Gymraeg dipyn tlotach. Ond ie - am air diflas – dyletswydd. 'Dyletswydd' medd y geiriadur yw yr hyn a ofynnir neu a ddisgwylir gan rywun neu rywrai mewn cyd-destun moesol. Does dim son am fawr o sbort fanna!

Ag eto, mae dyletswydd hefyd yn gallu bod yn fuddiol o ran rhoi pwrpas i rywun mewn bywyd. Er engraifft, anodd credu – ond mae'n debyg mai rhai o bobl mwyaf anhapus y byd yw'r biliwnyddion! Mae ganddynt gymaint o arian mae gwerth bywyd wedi cael ei golli. A dychmygwch sut fywyd yw bod yn Sais neu'n Saesnes yn Lloegr, heb unrhyw bwysau ar ysgwyddau i boeni am barhad iaith a diwylliant. Felly oes yna bleser yn gallu dod gyda dyletswydd hefyd? O leia mae pwrpas i fywyd pawb sy'n siarad Cymraeg gyda iaith leiafrifol i'w gwarchod a'i hamddiffyn, a does dim rhaid gwneud mwy o ymdrech na'i siarad oherwydd hynny yn y pendraw sy'n cadw iaith yn fyw.

Ond hefyd pa ffordd haws i wneud ein pwt bach ni na phrynu Y Cymro, bargen am 50 ceiniog a/neu Golwg sydd hefyd yn gylchgrawn diddorol rhad. Mae siop WG Davies yn y Bontfaen yn eu gwerthu ac mae prynu o siop fach leol yn help i economi lleol hefyd. Ac wrth gynyddu gwerthiant (ac yn yr un modd os byddai mwy o bobl yn gwylio S4C) byddai tipyn llai o le i fygwth lleihau arian i'r Gymraeg gan rheiny sydd a'r grym i wneud hynny. Un cappuccino llai yr wythnos yn talu am y ddau – gwerth am arian go iawn!

Cymrodorion Y Barri

NOS Fawrth Hydref 20fed – am 7.15pm Festri Capel Tabernacl Y Barri.

Noson ddifyr yng nghwmni tîm cynhyrchu y ddwy gyfres i ddysgwyr ar S4C - Cariad@Iaith a Dal Ati. Croeso cynnes iawn i bawb.

Cornel y Dysgwyr
Cegin Bryn

DYCH chi'n nabod rhywun sy'n tyfu llysiau yn eu ardd neu rhandir?

Ydych? Wel, byddwch chi'n gwybod bod weithiau mae gormod o lysiau a mae'n anodd defnyddio popeth. Mae cyfres 'Cegin Bryn' am lysiau yn wych os mae gormod o lysiau gyda chi. Mae pob rhaglen yn y gyfres yn canolbwyntio ar un llysieuyn ac mae Bryn yn dangos i chi sut dych chi'n gallu gwneud y cwrs cyntaf, prif gwrs a pwdin gyda'r llysieuyn. Mae Bryn yn coginio bwyd syml fel salad corbwmpen a bwyd sy'n anodd i'w wneud fel tarten rhiwbob a confit coes hwyaden. Dych chi'n gallu darllen am y rhaglen â'r bwyd ar y we (www.s4c.cymru/ceginbryn) a hefyd mae Bryn wedi ysgrifennu llyfr am y rhaglenni. Mae'r mwyafrif o'r bwyd yn edrych yn hyfryd ond dwi ddim eisiau blasu pwdin gyda pys, siwgr a hufen chwipio!

Mae'r gyfres yn ddiddorol iawn achos bod Bryn yn coginio mewn lleoedd gwahanol. Mae e'n gweithio yn y cegin fel arfer, ond weithiau mae e'n coginio yn ei ardd gyda barbeciw. Mae Bryn yn meddwl bod llysiau lleol yn mwy blasus, felly mae e'n siarad gyda arddwyr lleol ym mhob rhaglen. Mae cyfres hwn wedi bod yn ffilmio yn gogledd Cymru felly mae cyfle i weld cefn wlad Cymru hefyd. Mae e'n hyfryd!

Dw i'n dysgu Cymraeg wrth gwrs. Ydy 'Cegin Bryn' yn gallu fy helpu gyda'r Gymraeg? Mae Bryn yn defnyddio geiriau yr ydym yn ei ddefnyddio pob dydd fel padell, cyllell, halen, papur ac ar ôl tair rhaglen rwy'n dechrau cofio'r geiriau! Hefyd dw i'n gallu deall yn well achos dwi'n gallu gweld beth sy'n digwydd! Ond mae e'n anodd i ddysgu Cymraeg gyda Bryn hefyd – mae e'n siarad gyda acen gogledd Cymru a weithiau mae e'n anodd deall ef!

Dw i wedi mwynhau edrych ar 'Cegin Bryn'. Mae'n ddiddorol – nawr dw i'n gallu coginio llawer o fwyd gyda pys, rhiwbob a gorpwmpen! Mae wedi hefyd fy helpu gyda fy Nghymraeg! Diolch yn fawr Bryn!

Jan Hill–Tout (Sylfaen 1)

Gwaith arbennig fan hyn gan Jan Hill-Tout bydd yn ennill tocyn am ddim i ddod i Gwrs Sadwrn yng Nghanolfan Dysgu Gydol Oes yn Palmerston ar y 3ydd o Hydref. Cofiwch os dych chi eisiau dod i ddysgu Cymraeg am 4 awr dan y thema o Mabinogi mae croeso i chi ddod! Am fwy o wybodaeth ewch i: https://welshforadults.cardiff.ac.uk/learning/courses/search?location=Barry&duration=6&level=All&=Search.

Twitter: @MIBroMorgannwg • Facebook: Menter Bro Morgannwg
Ebost: ffion@menterbromorgannwg.cymru • Ffôn: (029) 20689888 • www.menterbromorgannwg.cymru

This story of space survival is engaging and very inspiring

SIR Ridley Scott may be turning 78 this year, but he has shown a work ethic and hunger that would put a man half his age to shame.

Having directed 12 films since the turn of the century, his 13th, coming just 10 months after *Exodus: Gods and Kings*, is *The Martian*.

Based on the book by Andy Weir, it tells the story of Mark Watney (Matt Damon), an astronaut left abandoned on Mars after being presumed killed in an accident. Stranded on the planet, Watney attempts to survive and try to contact Earth to let them know he is still alive, a task that is far greater than even he could have imagined...

A man suffers an accident which sees him left abandoned, seemingly without hope, but determined to make the best of his situation and make his way back home. Yes, *The Martian* is a story that takes more than a passing nod to its cinematic brother-in-arms *Castaway*, but if you ignore how it cleaves closely to the Tom Hanks-starrer then you'll find yourself completely engrossed and absorbed by a tale of how indefatigable the human spirit can be when pushed to the brink.

The film doesn't rest solely on the shoulders of Matt Damon's stranded botanist; you have his crew, unaware that the man they thought was dead is actually alive and kicking, while ground control, upon discovering that Watney is still up there, conjure up ideas and plans to bring their boy home.

It all adds up to a thoroughly engaging piece, a film where you can't help but root for Watney to make it home; you celebrate his every achievement, you are deflated by his every failure or problem.

It helps that, in Matt Damon, you have an actor who has the gravitas and charisma of a leading man, yet also the everyman quality that makes you want him to succeed.

Given that a large amount of screen time is given over to Watney on his own, Damon holds your attention throughout, and the clever use of a video blog for him to record his thoughts and actions means that we're not left watching him in silence; his every (heavily science-based) move is explained without feeling like an overdose of exposition.

It takes a great actor to keep you rapt like Damon does, and his performance straddles both ends of the emotional spectrum,

by GARETH JAMIESON
Follow Screen Talk on Twitter – @GEMScreenTalk

humour and seeing the endless possibilities in what he can achieve tempered by the stark realities of his predicament and whether he'll make it out.

The cast surrounding him are all strong, albeit in smaller roles, the likes of Jeff Daniels, Chiwetel Ejiofor, Benedict Wong and Jessica Chastain all granting depth and quality without having to do a great deal of heavy lifting, and it helps make these earth-bound scenes, where Watney's predicament is played out by scientists battling to help him, ring emotionally true.

This is Ridley Scott's most focused and energised film in a long time; while the director can't be accused of churning out rubbish, his recent films have sometimes struggled under the weight of their own importance.

Here, however, he services the film with no agenda other than telling the story, and it feels zippier and more full of life than ever.

Scott can do space like no other, but it's in the human element of the film where really shines, Watney growing his own food to survive, the experiments and ideas soundtracked by disco tunes left behind by the crew and the undertone of humour over portentousness all making this a truly wonderful piece of work.

If the conclusion feels a little too pre-ordained (and quite whether or not people would fill Time Square and Trafalgar Square to watch the fate of someone who could possibly die) it's a small niggle in what is an otherwise superb effort; this Martian is definitely out of this world!

VERDICT: Ridley Scott's most energised film in quite a while, *The Martian* is an engaging and absorbing tale of survival that sees Matt Damon excel in the lead role. A paean to the ability of the human spirit to battle against the odds, it's a captivating story superbly told. *Highly recommended*.

SEE THIS IF YOU LIKED: *Gravity* (2013), *Castaway* (2000).

Côr Heol y March to launch new CD at Penarth concert

Côr Heol y March

CÔR Heol y March, the children's choir based near Welsh St Donats, current holder of the S4C Côr Cymru (Choir of Wales) title and winner of the Children's Choir of the World prize at the Llangollen International Eisteddfod in 2014, has recorded a new CD for the Sain recording company.

The choir and its musical director, Eleri Roberts, recently went to Acepela studios in Pentyrch to record 14 songs, which included all the songs from their winning performances in Côr Cymru and at Llangollen and, of course, a few carols for Christmas!

The CD will be launched in a concert at All Saint's Church in Penarth on Friday, November 13 at 7.30pm.

The choir's guests are soprano Ellen Williams from Cowbridge, and young tenor Rhydian Jenkins from Maesteg, both winners at the Welsh National Eisteddfod this year.

Tickets £8 (adults) and £5 (concession) are available from choir members, or from corheolymarch@gmail.com, or 01446 781858/01446 773280.

The concert proceeds will be donated to Tŷ Hafan, the children's hospice for Wales, based at Sully.

'Court closure will impact on Vale'– AM

THE Vale AM, Jane Hutt, has submitted objections to the UK Government's proposed closure of Bridgend Magistrates' Court – believing that it will negatively impact on constituents in the Vale.

She explained: "The closure of Bridgend Magistrates' Court follows the closure of the Barry Magistrates' court four years ago, which I campaigned hard to save.

"When the Barry court closed, it limited access to justice, forcing people to travel far out of their town to Cardiff and adding an additional and unnecessary burden. The same will happen when the Bridgend court closes.

"Closing Bridgend court will mean increased costs experienced by the police, local authorities – including the Vale of Glamorgan – youth offending teams, local health bodies and other statutory organisations.

"The closure ultimately endangers local justice for local people, especially the most vulnerable, such as victims of domestic abuse," she argued.

HOW 500 PEOPLE SUPPORTED SIAN AND VELINDRE ON JOURNEY ACROSS VALE

ON Saturday, September 19, 500 friends, family members, colleagues and fundraisers walked and 'canoed' the 9km from Fontygary in Rhoose to Barry Yacht Club in support of an inspirational mother's fight against cancer.

All the money raised was donated to Velindre Cancer Centre.

Sian Laycock's *'Walk or Water'* event was organised by her close friend Sarah Thomas, and supported by friends and family.

Sian was overwhelmed by the support shown.

Here you can see some of the many people who made the journey from Rhoose to Barry Island.

*You can still support Sian and her friends by making a donation at: **https://mydonate.bt.com/fundraisers/sianswalkorwater**. For more information on Velindre, go to: **www.velindrefundraising.com/victoryovercancer.***

'Help us fight ovarian cancer'

AS the autumn nights start to draw in, I'm writing to ask your readers to make their nights count, enjoy a few hours with their friends and family – and raise vital funds for Target Ovarian Cancer.

November Nights is Target Ovarian Cancer's new fundraising and awareness campaign. Whether you choose to host a movie marathon, pamper night, a board game evening or put the match on with your friends, you can support women with ovarian cancer and their families.

Ovarian cancer can be devastating. It kills 12 women every single day in the UK and survival rates are among the worst in Europe. We urgently need to secure progress.

All the money raised by your readers will help us to make life better for women with ovarian cancer. Just £10 (the price of a cinema ticket) could give six newly-diagnosed women a comprehensive guide to ovarian cancer, and £50 (or a meal for two) could enable 100 GPs to update their knowledge of ovarian cancer to help early diagnosis.

Everyone who signs up will get a free November Night kit, which includes a game, balloons, awareness materials, a collection box and goodies to help host the night.

To sign up to November Nights, visit *http://www.targetovariancancer.org.uk/fundraising/november-nights or call the fundraising team on 0207 923 5474*.

Simon Taylor,
Target Ovarian Cancer.

PLOUGHING SOCIETY REPORTS GROWING NUMBER OF MEMBERS

THE Vale of Glamorgan Ploughing and Hedging Society held its committee meeting following this year's Ploughing Match at Llandow on September 13.

The chairman Andrew Studley reported "a very successful event" and thanked Phillip Lougher and family for allowing it to be staged on his ground just outside Llandow. He also thanked all those who helped to make the day so successful, including the stewards and judges.

Over 40 competitors took part, coming from all parts of the country, as well as two teams of horses and their handlers showing how ploughing was done in years gone by.

The secretary reported that the number of spectators who attended the ploughing match had increased from the previous year and there were also more trade stands.

Membership of the society is growing each year and the chairman pointed out that this will give the society a chance to add to the ploughing classes for 2016.

The treasurer confirmed that the society's finances are in a healthy position and this had been helped by the good weather over the past five years bringing in good numbers of spectators and supporters to the event.

It was noted that sound funding was required in order to carry the society through the possibility of bad weather in future years. Many members have taken up the offer of a five-year membership for £40, making a saving of £10.

Many local members are taking up the art of ploughing and the society will be putting on classes for juniors, ladies and beginners in future years. In addition the society will either organise ploughing practice days or support such events whenever possible.

It is proposed to hold the 2016 Ploughing Match on September 11, 2016, keeping the event on the second Sunday in September. The venue will be Norton Hall Farm, Ogmore-by-Sea, by permission of Graham David and family.

The society is looking for suitable hedges in the Vale for laying, in addition to the mechanical hedge cutting events which are already part of its events.

Further information can be obtained from the secretary on 01446 710610, or the chairman on 01446 781229.

BASIL GEORGE

The Barry and District Ladies Skittle League results

LATEST results for Barry and District Ladies Skittle League for September 21:

First division: Space Finders (K Harding, J Snooks 33) 331, Special Angels (N Hoy 30) 280; Cigar Ladies (J Wood, A McCarthy 31) 303, Colcot Ladies (C Fenton 340) 265; Castle Bandits (M Cooper, C Evans 24) 251, Breakaways (L Burnett, V Martin 27) 268; Family and Friends (J Crompton 26) 239, Barry Stars (T Johnson 235) 206; Family Affair (C Grubb, J Davies 29) 257, Allsorts (C Griffiths 31) 252.

Second division: Vixen (L Galsworthy 31) 285, Pila Palas (L Brownich 37) 289; Castaways (S Billings 31) 295, Cad Con Fillies (K West 30) 286; Little Devils (J H Jones 23) 227, Rhoose Ravers (J Bishop 26) 209; Rhoose Starlights (N Pullin 25) 225, Witchill Widows (L Spyrou, C Gregory 25) 242; After Eights (I Havard 33), 319, SV Lights (L Norris 32) 336; Red Admiral (M McCarthy 25) 235, Witchill Weebies (S Lou 23) 203; Clickies (J Williams 33) 332, Merry Makers, 290.

Third division: Westenders (S Somers, T Lambeth 26) 252, Rugby Triers (S Cogbill, J Bellinger, S Blackmoore 27) 237; Persuaders (N Romero 24) 226, Hill Billies (S Bowsher 26) 197; La Belles (R Day 34) 331, Etecetera (P Riddick 35) 264; Fallen Angels (C Phillips 29) 260, Airways Angels (J Naish 27) 256; Friends and Neighbours (C White, B Nicholls 25) 262, Divas (G Govier 27) 233; Roller Coasters (G Giles 28) 226, Twilights (S Davis, C Brown 23) 188; Dolly Mixtures (A Forrest, S Hughes 24) 218, SV Ladies (F Butler 24) 203.

Fourth division: Rebels (S Dawkins 26) 223, Guardian Angels (S Ashton 26) 189; Witchill Wanderers 237, Challengers (J Jones 31) 217; Uptown Girls (A Hobbs 24) 225, Odd Bods (M Melbourne 22) 186; Off The Rails (S Tamplin 26) 222, Aristocats (S Morgan 24) 199; Liberals (R Keene 27) 201, Nite Outers (B Lowrie 26) 214; Socialites (J Fumis 29) 261, Hell Raisers (B Nugent, P Bellinger, C Davies 25) 243; Living On The Spare (R Britton 33) 315, Witches (L Carey 34) 315.

New age group for the Vale's mini footballers

WE are pleased to announce a new year age bracket to the Dinas Powys mini section.

Due to the participation levels growing at a rapid speed, we can now offer under-six football on a Sunday morning, 10am to 11am, at Barry Sports Centre and Astro, running every other week from October 11.

This is free to all clubs in the VoG leagues as we want to continue the growth and realise the cost involved in running clubs. It's optional and you can take part whenever you want.

It's a great taster to get your teams ready for under-sevens.

If you would like to take part, contact *lcf123@hotmail.co.uk*.

We would like to thank Legacy Leisure and the Vale Council's Dave Knevett and Gwyn John for facilitating this.

LEE SAUNDERS

Bridge results

RESULTS for the Vale of Glamorgan bridge club for October 5:

1st Liam Sheridan & John Beard 68.33%, 2nd Adrian & Diana Trickey 61.04%, 3rd = Marjorie Morris & Linda Pinnock, Irene Thomas & Graham Jones 60.04%. **LE**

NEWS IN BRIEF

Skills course

JEHU Construction Group, in partnership with Barry Communities First and Newydd Housing Association, is running a construction skills certification scheme training course for job seekers.

If you are interested in attending this two-day course, there is an information session taking place on Tuesday, October 13, 10am-12pm at Barry Job Centre. *To book a place on this information session, please contact Angelina 01446 709103*.

Island story

A TALK entitled Flatholm – The History & Story of the Island by Peter Sampson at 7.30pm today (October 8) at the All Saints Lesser Hall, Penarth.

New members are always welcome.

The Vale of Glamorgan Council

MARINE AND COASTAL ACCESS ACT 2009 PART 4: MARINE LICENSING APPLICATION FOR A MARINE LICENCE TO CONSTRUCT AN ARMOURSTONE REVETMENT AT HARBOUR ROAD, BARRY

Notice is hereby given, in accordance with Part 4, Chapter 1, Section 68 of the Marine and Coastal Access Act 2009 that VALE OF GLAMORGAN COUNCIL has applied to Natural Resources Wales, acting on behalf of the Licensing Authority, for a marine licence to CONSTRUCT AN ARMOURSTONE REVETMENT AT HARBOUR ROAD, BARRY

The application and plans showing the position of the works may be inspected at The Alps, Wenvoe, CF5 6AA

Representations or objections in respect of the application should be made in writing to: Marine Licensing Team, Cardiff Permitting Centre, Natural Resources Wales, 29 Newport Road, Cambria House, Cardiff, CF24 0TP, or e-mail marinelicensing@naturalresourceswales.gov.uk

Representations or objections should be made within 28 days of the date of this notice, quoting reference: CML1536

In your representation/objection please include an address to which correspondence may be sent.

Natural Resources Wales, acting on behalf of the Licensing Authority, will pass to the applicant a copy of any representation or objection received.

Dated the 8th day of October 2015

M. E. Punter
Director of Visible Services & Housing
Vale of Glamorgan Council,
The Alps, Wenvoe. CF5 6AA.

Cyngor Bro Morgannwg 2015

DEDDF Y MÔR A MYNEDIAD I'R ARFORDIR 2009 RHAN 4: TRWYDDEDU MOROL CAIS AM DRWYDDED FOROL I ADEILADU WAL GYNNAL O GERRIG YN HEOL YR HARBWR, Y BARRI

Hysbysir drwy hyn, yn unol â Rhan 4 pennod 1 Adran 68 Deddf y Môr a Mynediad i'r Arfordir 2009, fod CYNGOR BRO MORGANNWG wedi cyflwyno cais i Cyfoeth Naturiol Cymru, sy'n gweithredu ar ran yr Awdurdod trwyddedu, am drwydded forol i ADEILADU WAL GYNNAL O GERRIG YN HEOL YR HARBWR, Y BARRI

Gellir gweld y cais a'r cynlluniau sy'n dangos safle'r gwaith yn Yr Alpau, Gwenfô, CF5 6AA

Dylid cyflwyno sylwadau neu wrthwynebiadau ysgrifenedig parthed y cais hwn i'r Tîm Trwyddedu Morol, Canolfan Drwyddedu Caerdydd, Tŷ Cambria, 29 Heol Casnewydd, Caerdydd CF24 0TP, neu yrru e-bost at marinelicencing@cyfoethnaturiolcymru.gov.uk.

Dylid cyflwyno sylwadau neu wrthwynebiadau cyn pen 28 diwrnod o ddyddiad y rhybudd hwn, gan ddyfynnu cyfeirnod: CML1536

Dylech gynnwys yn eich sylw/gwrthwynebiad gyfeiriad y gellir anfon gohebiaeth iddo.

Bydd Cyfoeth Naturiol Cymru, gan weithredu ar ran yr Awdurdod Trwyddedu, yn trosglwyddo i'r ymgeisydd gopi o'r sylw neu wrthwynebiad a dderbynnir.

Dyddiedig 8 Hydref 2015

M. E. Punter
Cyfarwyddwr Gwasanaethau Gweladwy a Thai
Cyngor Bro Morgannwg
Canolfan yr Alpau, Gwenfô CF5 6AA

The Vale of Glamorgan Council

(ST LYTHANS ROAD AND UN-NAMED LANES, DUFFRYN) (TEMPORARY CLOSURE) ORDER 2015

The Vale of Glamorgan Council in exercise of its powers under Section 14 of the Road Traffic Regulation Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order the general effect of which is as described in the schedules below: -

SCHEDULE 1

1. No person shall cause or permit a motor vehicle to travel in the locations specified in Schedule 2 below.

SCHEDULE 2

Location 1 St Lythans Road, from its junction at grid 309418 172000 to the west of Home Farm and continuing in a northeastely direction to the junction with Duffryn Lane at grid 309909 172270. A distance of approximately 580m.

Alt Route Diversions for south west bound traffic during the above closure will be signed from the point of closure in a generally northerly direction along Dyffryn Lane to its junction with the A48 at St Nicholas and turning left onto the A48, then proceeding in a generally westerly direction its junction with Sycamore Cross, then turning left onto the A4226 Five Mile Lane (Waycock Road) and continuing along this road, to the junction at grid 307863 171534 adjacent to a property known as Whitton Lodge and turning right, then proceeding in a north easterly direction to the end of the closure at grid 309418 172005, and visa-versa.

Location 2 The un-named lane that extends in a generally north easterly direction from the junction at grid 308830 170490 adjacent to a property known as Northcliff Rise, to the junction at grid 309416 172000, to the west of a property known as Home Farm.

Alt Route Diversions for south west bound traffic during the above closure will be signed from the point of closure in a generally south westerly direction from Holm Farm along the un-named lane to the A4226 Five Mile Lane (Waycock Road) to the junction at grid 307863 171534 adjacent to a property known as Whitton Lodge and turning left, then proceeding in a southerly direction to the junction at grid 308021 170578 adjacent to Northcliff Cottage, then turning left and continuing on to the southern end of the closure, and visa-versa.

Location 3 The un-named lane that extends in a generally easterly direction from the junction with A4226 The Five Mile Lane (Waycock Road) at grid 308021 170578 adjacent to a property known as Northcliff Cottage, to the junction at grid 308830 170490, to the west of a property known as Northcliff Rise. A distance of approximately 840m.

Alt Route Diversions for eastbound traffic during the above closure will be signed from the point of closure in a generally northerly direction along the A4226 Five Mile Lane (Waycock Road) to the junction at grid 307863 171534 adjacent to a property known as Whitton Lodge and turning right, then proceeding in a north easterly direction to the junction at grid 309418 172000 adjacent to Home Farm, then turning right and continuing on to the eastern end of the closure, and visa-versa.

Reason To allow for essential water main renewal works to take place.

Duration From 08:00Hrs on Monday 19th October 2015, for a maximum period of 18 months.

It is intended to implement this closure in three stages as above and it is expected that this work will be completed by 31 January 2016 (it is anticipated that no road closures will be in place over the Christmas period)

NB Access for residents will be maintained at all times though access through the road works for emergency vehicles cannot be maintained.

Pedestrian access shall be maintained at all times.

Dated this 8th day of October 2015.

M. E Punter,
Director of Visible Services & Housing
Vale of Glamorgan Council,
The Alps Depot,
Wenvoe. CF5 6AA.

Cyngor Bro Morgannwg 2014

(ST LYTHANS ROAD A FFYRDD DIENW, Y DYFFRYN) (CAU'R FFORDD DROS DRO) GORCHYMYN 2015

Mae'n fwriad gan Gyngor Bro Morgannwg gyhoeddi Gorchymyn, yn unol â'i bwerau o dan Adran 14 Deddf Rheoleiddio Traffig Ffordd 1984 (fel y'i diwygiwyd), ac â'r holl bwerau perthnasol eraill, o fewn dim llai na saith niwrnod, ac effaith hyn fydd i'r gweithredoedd a ddisgrifir yn yr atodiadau isod gael eu cyflawni:

ATODIAD 1

1. No person shall cause or permit a motor vehicle to travel in the locations specified in Schedule 2 below.

ATODIAD 2

Lleoliad 1 St Lythans Road, o'i chyffordd ar gyfeirnod grid 309418 172000 i ochr orllewinol Home Farm a chan barhau i gyfeiriad y gogledd-ddwyrain i'r gyffordd â Duffryn Lane, cyfeirnod grid 309909 172270, pellter o tua 580m.

Ffordd Amgen Tra bydd y ffordd uchod ar gau, bydd arwyddion gwyriad traffig sy'n teithio i'r de-orllewin yn cael eu gosod o'r pwynt lle mae'r ffordd yn cau i gyfeiriad y gogledd yn fras, ar hyd Dyffryn Lane hyd at ei chyffordd â'r A48 yn Sain Niclas. Bydd y gwyriad yn golygu troi i'r chwith ar yr A48, dilyn y ffordd tua'r gorllewin hyd at y gyffordd â Sycamore Cross, yna troi i'r chwith ar A4226 Five Mile Lane (Waycock Road) a pharhau ar y ffordd hon hyd at y gyffordd ar gyfeirnod 307863 171534 ger eiddo a elwir Whitton Lodge a throi i'r dde, yna parhau i'r gogledd-ddwyrain nes cyrraedd pen y gweithfeydd sy'n cau'r ffordd ar gyfeirnod grid 309418 172005, ac i'r gwrthwyneb.

Lleoliad 2 Y lôn ddienw sy'n estyn tua'r gogledd-ddwyrain o'r gyffordd â'r cyfeirnod grid 308830 170490 ger llaw eiddo a elwir Northcliff Rise, i'r gyffordd â'r cyfeirnod grid 309416 172000, i'r gorllewin o eiddo a elwir Home Farm.

Ffordd Amgen Tra bydd y ffordd uchod ar gau, bydd arwyddion gwyriad traffig sy'n teithio i'r de-orllewin yn cael eu gosod o'r pwynt lle mae'r ffordd yn cau tua'r de-orllewin o Home Farm ar gyd y lôn ddienw hyd at yr A4226 Five Mile Lane (Waycock Road) i'r gyffordd â'r cyfeirnod grid 307863 171534 ger eiddo a elwir Whitton Lodge a throi i'r chwith. Yna parhau tua'r de hyd at y gyffordd â'r cyfeirnod grid 308021 170578 ger Northcliff Cottage, yna troi i'r chwith a pharhau nes cyrraedd pen deheuol gweithfeydd sy'n cau'r ffordd, ac i'r gwrthwyneb.

Lleoliad 3 Y lôn ddienw sy'n estyn tua'r dwyrain o'r gyffordd â'r A4226 Five Mile Lane (Waycock Road) a chyferinod grid 308021 170578, ger eiddo a elwir Northcliff Cottage, i'r gyffordd â'r cyfeirnod grid 308830 170490, ar ochr orllewinol eiddo a elwir Northcliff Rise, pellter o tua 840m.

Ffordd amgen Tra bydd y ffordd uchod ar gau, bydd arwyddion gwyriad traffig sy'n teithio tua'r dwyrain yn cael eu gosod o'r pwynt lle mae'r ffordd yn cau tua'r gogledd ar hyd yr A4226 Five Mile Lane (Waycock Road) hyd at y gyffordd â'r cyfeirnod grid 307863 171534 ger eiddo a elwir Whitton Lodge a throi i'r dde, yna parhau tua'r gogledd-orllewin i'r gyffordd â'r cyfeirnod grid 309418 172000 ger Home Farm, yna troi i'r dde a pharhau hyd nes cyrraedd pen dwyreiniol y gweithfeydd, ac i'r gwrthwyneb.

Rheswm Cynnal gwaith adnewyddu hanfodol ar y prif bibellau dŵr.

Hyd O 08:00 dydd Llun 19 Hydref 2015 am gyfnod o ddim hirach na 18 mis.

Y bwriad ydy gweithredu'r cau'r ffordd mewn tri cham fel uchod. Disgwylir i'r gwaith gael ei gwblhau erbyn 31 Ionawr 2016 (nid oes disgwyl y bydd y ffordd ar gau o gwbl dros gyfnod y Nadolig)

DS Bydd mynediad i breswylwyr bob amser, er na ellir gwarantu mynediad agored drwy'r gweithfeydd ffordd i gerbydau argyfwng.

Bydd mynediad i gerddwyr bob amser.

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Speedy Trebanos overhaul Pencoed in dramatic game

PENCOED suffered their third Division One West Central defeat of the season, going down to this 29-44 defeat against Trebanos at the Recreation Ground.

This loss was a carbon copy of the previous week's defeat at Ammanford. The pack were on top at the scrum in the first half and Pencoed led by exactly the same 15-13 score, before the pace and precision of the opposition backs proved to be the essential difference between the sides.

Pencoed's two first-half tries came from the efforts of the pack, with hooker Ieuan Watkins and second row Dano Howells crossing, Marc Davies adding a conversion and penalty goal.

The visitors' points came from a Penhale try with left wing Mike Edwards adding a conversion and two penalty goals.

Early in the second half, the Trebanos backs were beginning to look dangerous in broken play and they exposed the Pencoed midfield for centre Tom Dew to score at the posts. Edwards converted and the visitors led 15-20.

Pencoed returned to the attack with full back Rhys Thomas putting his side into the Trebanos 22 with a well judged kick, and following driving play from Watkins, young scrum half Rhys Clarke darted over, Davies adding the conversion and Pencoed led 22-20.

With the match breaking up the Trebanos threequarters began playing with confidence and width and a sustained attack saw flanker Neil Jones cross, Edwards converting, and Trebanos led 22-27.

The Swansea valley side then increased their lead, counter attacking through their 'threes' from 60 metres for wing Edwards to score with a well-controlled kick and chase.

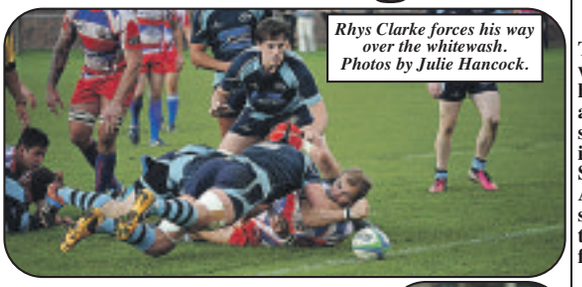
The visitors' replacements, Sam Davies and Richard Mills, added final quarter tries before Dew got his second and his side's sixth, Edwards adding a conversion for a 22-44 lead.

To their credit, Pencoed continued in search of a fourth try bonus point and got their reward with the last play of the match, outside half Davies spinning through the final tackle to score wide out before adding the conversion.

For Pencoed, once again the pack had held their own with a strong first half scrummaging performance in particular, but the home backs showed little cohesion and cutting edge on the day.

Up front, hooker Watkins was his usual committed self with typically forceful driving play, while behind the scrum Clarke continued to show promise.

On Saturday, Pencoed make the short journey to meet Kenfig Hill.



Rhys Clarke forces his way over the whitewash. Photos by Julie Hancock.

Pencoed second XV travelled under strength with 14 players for their Mid Glamorgan District League match at Aberavon Harlequins, the hosts showing little sympathy with a comprehensive 62-0 win.

Pencoed youth went down to a 24 points to 8 defeat against Tonmawr, Sam Rowland Jones getting the home try with Jacob Lloyd adding a penalty goal.

PENCOED PHOENIX 12, PENYBANC LADIES 39

This National Division 1 game at the Recreation Ground proved most entertaining, the young Penybanc side running out deserved winners.

The opening 15 minutes saw the home side territorially on top with their set scrum in the ascendancy.

Good interplay between Rhiannydd Morgan and Nerys Lloyd almost breached the visitors' defence, Morgan brought down when almost clear.

Unfortunately Phoenix had nothing to show for their opening quarter efforts and the scoreboard remained unaltered.

Penybanc opened the scoring through their pacy threequarters who included several Ospreys and Scarlets regional players, and led 0-7 before a lengthy stoppage for injury occurred.

With a visitors' player stretchered from the field with what appeared a serious injury, the game resorted to passive scrums following the ambulance departure.

This negated the Phoenix momentum at scrum time and the visitors' backs were now operating off the front foot and full of running.

Within a minute of the restart, the visitors' No10 added a try and conversion to lead 0-14.

Phoenix hit back with Welsh international Melissa Clay breaking to within metres of the visitors' posts before the ball was recycled quickly and Zoe Reeves, to her obvious delight, scored her first try for Phoenix wide out.

Home full back Hannah Seward then saved what had looked a certain Penybanc try, racing back to catch the visitors' player just short of her try line.

The Penybanc outside-half then got her second try to lead 5-19 before, approaching half-time, Phoenix back row forward Amy Stevens kept her side in the match, breaking a couple of tackles to score wide out, Seward adding a fine conversion before unfortunately having to leave the field with injury moments later. Penybanc led 12-19 at the break.

Ieuan Watkins.

The visitors increased their lead with a penalty goal before Phoenix replacement Leanne Burnell threatened with her elusive running on a couple of occasions.

However, it was the visitors who took control during the final quarter, adding a further three tries through some fine counter attacking play.

Phoenix made a number of positional changes during the final minutes and looked a better side for it, but there was no denying a Penybanc side who had quite obviously developed together over recent seasons.

News filtered through post-match that the Penybanc players' injury was not serious.

On Sunday Pencoed Phoenix travel to Seven Sisters. **TR**

Stiff test of Alltwen is overcome by Porthcawl RFC!

THERE are times when sides that have struggled find a performance from somewhere, and so it proved on Saturday as lowly Alltwen provided a somewhat stiffer than expected test for Porthcawl.

That said, a win on the road is always welcome and the result was never in doubt as the Seaweeds maintained their position at third in the table.

Porthcawl got the scoreboard ticking over inside three minutes as No.8 Jobe Owens started a fine personal performance by securing a smart try as the visitors' hooker Jamie Fry took one against the head and Owens drove over for 0-5.

Alltwen got back three points with a smart penalty from Steve Jones before Josh White replied with a similar effort for Porthcawl for 3-8.

Indeed, the home side then took advantage of some sleepy defence from Porthcawl following a good driving maul for a surprise 10-8 lead, with John Davies grabbing the unconverted try.

Centre Gareth Rees ensured that Porthcawl went in ahead at the break as he profited from swift possession as his pack provided off the top at a lineout.

Following a tremendous thrust, centre Ben Thomas provided Rees with a beautiful pass to put him clean through for the try, which White converted for 10-15 at the half-time whistle.

The second half saw Porthcawl prop Tim Lunn go into the sin bin soon after the restart, yet White kicked his third goal, a penalty from 40 metres, to make it 10-18.

Mattie Davies arrived on the flank as substitute for Leon McNally for Porthcawl before White's third successful penalty goal, from fully 47 metres, stretched the lead to 10-21.

Centre Ben Thomas left the field with Gareth Richards coming on to replace him, and with Porthcawl now seemingly in control and Alltwen tiring, some great work by the Seaweeds eight, driving into the home 22, saw Owens dive through for his second try, as he picked up near the line.

Callum Walters. Photo by Tracey Williams.

White's successful conversion put the match beyond doubt at 10-28 with time ebbing away.

With just minutes left on the clock, disaster struck for Porthcawl as White, who had been outstanding once again with his general play and goal-kicking, suffered what appeared to be a possible wrist fracture and left proceedings in some pain.

His loss will be vital for the Seaweeds as Tonmawr visit South Road on Saturday, in a 1.30pm kick-off, with Wales playing Australia later, and coach Rhys James, although satisfied with another win on the road, will be looking for a better all-round performance from his troops in front of the home crowd.

PAUL FIELDING

The under-13s defeated Hendy 41-5, the under-12s were 7-5 winners against Bridgend Athletic; the under-8s were defeated 12-3 against Bridgend Athletic while the under-7s defeated the same opposition 19-3.

UNDER 9S - PORTHCAWL 4, BRIDGEND ATHLETIC 8

The team played some great rugby at times, passing into space with plenty of runners looking for the ball.

Bridgend brought a strong running game, cutting good angles and at times were too strong for our defence with two of their players causing damage to our line early on, racking up the tries.

What was pleasing was that some of the defensive training drills began to pay off with players starting to move up in line at pace.

A couple of notable tackles came from Neeson, again fearless executing the side tackle to perfection, Oscar, who after a bump on his leg got back up and made two strong tackles in a short period of time, Piers for his relentless strong running and coming top of the tackle count again, picking up making the difference award for his efforts, and last but not least Lex, who really led the line of defence, flying in fearlessly, taking players nice and low showing the way forward.

Taylor and Dylan not only put in some powerful runs but also made some good up front tackles while driving forward.

On the front foot we showed some great skills with Lewis and Samuel running some great angles after Dexter, Taylor and Dylan made the hard yards and popping the ball off with good runs from Mackenzie, Oscar, Theo and Ryan, who finished off a great try using those great feet to wrongfoot the opposition.

Another player making good runs was Scott - for his first game he showed up strongly with a number of runs and deservedly was awarded clubman individual effort award for his strong runs and tackles.

Dewi was pleased to be back on the scoresheet with a variety of tries, one using strength to power over with the other two showcasing his side-stepping skills to cut through the defence.

This was good but what was great was the the offloading into space, with Joel popping up on one move three times, taking the ball forward and drawing the player before passing.

We nearly saw the try of the game after three or four offloads as Dewi picked up the ball, passing two players with one to beat, drawing in the last attacker and floating ball out, but we just failed to hold onto the pass which would have finished off a great phase of play.

It was nice seeing our players take ball on with confidence and using their side-stepping and passing. This week we are away to Kenfig Hill. **RH**

News from Pyle & Kenfig Golf Club

Mail On Sunday team.

PYLE and Kenfig ladies section have had an excellent season.

It was a great achievement after a lengthy run that the ladies qualified to the eighth round in the Mail on Sunday competition.

The team was led by captain Sian Thomas and included Fauve Birch, Cheryl Western, Claire Morris, Mary Ellis, Sue Forbes, Annette Rhys and Alison Hurry.

It was unfortunate with an away draw on the wet Bank Holiday that the P&K team lost to a strong Oxford team, who now qualify to play in the final in Spain.

Team golf has been challenging but very rewarding. The first team are runners up in the first division of the Glamorgan League for the second year running.

Cheryl Western.

The second team won their division which mean they move up to the fourth division.

Unfortunately the third team despite some good wins move down a division.

Culminating after a few qualifying rounds, the ladies' club championship was played on August 16.

Cheryl Western played Alison Hurry and it was a well fought final with Cheryl Western proving too strong on the day, taking the crown for the first time at P&K.

Cheryl also went on to a fantastic, well-deserved, 10th win as ladies club champion at the Grove Club.

Thank you to everyone who has caddied and supported the teams throughout the season.

Pyle and Kenfig Golf Club is a free draining links course open all year round. **NG**

Mules come unstuck against Maesteg RFC

Kristian Stenner - PHOTO BY PETER GILLING

ON a fine day in front of a good crowd at Croft Goch Fields, Kenfig Hill lost their third game on the trot, this time against Maesteg.

After a lucky bounce enabled Maesteg to score their first try under the posts, sustained pressure by the Mules seemed to suggest a change in fortunes for the home side.

However, it was not to be. Maesteg always managed to stay ahead and deservedly finished the game as winners.

Final result: 28-32. **DD**

Derek helps out DFC

EX-Manchester United and Cardiff City defender Derek Brazil has pledge his support to Bridgend DFC Inclusive Sports football team after a successful meeting with manager Kelly Hall and Gavin Stephens.

Irish-born Derek, who joined Manchester United in 1989, and then also played for Cardiff City, has been so impressed in the work being done at the disabled and mental health club that he has offered to help with some coaching sessions and to help promote the club so that it can increase its participation in disabled football.

As of last week Bridgend DFC Inclusive Sports have changed its training venue to Brynteg School, so they have the use of good facilities and with their entry into the North West Ability Counts League, this is a great step forward for us.

If any one out there is interested in sponsoring the team or in playing for the team, please contact Kelly Hall on 07880749903.

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Glamorgan Gazette	9,094	Paid 90p
Wales on Sunday	16,060	Paid £1.50

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CLOSING DATE: Wednesday 12 Noon 14 October 2015
INTERVIEWS: Wednesday 21 & Thursday 22 October

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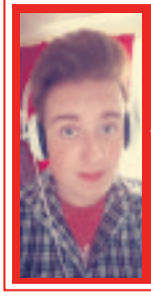
Birthdays

Megan Johnson
13 Today!
8th October 2015
Lots of love from Nan, Dad, Luke, Lesley, Lewis and Lily xxx

Birthday

Linda Gill
Congratulations on your 50th Birthday
12th October 2015
All my love from Mum and the family xxx



Happy 18th Birthday
ALEX
With love from Mum, Dad, Katie, Holly, Carys-Rachel, Zoe, Grandma, Grandad and Godparents
Suzanne and Ali xxx

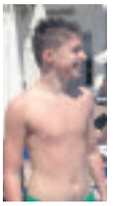
Family Notices (Continued on Page 38)

WOGGY
Warren Pemberton
7 October 2012
'Gone but not forgotten, remembered in our thoughts.'

PHYLLIS LEE
Wishing our very special great grandma, Nanny Lee, a safe journey to heaven. She was loving, generous, and, above all, a perfect role model. We will miss her so much, and she will remain in our hearts forever.
Declan, Aidan, Floss, Evie, Holly, Abby, Fintan, Max, Tegan, Hattie, and Ruby *xxx*

Birthday Memories

MILLER
Rhodri Dafydd



Death leaves a heartache that no one can heal,
Love leaves a memory that no one can steal,
We cherish every memory with tears we call your name,
We will always love and miss you in a world that's just not the same.

Happy 18th Son on 11 October 2015
Love Mum, Dad & Iestyn xxx

PHYLLIS LEE
We sat beside your bedside,
Our hearts were crushed and sore,
We did our best to the end until we could do no more,
In tears we watched you sinking,
We watched you fade away.
And though our hearts were breaking,
We knew you could not stay,
You left behind some aching hearts,
That loved you most sincere;
We never shall or never will forget you Nanny dear.

A mother's love is a blessing....
We'll miss you now you're gone. Rest in peace.
Natalee, Jon, Hayley, Malcolm & little Ellie, Cory, Logan and Ashton with Carol and Dave *xxx*

HUMPHRIES
Alan
Happy 60th Birthday.
We send this message just to let you know that we still miss you.
Love Sue, Stewart & Gemma. xxx

Phyllis Lee
Nanny
Simple words but very true, we will always love and remember you.
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Love Andrew, Sian, Emma & James xx

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Family Notices

DAVIES
Gail Audrey (nee Thomas)

Peacefully on Tuesday, 29th September at the Princess of Wales Hospital, Bridgend. Gail of Heol y Blodau, Bridgend. Devoted wife of Lyn. Much loved mam of Adrian. A loving daughter of Tom and a dear sister.

Friends please meet for service on Tuesday, 13th October in Coychurch Crematorium at 12 noon. Family flowers only by request but donations in lieu may be sent direct to Cancer Research Wales, Velindre Hospital, Whitchurch, Cardiff CF14 2TL or may be given on the day.

All enquiries to Rosemount Funeral Home, Bridgend, telephone 01656 653156.

HARRIES
Richard (Dick)

It is with great sadness that we announce the sudden death of Richard at home on September 30. Dearly loved husband of Sally, much loved father to Laura and Sophie, he will be sadly missed by his mother Betty, brother Derek, John and Bryan, all his family and everyone who knew him in and around Barry.

Funeral to be held at Barry Crematorium on Friday, October 16 at 2pm. Family flowers only, but donations to St Mungo's Broadway can be sent via Park Funeral Directors, 7 Tynewydd Road, Barry, CF62 8HB.

CHAPMAN
Peter
(Dinas Powys)

Passed away peacefully on 26th September. Beloved husband, father and grandfather.

Funeral service to be held at Cardiff and Glamorgan Memorial Park Crematorium, Port Road, Barry on Wednesday, October 14 at 2pm. No flowers by request. Donations, if desired, may be made to Marie Curie Hospice, Holme Towers.

All enquires to Green Willow Funerals, 21a Station Road, Dinas Powys, CF64 4DE. Tel (029) 2051 4627.

DUNGLINSON
Ian

Peacefully on Monday, September 28 at the Princess of Wales Hospital, Bridgend, aged 74 years. Beloved eldest son of Mrs Jean Dunglinson and the late Mr Ted Dunglinson of Hayton, Carlisle. Dearly loved friend, father, father-in-law, grandfather, brother, brother-in-law and uncle.

Funeral Friday, October 9, 12.30pm at Holy Cross Church, Cowbridge. Family flowers only, but if desired donations in lieu to NSPCC.

NIXON
Gerald (Gerry)

Died in the grace of God on October 1. Deeply mourned by wife Beryl, daughter and son-in-law Mandy and Stephen, son Daryl and daughter-in-law Helen, all the grandchildren and little great grandchildren.

May he rest in peace.

Funeral service to be held at St. Mary's R.C. Church, Dinas Powys on Friday, October 16 at 12 noon, thereafter to St. Andrew's Cemetery. All flowers and enquiries to Green Willow Funerals, 21a Station Road, Dinas Powys, CF64 4DE. Tel (029) 20 514627.

KEYES
Linda

Peacefully on October 4 at Marie Curie Hospice, Penarth, Linda, aged 59 years and cherished Mum to Lauren sadly passed away. Loving sister of Susan, Diane, Gerald and the late Graham. Sister-in-law to Anthony and Debbie.

Linda will be dearly missed by all her family and many friends.

Resting in the private chapel of the Vale Funeral Service, 181 Court Road, Barry until her service at Cardiff & Glamorgan Crematorium on Wednesday, October 14 at 11am. Floral tributes may be sent to the funeral home.

Further enquiries to Lyndsay Ellis @ The Vale Funeral Service, 01446 407962

CLOSE
Betty

Ken and family wish to thank everyone who attended Betty's service, and a special thank you to all at Bethel Baptist Church. A sincere thank you to pastor Matt Emerton for his personal and touching words of comfort.

The family also wish to thank all residents and carers of Golau Caredig, Gladstone Road for their support over the past 10 months and during this difficult time. Finally thank you to Lyndsay @ The Vale Funeral Service

BRADFIELD
Thomas John (Jack)

Peacefully on October 3 at Llandough Hospital, Thomas John (Jack) I.D.T.A, aged 95 years, well known sequence dance teacher of Penarth. Dearest uncle of John, Carole and Gwyneth.

Jack will be sadly missed by all of his family and friends.

Resting at A.G. Adams & Son Funeral Home, Gladstone Road, Barry. Funeral service and committal at Cardiff & Glamorgan Crematorium, Port Road East, Barry where family and friends please meet on Tuesday, 13 October at 2pm. No flowers by request, if desired donations may be handed to the funeral director after the funeral for Velindre Hospital.

Articles For Sale

ADVERTISE HERE £12 inc. VAT - box for 2 weeks. To take advantage of this offer simply either send in your description along with a cheque for the appropriate amount made payable to 'The Glamorgan GEM' at The GEM, Graig House, 53 Eastgate, Cowbridge CF71 7EL or telephone us with your wording by 12 noon Tuesday. All major credit cards accepted. Tel 01446 774484. Advert must contain a residential land line telephone number. You may alter your advert as items are sold. **Sorry no refunds are given.**

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Beautiful, playful, very affectionate kittens looking for ever homes. Bred from pure Oriental Lilac Champion parents. GCCF registered. Fully vaccinated, flea & wormed. Vet health checked, 5 generation pedigree. Reared in the home. Tel:07748775657 £300.

Smart new look for Bryn Hafren pupils!

BRYN HAFREN pupils at Barry have made an impressive start to the new school year and parents, staff and members of the public have all noted how smart the girls look in their new uniform.

The uniform is not the only positive thing, with the school's attendance over 96 per cent and more than 400 pupils having already taken part in extra-curricular activities.

Year-7 celebrated the work of Roald Dahl this week in the annual Dahlicious Day where they were allowed to dress up as their favourite Roald Dahl character: 7RB also started this year's fundraising by holding a Cake Break raising £86.

Year-11 have been looking at the refugee crisis as part of their PSE lessons; 11SP were particularly moved by the current situation in Syria, so they helped Miss L Banks form a large collection of items, including clothing, toiletries and nappies.

It is no surprise that staff and pupils were so generous in donating items and supporting this cause. Fundraising at Bryn Hafren is a long-standing tradition, particularly Cake Breaks, and last year was no exception – s pupils raised almost £7,000 through various activities.

It has been a busy half term at Bryn Hafren: Sixth Form art students were enriched by visiting Banky's Dismaland. The athletes were preparing for the cross country season, having already hosted the first race when 13 Bryn Hafren athletes took part. Ffion Spence, 8JW ranked an impressive 36 in the year-8 and 9 race.

Finally, the linguists, dancers, musicians and chefs were kept busy preparing for the official opening of the modern foreign languages centre of excellence on October 7.

This will lead to the MFL faculty providing training to all MFL teachers within the Central South Consortia and from over 50 secondary schools.

SALLY PAULAKIS

Year-11's collection for Syria.

Dressing up as Roald Dahl characters.

Art with a message

SHOWING at the Barry Library until October 31 is 'Metamorphosis', a transformative exhibition of artwork and poetry from the Barry branch of Recovery Cymru.

All the work on display is by local members of Recovery Cymru; a mutual-aid and self-help charity that supports people recovering from forms of addiction, including alcohol and drug dependency.

The stories told within the artwork show the stages from seemingly hopeless addiction, to the road to recovery out of it. The exhibition contains moving, intensely personal and powerful experiences distilled into words and images. We believe the artwork contains a message that is ultimately hopeful and inspiring.

This remarkable exhibition is proof that however dark a life blighted by addiction may seem, there are ways out, there are people who understand, and have made the journey themselves, and want to reach out and help others.

Recovery Cymru member Elaine commented: "This work has opened the way to rediscover my potential as an artist. I hope the exhibition helps others to see addiction in a different light; to see the people and not just the problem."

Gail, another exhibiting artist added: "RC has helped me to find the real me, the person beyond all the issues I've struggled with. I think the artwork shows that every person has a story to tell, and deserves some consideration."

All are welcome. Please come along to find out more information about Recovery Cymru, or simply to enjoy the artwork on display. **AL**

Multiple collision leads to delays in Aberthaw area

THERE were long delays on the roads in the Aberthaw area on Saturday, October 3, following a four-vehicle collision.

A spokeswoman for the Ambulance Service said: "We were called at 12.28pm to a multi-vehicle road traffic collision in the Aberthaw area.

"We sent a rapid response car, three emergency ambulances, and a BASICS doctor to the scene.

"One person was taken to the Princess of Wales Hospital in Bridgend and one person was taken to the University Hospital of Wales in Cardiff."

Appointment of new headteacher at Ysgol Gymraeg Bro Morgannwg

HYWEL PRICE has been appointed as the new headteacher of Ysgol Gymraeg Bro Morgannwg.

He will take up the post from January 1, 2016, succeeding Dr Dylan Jones, who leaves the school in December.

Mr Price is currently headteacher of Ysgol Gyfun Rhydywaun, a role he has undertaken for the past five years.

Robert Evans, the chair of governors, said: "I am delighted to be announcing Hywel Price's appointment. He has undertaken a number of senior leadership roles over the last 15 years and is an experienced headteacher with a proven track record.

"I was really impressed with Hywel's passion for the role and his vision for the school which will be important as we meet the many opportunities and challenges ahead."

Mr Price said: "Ysgol Gymraeg Bro Morgannwg is a very successful school and I am thrilled to have been appointed headteacher.

"Leading a school that has a three to 19 age range is a relatively unique opportunity that I am very excited by.

"I am confident I can build on the outstanding work of the departing headteacher and look forward to working with my new colleagues at the school, meeting the pupils and parents, and developing partnerships within the wider community."

Manics raise funds for Velindre

ALONGSIDE fellow Manic Street Preacher, Sean Moore, James Dean Bradfield will be trekking in Patagonia for charity as part of the official 150th anniversary celebrations of Welsh settlers arriving in South America.

It will raise funds for the Velindre Cancer Centre in Cardiff, where James has been a patron for eight years and as part of his fundraising for the Patagonia trek, he donated an original seven-inch *Suicide Alley* single, made when the group were still unsigned and auctioned last week.

Anyone who to support James and Sean's Patagonia Trek should visit: *https://www.justgiving.com/manicspatagoniatrek/*.

Homes scheme is progressing well in Llandough

HAFOD Housing Association, in partnership with the Vale Council and contractors M & J Cosgrove Ltd, say they are "progressing well" on a £1.6m affordable housing development in Llandough.

The new scheme in Dochdwy Road will transform a former derelict site into 18 much-needed affordable homes in an area of high demand in the Vale.

The new one and two-bedroom apartments will be available for affordable rent and are due for completion early in 2016.

They will be built to level 3 of the Code for Sustainable Homes and will have a range of energy and cost saving features to help reduce running costs for occupiers.

The project is funded by a mixture of the Welsh Government's innovative Housing Finance Grant and Private Finance arranged by Hafod.

Community coffee event raises funds for Macmillan

NEARLY 30 people attended, and £50 was raised for Macmillan Cancer Support, at the Barry Community Garden 'coffee and cake morning' on September 25 in Gibbonsdown.

Now managed by Newydd Housing Association and owned by the Vale Council, Barry Community Garden is located off Dyfnallt Road, next to Pencoedtre Splash Park.

Garden manager, Lisa Williams, said: "It was lovely to see local people enjoying our garden and basking in the sunshine.

"Our aim is to offer more opportunities for the local community to join us, whether it is volunteering, taking part in a course or visiting with friends or family."

For more information, contact Lisa Williams on lisa.williams@newydd.co.uk or call 07501 468694. Search for the garden on Facebook, by looking for Newydd Barry Community Garden and Allotment.

Care & Repair in recent merger

ON July 1, Care & Repair Cardiff and Care & Repair in the Vale merged together to form Care & Repair Cardiff and the Vale.

Care & Repair Cardiff and the Vale is a charitable organisation that exists to support older people in Cardiff and the Vale to repair, adapt or maintain their homes.

If you are interested in having a home visit from a caseworker or some advice on maintenance, repairs and adaptations or finding out more about the charity's services, call them on 02920 473337, or email careandrepair@crcv.org.uk.

THE VALE OF GLAMORGAN COUNCIL • CYNGOR BRO MORGANNWG

Planning (Listed Buildings and Conservation Areas) Act, 1990
Town and Country Planning (Development Management Procedure) (Wales) Order 2012

Development that may affect a Conservation Area/
Datblygu a allai effeithio ar Ardal Gadwraeth

Application No: /Rhif y cais: 2015/01066/FUL
Proposal:/Cynnig: Rear single storey extension forming kitchen dining room
Location:/Lleoliad: 1, Bradenham Place, Penarth
Conservation Area:/ Ardal Gadwraeth Penarth

Application No:/ Rhif y cais: 2015/01070/RES
Proposal:/Cynnig: The development of 119 dwellings and associated access, roads and footpaths, drainage works, landscaping, public open space and other ancillary works (including the demolition of 46 Porthkerry Road and its associated outbuildings
Location:/Lleoliad: Land North of the railway line (West), Porthkerry Road, Rhoose
Conservation Area:/ Ardal Gadwraeth Affecting the Rhoose

Application No:/ Rhif y cais: 2015/01072/RES
Proposal:/Cynnig: The development of 231 dwellings with associated access, roads and footpaths, drainage works, landscaping, public open space and other ancillary works
Location:/Lleoliad: Land North of the railway line (West), Porthkerry Road, Rhoose
Conservation Area:/ Ardal Gadwraeth Affecting the Rhoose

Application No:/ Rhif y cais: 2015/01103/FUL
Proposal:/Cynnig: New side/rear ground floor extension for family dayroom with roof terrace over
Location:/Lleoliad: 5, Hickman Road, Penarth
Conservation Area:/ Ardal Gadwraeth Affecting the Penarth

Application No:/ Rhif y cais: 2015/01135/FUL
Proposal:/Cynnig: Demolition of existing detached garage and bunker to rear of garden and construction of new detached garage
Location:/Lleoliad: 7, Lower Cwrt Y Vil Road, Penarth
Conservation Area:/ Ardal Gadwraeth Affecting the Penarth

Listed Building Consent/Caniatâd Adeilad Rhestredig

Application No:/ Rhif y cais: 2015/00968/LBC
Proposal:/Cynnig: Installation of log burning stove in the chapel to improve the heating in the winter months
Location:/Lleoliad: Bryn Sion Chapel House, Penylan Road, St. Brides Major
Listed Building:/ Adeilad Rhestredig Grade II

Affecting setting of a Listed Building/
Cais (au) sy'n effeithio ar leoliad Adeilad Rhestredig

Application No:/ Rhif y cais: 2015/00969/FUL
Proposal:/Cynnig: Replacement of existing first floor conservatory with two storey infill to east side of front elevation. Construction of matching infill on west side of front elevation
Location:/Lleoliad: Springbank Nursing Home, College Road, Barry
Listed Building:/ Adeilad Rhestredig Affecting Springbank Nursing Home, Grade II

Application No:/ Rhif y cais: 2015/01027/OUT
Proposal:/Cynnig: Demolish existing dwelling and construct two new dwellings with associated parking
Location:/Lleoliad: Orchard Rise, 6, Penlan Road, Llandough
Listed Building:/ Adeilad Rhestredig Affecting Pound Cottage, 2 Penlan Road, Llandough Grade II

Application(s) of General Interest/
Ceisiadau o Ddiddordeb Cyffredinol

Application No:/ Rhif y cais: 2015/00995/OUT
Proposal:/Cynnig: Proposed tourist (tree tent) accommodation development on land adjacent to Woodside Hamlet
Location:/Lleoliad: Woodside Hamlet, Ham Manor, Llantwit Major

Application No:/ Rhif y cais: 2015/01070/RES
Proposal:/Cynnig: The development of 119 dwellings and associated access, roads and footpaths, drainage works, landscaping, public open space and other ancillary works (including the demolition of 46 Porthkerry Road and its associated outbuildings
Location:/Lleoliad: Land North of the railway line (West), Porthkerry Road, Rhoose

Application No:/ Rhif y cais: 2015/01072/RES
Proposal:/Cynnig: The development of 231 dwellings with associated access, roads and footpaths, drainage works, landscaping, public open space and other ancillary works
Location:/Lleoliad: Land North of the railway line (West), Porthkerry Road, Rhoose

May affect a Public Right of Way
Gall effeithio ar Hawl Tramwy Cyhoeddus

Application No: Rhif y cais: 2015/01070/RES
Proposal:/Cynnig: The development of 119 dwellings and associated access, roads and footpaths, drainage works, landscaping, public open space and other ancillary works (including the demolition of 46 Porthkerry Road and its associated outbuildings
Location:/Lleoliad: Land North of the railway line (West), Porthkerry Road, Rhoose

Application No: Rhif y cais: 2015/01072/RES
Proposal:/Cynnig: The development of 231 dwellings with associated access, roads and footpaths, drainage works, landscaping, public open space and other ancillary works
Location:/Lleoliad: Land North of the railway line (West), Porthkerry Road, Rhoose

Application(s) with Environmental Statement/
Cais (au) gyda Datganiad Amgylcheddol

NOTICE UNDER ARTICLE 8
Proposed development at Land at North West Cowbridge.

I give notice that Commercial Estates Group and Mr. J.G.R. Homfray, is applying to The Vale of Glamorgan Council for Planning Permission to Detailed Permission for the construction of a link road connecting Cowbridge bypass with Llantwit Major including footpaths/cycleways landscaping and associated engineering works. Outline permission with all matters reserved other than access for a mixed use residential led development - AMENDED SCHEME - increase in the maximum number of units that could be accommodated on the site from 390 to 475.

The proposal has been submitted with an environmental statement which can be inspected at the address given below. Members of the public may obtain a paper copy of the Non Technical Summary at a charge of £15.00 or a CD-Rom of the Environmental Statement at a charge of £30.00 from Nathaniel Lichfield & Partners, Helmont House, Churchill Way, Cardiff. CF10 2HE (Tel: 02920 435880) so long as stocks last.

Members of the public may inspect copies of:
- The application.
- The plans.

The environmental statement.
- Other documents submitted with the application.

at the address given below during all reasonable hours until 29 October, 2015.

Anyone who wishes to make representations about this application should write to the Head of Planning and Transportation at the address given below by 29 October 2015 quoting reference 2014/01505/OUT.

HYSBYSIAD O DAN ERTHYGL 8
Datblygiad arfaethedig yn Land at North West Cowbridge

Hysbysir trwy hyn Commercial Estates Group and Mr. J.G.R. Homfray, n gwneud cais i Gyngor Bro Morgannwg am Ganiatâd Cynllunio ar gyfe Detailed Permission for the construction of a link road connecting Cowbridge bypass with Llantwit Major including footpaths/cycleways landscaping and associated engineering works. Outline permission with all matters reserved other than access for a mixed use residential led development - AMENDED SCHEME - increase in the maximum number of units that could be accommodated on the site from 390 to 475

Cafodd y cynnig ei gyflwyno gyda datganiad amgylcheddol sydd ar gael i'w ddarllen yn y cyfeiriad isod. Members of the public may obtain a paper copy of the Non Technical Summary at a charge of £15.00 or a CD-Rom of the Environmental Statement at a charge of £30.00 from Nathaniel Lichfield & Partners, Helmont House, Churchill Way, Cardiff. CF10 2HE (Tel: 02920 435880) so long as stocks last.

Caiff aelodau o'r cyhoedd hefyd ddarllen copïau o'r:
- cais;
- cynlluniau;
- datganiad amgylcheddol;
- dogfennau eraill a gyflwynwyd gyda'r cais,

yn y cyfeiriad isod yn ystod oriau rhesymau tan 29 October, 2015.

Dylai unrhyw un sydd am wneud sylwadau ar y cais ysgrifennu at Bennaeth Cynllunio a Chludiant y cyngor (gwelwch y dudalen ar waelod y dudalen) erbyn 29 October 2015 an ddyfynnu'r cyfeirnod 2014/01505/OUT.

Details may be inspected for 21 days at the address given below, or via **http://vogonline.planning-register.co.uk/**

Gall manylion eu harchwilio am 21 diwrnod yn y cyfeiriad a roddir isod, neu drwy **http://vogonline.planning-register.co.uk/**

Dated / Dyddiedig: 6 October, 2015

M. Goldsworthy
Operational Manager Development & Building Control,
Vale of Glamorgan Council, Dock Office, Barry. CF63 4RT

NEWS IN AND OUT OF THE CLASSROOM AT YSGOL GYMRAEG SANT BARUC

ABOVE: The Ysgol St Baruc school choir sang at the Macmillan coffee morning.

Royal Mint coined it in for Ty Hafan on cycle challenge!

PICTURED RIGHT: (left to right), Wendy Collie, business and community fundraiser, Ty Hafan; Alison Stannard, head of business and community fundraising, Ty Hafan; Paul Watts, The Royal Mint; Liz Lewis, The Royal Mint, Megan Baldwin, The Royal Mint and Jeremy Jackson, acting CEO for Ty Hafan.

MORE than 70 members of staff from The Royal Mint took part in a week-long challenge to raise money for Tŷ Hafan, the mint's 'Staff Charity of the Year'.

Some staff at Llantrisant cycled for up to an hour to help raise funds for Tŷ Hafan. The challenge raised an impressive £924.69 and brings the total amount raised for the charity to date to more than £20,000.

The Royal Mint's chief executive, Adam Lawrence said: "We are delighted at the enthusiasm and generosity shown by the employees in their fundraising for Tŷ Hafan.

"Our latest charity cycle challenge brought colleagues together from different departments and encouraged people to donate to this fantastic cause.

"The support that Tŷ Hafan provides for youngsters and their families is phenomenal".

Wendy Collie, business and community fundraiser for Ty Hafan said: "We were delighted to come and see employees at taking part in a fundraising event and see how they have taken the cause of Ty Hafan to their hearts.

"It's a great opportunity for them to gain an insight into the support, comfort and care we offer families at Ty Hafan."

Conservatives in call for a referendum over council merger

THE Welsh Conservatives have announced plans to give local communities in the Vale the final say on local authority mergers.

The move comes as Labour's Local Government (Wales) Bill reaches the National Assembly for its third stage of reading.

Amendments tabled by the Welsh Conservatives mean that residents in the Vale would first have to approve a proposed merger, via a referendum, before it could go ahead.

The Williams Commission recommended that Wales' 22 local authorities should be reduced to 10, 11 or 12 councils – Labour's Public Services Minister now plans to press on with plans to cut that to eight or nine.

The Vale Council proposed a merger with Bridgend, but, the Welsh Government envisages the Vale joining with the capital city authority, Cardiff Council.

The Leader of the Welsh Conservatives and South Wales Central AM, Andrew RT Davies has said his proposals would ensure power is placed 'firmly in the hands of local residents'.

He said: "Our plans would put power firmly in the hands of local residents in the Vale, ensuring any merger is put to residents via a referendum."

Gala dinner supports cystic fibrosis centre

THE All Wales Adult Cystic Fibrosis Centre, based at Llandough Hospital, is hosting 'The Better Life Appeal' Gala Dinner on Friday, October 16 at the Mercure Holland House Hotel & Spa, Newport Road, Cardiff, CF24 0DD.

There is a complimentary drink on arrival, a three-course meal, dancing and an auction. Dress is formal.

A spokeswoman said: "Our gala dinner aims to raise urgently needed funds for a new ward in the all Wales Cystic Fibrosis Centre."

For tickets (£45 per person), call Julie or Sarah on 029 2071 5599 or Lorraine on 029 2071 5382; or send an email to lorraine.speight@wales.nhs.uk/lisa.thomas15@wales.nhs.uk

Free courses

GET Back on Track courses are being offered by the Vale Council adult and community learning department and are free to those eligible.

For full details, contact Palmerston centre on 01446 733762, or www.gbotfree.org.

Follow us on Twitter - find us @gem_news

Council's knife-edge vote on car parking charges

A PLAID Cymru motion to scrap town centre car park charges was defeated by just one vote, as the Labour-led Vale Council voted 23 votes to 22 to hold a review of the proposals.

More than a third of councillors spoke during the hour-long debate. For Plaid, Coun Ian Johnson said:

"The Vale Council can carry out a review if they like, based on their transport policy, but the reason for opposition is that these car park charging plans will hinder the economic development and regeneration of Barry."

Macmillan coffee

ON September 25, Donna Surridge, who is a lunchtime supervisor at Ysgol Gymraeg Sant Baruc, held a Macmillan coffee afternoon at the Barry school, in order to raise funds for the charity.

With the help of both parents and pupils at the school, Donna was successful in raising £500. Thank you for the support of all members of the school community and special thanks to the school choir for entertaining the parents while their purchased lots of cakes!

Celtic warriors!

LAST Tuesday, pupils from year-4 Ysgol Gymraeg Sant Baruc visited St Fagan's museum.

They studied Bryn Eryr, the new Celtic homestead, and pretended to be javelin-throwing Celts!

Everybody had a great day and learned many new facts.

Ymweliad y Meithrin i Gefn Mabli/Nursery Trip to Cefn Mabli

AR ddydd Gwener, Medi'r 25ain fe aeth y dosbarth Meithrin i Fferm Cefn Mabli, yng Nghaerdydd. Roedd hi'n ddiwrnod ardderchog gyda phawb yn mwynhau eu hunain yn fawr iawn.

Roedd yr haul yn gwenu ac roedd y plant wrth eu boddau yn bwydo'r anifeiliaid, marchogaeth ceffylau a chwarae yn y parc a'r ardal chwarae meddal. Diolch i bawb a ddaeth.

On Friday, September 25, the nursery class visited Cefn Mably Farm in Cardiff.

It was a lovely day and everyone enjoyed themselves. The sun was shining and all the children had fun feeding the animals, horse riding and playing in the park and soft play area.

Thank you to everyone who came. *Diolch yn fawr.*

St Cyres raises over £520 for Macmillan nurses

The scene at St Cyres' Macmillan coffee morning.

ON Friday, September 25, St Cyres school held a Macmillan coffee morning to raise funds for the charity.

The scent of pastries, sponges and biscuits wafted through the lower floor of St Cyres, with one ordinary classroom transformed into a realm of sweet delights!

At 9.45am, the floor began to shake as hungry staff hurried towards the sugary delicacies. Some stopped for a chat, a cuppa and cake, while others boxed up brownies to take home, or back to their classrooms for later feasting!

Coins and notes were readily dropped into the collection tins.

Prizes were raffled and 'guess the number of spots on the cake' quizzes were arranged for staff and pupils.

At the end of a hectic school day, crumbs and empty cup-cake cases were evidence of the abundance of cakes that had adorned one average classroom that Friday morning, as well as the whopping £520 that had been raised to help the mighty work of Macmillan.

Many thanks to the following for their support and kind donations: Asda, Cardiff Bay; Barry Gate Indian restaurant; the staff of Shaws, Penarth; Roberts James, Poundstrechers; Windsor Gifts; Umpa Lumpa; Polka Dot Door; Rachel Spragg and Beryl Rosser. ***SB***

Farmers enjoy the sunshine in Torbay

MEMBERS of the Glamorgan Farmers' Golf Society recently enjoyed three days in the Torbay area, which is renowned for its sunshine and, thankfully it was again was in plentiful supply.

Playing for the David Evans (Agriculture) Ltd Trophy over 54 holes on three very different courses proved a tough challenge for the 30 competitors, including one Englishman, Chris Watson; they set off early last Thursday morning full of optimism.

A traditional English breakfast served on arrival at the very welcoming Dainton Park Golf Club just outside Newton Abbot set the scene for the first day's competition, which Keith James won with 36 stableford points.

His travelling companion, Julian Golunski, finished runner-up with 33 points followed into third place by David Williams, also with 33 points with society president Geraint Davies winning the longest drive competition.

Julian continued his good start to the week when winning the second day's competition at Torquay Golf Club when returning with a winning score of 35 points.

Bryan Owen finished runner-up with 34 points and society captain Brian Jones was third with 31 points with Keith Gibson claiming the longest drive prize.

Unfortunately, a visit to the renowned Cary Arms beachside restaurant in Babbacombe later that evening for a superb meal seemed to have an effect on a few of the leaders, with many failing to make any further impact on the final day.

A morning spent basking in the sunshine at Brixham harbour prior to starting the competition at nearby Churston Golf Club seemed unreal given that the month of October had arrived, yet the opportunity for a late suntan was not to be turned down.

Traditionally, the order of play on the final day has the leading four players playing together in the final group which, as on many occasions in the past, proved too much for those involved.

Keith Davies and Bryan Owen and a few others all failed to cope with the pressure of the occasion and rapidly disappeared from the leaderboard, leaving those challenging from behind to make a late charge.

Disciplined behaviour over the duration of the tour by Coun Ray Thomas was rewarded when he finished in first place on the final day when scoring a very impressive 38 points to shoot up the leaderboard. Runner-up with 34 points was Chris Watson, followed by Tony McCarthy with 31 points; councillor Ray Thomas hit the longest drive on the selected hole.

The final result of the tournament was delayed until after the members had cheered Australia to victory over England in the Rugby World Cup and it seemed ironic that the only Englishman on tour, Chris Watson, having spent the preceding 80 minutes suffering in silence, should be announced the winner with 91 points.

Runner-up with 90 points was Coun Ray Thomas followed in third place by Julian Golunski with 89 and David Williams in fourth place with 88.

TMcC

ABOVE (left to right): Julian Golunski, Ray Thomas, society captain Brian Jones, winner Chris Watson with David Williams.

CO-OPERATIVE EFFORT FOR TOWN RUGBY CLUB!

THE Co-operative food store in Cowbridge has handed over a pack of rugby balls to Cowbridge Rugby Club to help to encourage more young people to get involved in sport.

The Co-op has teamed up with the club to provide the rugby balls, as part of its commitment to 'converting' more young to people to lead a healthy and more active lifestyle in their community.

Jo Cairns, community champion at the store, said: "As a community retailer we are committed to encouraging young people to lead healthier, more active lifestyles locally. We are pleased to have been able to support Cowbridge Rugby Club and the work it does in the community to create enthusiasm and interest in sport."

Goal-rush in league for Penarth Hockey Club

AFTER a 13-1 win to open the season, Penarth Hockey Club continued to bang in the goals in week two of the GoCrea8 Hockey League, with the Second XI joining the Firsts in high-scoring action.

LLANISHEN & CAERPHILLY 'A' 1
PENARTH 'A' 4

While the first XI continued its strong start to the season with a 6-4 away win over Lansdown in Gloucestershire, the second XI opened its 2015-16 league campaign against familiar opposition by travelling to Hawthorn to take on the stronger of two Llanishen & Caerphilly teams in De Cymru 2.

Wary of the threat posed by opponents who began their league fixtures with a 6-2 win the previous weekend, Penarth began cagily but gradually began to assert control via a measured passing game that flowed from back to front.

With Tom Parkinson providing overlap support from right half and combining with Sam Chick and Dave Watkins, the visitors took advantage of an out-of-sorts Llan & Caer side to keep the play in their opponent's half, and were eventually rewarded when Dave Kidby found space to slot home at the far post.

Although the home side tried to respond, Penarth's new-look backline held firm, with goalkeeper Adam Putt having comparatively little to do as Nathan Townsend and James Davies bottled up the oncoming forwards.

Frustrated by their lack of penetration, Llan & Caer continued to come under pressure at the back, with Penarth captain Matt Birch doubling the visitors' lead in similar fashion to Kidby as he converted a Watkins cross to make it 2-0.

Two goals to the good at the break, Penarth had to guard against complacency, but started the second period strongly, again keeping the majority of possession and pressure in the Llan & Caer half before a penalty area melee rewarded the industrious Watkins with the third goal of the game.

With youngster Sam Salisbury making the most of his time on the pitch, Penarth were able to keep control of the game, with Mark Robinson controlling the midfield and finding outlets on the flank through Chick and Will Romain.

Chick twice came close to adding to the lead as Davies fired long balls into the D from left half, but it was left to Craig Llewellyn to complete the visitors' scoring via a deflected penalty corner with 10 minutes remaining.

Determined not to go without leaving a mark, however, Llan & Caer pressed forward with greater effect in the closing minutes, eventually capitalising on Penarth's high defensive line by picking up a consolation goal on the break with just seconds left on the clock.

While the 4-1 victory wasn't enough to take Penarth to the top of the table, the Vale side line-up in a share of second spot on goal difference, only trailing teams with two games under their belts.

Goalscorers: Dave Kidby, Matt Birch, Dave Watkins, Craig Llewellyn.

This weekend, Penarth finally brings league action back to Stanwell school, with both the first and second XIs in action at the club's new home venue.

The senior side entertain fifth-placed Swansea City, while the 2nds follow on against Whitchurch D, the side with which they share second spot in their division.

Anyone interested in joining the club at senior or youth level can contact either player-coach Ben Croxall (b_croxall20@yahoo.co.uk) or club secretary Dave Stevens (d_stevens81@hotmail.co.uk) for further information.

CL

Cowbridge under-10s face two opponents

FOLLOWING the recent tournament successes of Cowbridge under-10s, it was back to regular weekly fixtures.

This week we had both Whitchurch and Pentyrch visiting us. We split our quad into two teams so both would play both visiting teams.

Team one was first up against Whitchurch, who started strongly scoring the first try against us.

We hit back straight away with Joe Funtek bursting through a tackle to cross the line. We retained the momentum and after concerted pressure, George Tuckley crossed again after a weaving run making the final score 2-1 to Cowbridge.

Team two then played Pentyrch and again the visitors opened the scoring, but then it was all Cowbridge, with tries from Osian Bruce in the corner, Ned Rees, following a great run by Henry Davies, and a second for in-form Ned with a great run, breaking through numerous tackles. Final score 3-1 to Cowbridge.

Team two then played their half against Whitchurch with Sam Sheppard driving over the line following great work by Ned.

Joe Davies then doubled the score with a fantastic run from our own half.

The third was scored following a great run by Will Brennan who came up just short of the line and offloaded superbly to Josh Canning to score.

Whitchurch then hit back with two quick tries of their own before the final whistle. Final score 3-2 to Cowbridge, making the combined score against Whitchurch 5-3.

Team one were last up to play their half against Pentyrch. This was a much closer game with both sides giving it their all.

After a try from the visitors, Harry New scored in the final play of the day making it 1-1, and 4-2 as the combined score against Pentyrch.

AL

Competitors revel in Margam Mini burn

THE Mini Burn returned to Margam Park bigger and better than ever last Saturday – even the autumn weather was good to us!

Nearly 50 teams crossed the line, with some travelling as far as Gloucester and even Dorset!

The youngest contestants were just seven years old, and there were a lot of them! It just goes to show that anyone can give the Mini Burn challenge a go.

A total of 22 competitors of all ages from Cowbridge entered this year's Mini Burn. When asked what he thought about the event, Bryan Marshall (38), commented: "The boys and I had a great day! This is our second Mini Burn, we can't wait for next year."

This year, we introduced slacklining to the orienteering phase to test the skill and balance of our Mini Burners, and just as we expected, they didn't fail to impress!

The climbing wall made an appearance once again, and although some of our younger contestants were a bit scared at the prospect of having to scale so high in the air, not one of them backed down.

"It's a fantastic way of introducing young children to outdoor pursuits," Rich Wherlock, from Bristol, commented, with both him and seven year old Freddie crossing the line in just over two hours.

"We're happy to report that once again there were no crashes on the kayaking! We're always amazed at how quickly children pick up on these things, and watching some who had never done anything on the water have the time of their lives was so rewarding for us here at Burn Series."A Mini Burn record was broken on Saturday with the fastest team of the day, team Besam, completing the course in just one hour and 10 minutes! The most popular category once again were the Family Pairs (one under 10 years old and one adult).

"It was the best day ever!" Caian (9), from Llanelli, told his dad Osian on the way home.

They're definitely coming back to the next event. Will you be joining us?

DANNI PAGE

Reds hit Cogan for six!

COWBRIDGE Town Reds under-12s hosted Cogan in their latest league game, on a misty autumn day and on a pitch which was looking rather sorry for itself following heavy use.

There was a chill in the air which the spectators hoped would soon be warmed by the action on the pitch.

Cogan kicked off, but Cowbridge were soon on the attack with Craig Tapsfield opening the scoring for the Reds inside the first five minutes. Shortly afterwards, captain for the day, Finlay Ball, set up Ruben Davies for his first goal following a well-worked move which gave the keeper no chance.

The remainder of the half saw play switch from end to end, leading to a number of chances and near misses for both sides. The crowd was entertained by skilful football from both teams despite the difficult surface. The referee blew for half-time with the Reds leading 2-0.

The Reds started the second half by extending their lead with Steffan Evans finishing off another well-worked move by the team. Akka Guwy got the team's fourth as he controlled the ball with his head before blasting a left-footed volley into the top corner from a narrow angle.

Sustained pressure from the Reds led to a number of chances being created, some of which were squandered and others well saved by the Cogan 'keeper. Eventually a corner from Akka was met, following a well-timed run, by Finlay who finished coolly.

Ruben completed the scoring, following more ball-winning work from Harry Treharne in midfield, this time playing the ball through the keeper's legs, making the final score 6-0 to the Reds.

Given the pitch conditions, both teams deserve credit for playing some very good football which entertained both sets of supporters.

Squad: Finlay Ball, Ben Cooke, Tom Collingridge, Ruben Davies, Steffan Evans, Akka Guwy, Rhys Hardman, Aaron Holcombe, Aron Kempson, Tom McCarthy, Benji Mulcahy, Ifor Rees, Jac Roberts, Craig Tapsfield, Harry Treharne, Edward Thomas.

Legends take on the Highlanders!

The Llantwit Legends and the Denver Highlanders.

On a lovely October day, Llantwit Major welcomed the Denver Highlanders from Colorado, USA to the 'Rec'.

A good crowd had gathered to watch this fixture and the sun shone for the game. For a fixture played by players mainly in their late 40s and early 50s for the Llantwit team, and one player who was in his 70s for the American visitors, it was, to their credit, played to a high standard of rugby.

The match started with Llantwit playing down the slope and Les Dixon, the Legends' captain, was leading the charge. At the first set piece, it was the Llantwit pack who exercised their power over the Denver Highlanders pack with a great drive; this was a terrific start by the Welsh forwards who kept this going for the whole of the game at scrum and lineout time.

Smart rugby by both sides with forward dominance by the Legends at set piece and canny breaks with surprising speed and support from the Highlanders were the main things that stood out in this game.

One shock for Llantwit was the number of players the Denver squad had (34 in total) when it came to substitutions; it was something reminiscent of an American football game with changes for offence and defence.

Under the onslaught of continuous changes by the Highlanders, the fitness of the Legends team was starting to falter but they hung on for a great win (just!).

Referee Ian Buckland must be given a lot of credit to allow the flow of rugby throughout the match. In what was a close game the Legends won 36-31.

The fixture was well received by supporters of both sides and a tribute to veteran's rugby.

So many players played well that it is difficult not to leave anyone out, so well done to all who played in this fixture.

In their speeches, John Davies and Will Norman thanked all players for their efforts representing the Llantwit Legends and were extremely proud of every one of them.

Thanks to Roger as linesman, Jamie Jenkins as first aid and bagman Mark.

All our appreciation went to the American visitors for their friendship, spirit and enthusiasm in what was a great game of rugby football.

Celebrations in the clubhouse continued with man of match presentations by Llantwit Major RFC president Jeff Evans to Simon Hill and Ron Clayfield for Llantwit Legends, and Chris and Mr Wormer for the Denver Highlanders.

Great food and beer were provided by Mazz, Neil and the management committee. Our gratitude to sponsor Richard John (Builders) for providing a commemorative Dragon that was presented to the Denver Highlanders team.

Trey, organiser of the Denver Highlanders team, responded with his gratitude and gave Llantwit similar momentoes and said at the end of the day there was only one winner - rugby.

Everyone stayed to watch the first XV and then the Rugby World Cup match between England and Australia

After this game the Highlanders were cheered onto their coach to depart from the club and we wished them all a safe journey back to the USA.

Many friends were made, by a great bunch of people, in what was a memorable day for the Llantwit Major Rugby Club and Denver Highlanders - we look forward to seeing them in the future. **WN**

ABOVE: Action from the scrum, and BELOW: Reflecting on a hard-fought contest.

An ace – and a course record at St Athan GC

Steve Higgins.

Kieron Harman.

GOLFER Steve Higgins is now a member of the 'Hole-In-One' club after scoring his ace with a 4 iron on the 176-yard 16th hole at St Athan Golf Club.

His playing partners, Pete Morgan and Eric Hallet, together with all of the other September monthly medal competitors, readily accepted the obligatory free drink from Steve before turning their attention to the main star of the day, Kieron Harman.

Kieron broke St Athan's course record in September 2013 when he shot a gross 67 on the 6,554 yard parkland course and he had aspired ever since to outdo that performance.

Now, playing off +2, his mission has been accomplished. A scorecard returned showing 33 gross for both the front and back nine – a remarkable seven birdies, 10 pars and one bogey.

The 'target' figure has now been set and St Athan Golf Club members will warmly welcome any golfers wishing to join the club and take up the challenge of amending the record once again.

For information on membership, contact club manageress, Anita, on 01446 751043. **CM**

ON AND OFF THE TURF with Brian Lee...

THIS weekend, October 10/11, Chepstow Racecourse are staging a first ever two-day festival and over the two days there will be £250,000 prize money on offer.

On Super Saturday the £50,000 Totepool Silver Trophy Handicap Hurdle will be the principal race of the day while on Family Sunday the £30,000 Totepool Persian War Novices' Hurdle will be the main event.

Persian War, trained by the late Colin Davies at Chepstow, won three Cheltenham Champion Hurdles in 1968, 1969 and 1970, as well as a Triumph Hurdle and a Welsh Champion Hurdle at Chepstow in 1969.

Meanwhile, at the recent Chepstow meeting, Debra Hamer who hails from the Vale but who now trains at Carmarthen, saw her five-year-oldbrown geldingToBeFair land the Paul's Place Handicap Hurdle when scoring by a length from Ballyknock Lad.

Well ridden by Trevor Whelan, ToBeFair was winning for the third time in a row and Debra's husband Paul Hamer, a former Welsh champion point-to-point rider who comes from Coychurch, said: "We only had the horse in May from west Wales' Lucy Jones and he is owned by a syndicate of 16 people."

The opening Paul's Place Maiden Hurdle Race was won by Potters Corner, who is trained by Paul Morgan, who also has connections with the Vale but who now trains at Port Talbot.

Potters Corner, a five-year-old bay gelding, scored by two-and-a-quarter lengths from the fancied Tried And Tested.

Llancarfan's Evan Williams' dual hurdles winner BattleCat might well have finished a lot closer to eventual winner My Nosy Rosy in the Paul's Place Handicap Steeplechase but for a mistake during the race.

However, the eight-year-old bay gelding had to settle for third place behind 13-year-old Maizy Missile which is trained by Evan's mother Mrs Mary Evans at Haverfordwest.

Bargoed's Bernard Llewellyn saddled two of the five runners in the Paul's Place Selling Hurdle and they finished first and second.

Fuzzy Logic, a six-year-old bay gelding ridden by Bernard's grandson Robert Williams, came home six lengths ahead of Tijori, a seven-year-old bay gelding which was ridden by Robert's brother Jordan Williams.

Winning Grand National trainer Nigel Twiston-Davies, who comes from Crickhowell and who trains at Cheltenham, took the Paul's Place Novices' Handicap Steeplechase with the top weighted Ballycan which beat another Cheltenham-trained horse Derrintogher Bliss, trained by Kim Bailey.

The Paul's Place Standard National Hunt Flat Race for conditional jockeys and amateur riders went to Fact Of The Matter who was ridden by Haverfordwest's Sean Bowen, son of leading Welsh trainer Peter Bowen, and who will now be joining the paid ranks.

BRIAN LEE

Llantwit Major junior rugby round-up

SUNDAY saw Llantwit Major under-10s travel to Pencoed for an away fixture.

An excellent turn out of players saw Tom Jones, Luca Howles, Thomas George, Braydan Griffiths, Joshua Campbell, Flynn Barry, Kian Barnett, Dylan Brown, Carwyn John, Lewys Ingram, Dafydd Morgan, Corey Cox, Marcus Hanmer, Thomas Lamerton, Brandon Harris, Rhys Hoggarth, Tom Hamlett, Kelyn Joseph, and Owen Richards available.

The coaches decided before the match they would play two 15 minutes halves so all players got equal game time. The first team to play were Tom J, Luca, Thomas G, Braydan, Joshua, Flynn, Kian, Dylan, Carwyn and Lewys.

The boys played some good rugby - they were passing the ball between players and getting stuck in with the tackles. There was some good running as well as rucking, taking the score to Llantwit 0 Pencoed 1 at half-time.

The team for the second half were Dafydd, Corey, Marcus, Thomas L, Brandon, Rhys, Tom H, Kelyn, Owen and Carwyn.

The boys played some good rugby with some great defence and rucking; they used their rugby skills to play a good game. Final score was Llantwit 1, Pencoed 4, try scored by Brandon.

Flynn injured himself during this match resulting in a trip to A&E - he chipped two bones and is now in a cast. The team manager and all the coaches wish you a speedy recovery. Men of the matches were Luca and Owen, well done boys.

MG

Llantwit Major under-8s took the short journey to Pencoed on Sunday morning with Pencoed and Llantwit both fielding two teams.

The first game involving the Llantwit Blacks was a great opening match with good tagging by both teams achieving back to back turnovers.

Llantwit were showing some good passing skills but unfortunately too many dropped passes resulted in Pencoed scoring from a number of mistakes.

There were some lovely tries from both sides and Llantwit benefited from scores by Bleddyn Mitchem, Theo Elsenberg, Dylan Godsell and Evan Boult; Pencoed, though, outscored Llantwit 10-4.

The second game again saw excellent organisation and a willingness to move the ball around. Pencoed again showed they had the pace in their team to punish any Llantwit mistakes and again were too strong for the Llantwit team.

Scores from Bleddyn Mitchem and Theo Elsenberg kept Llantwit in the hunt but eventually Pencoed ran out 10-2 winners.

A great morning's rugby and it is great to see the hard work that the Llantwit players are putting in at the weekly training sessions is starting to appear on match days - well done.

Overall score Pencoed 20, Llantwit Major 6.

SW

TALENTED LOCAL ICE HOCKEY STAR BAYLEY SEEKS SPONSORSHIP

BAYLEY started to play ice hockey when he was just seven years old and now at the age of 12 has been playing for five years.

Bayley plays for the Cardiff Devils. During his playing career he has been selected for the South West region under-11 and 13 for the last four years and this month, after going through many trials, he has not only been selected for the England squad but has also been placed in the first team to compete in 'Quest for Quebec' in Canada. Bayley's achievements in his short career have been quite overwhelming – he has shown dedication, passion and a will to succeed.

Bayley has achieved over a 100 goals in the under-12s and has remained in the top five scorers in the UK for the last four years with the under-12s and is now asked to play up in the under-15s on a regular basis.

Last year, he won the title of most valuable player, and for the past three years has won the 'All Stars' shirt in the South West Region for under-11.

During his career, his coaches have found Bayley not only determined but also willing to learn and train hard, digesting everything that the coaches tell him. He has not only proved to be a prolific goalscorer but also a major playmaker within the team.

For a young age Bayley also demonstrates excellent motivational skills with his team mates.

In addition to his hockey career Bayley also plays football for both his school and Dinas Wolves under-12s and again, with both these teams, Bayley has proved to be a goalscorer and excellent midfield playmaker.

All this is critical to his hockey development as it helps keep Bayley at peak fitness for his age and also assists in his development as a team player – both necessary for his continual international hockey career.

Bayley's ambition is to make it into the NHL one day and while this may be his dream, his inclusion into the national England team has proved that, with a lot of hard work and coaching, he certainly has the basic groundwork behind him to achieve his goals.

His coaches have said that Bayley has the ability to become one of the best players in this country, and just maybe he will make the NHL.

He not only plays regularly for Cardiff Devils and the south west regional side all over the country, but he also attends regular training and coaching sessions with the England squad in Sheffield and Slough.

In addition, Bayley also has off-ice training with Max Birbriar, who is a professional ice hockey player, and he has identified Bayley's talent and is willing to work with him. Max has also

sent video footage to the NHL in Canada, who are now watching Bayley's progress with great interest.

We are looking for people to sponsor Bayley for this coming season to help finance his continuing quest to become a professional ice hockey player. As with any young sportsman who demonstrates the abilities to achieve the top level of their chosen sport, hard work, training and dedication is not enough.

They also require financial assistance to continue their progress as travel, accommodation and equipment become more expensive, as Bayley is away most weekends.

Should you decide to sponsor Bayley this season, your logo will be placed on his kit bag; we will also supply you with constant updates on his results and progress, together with photographs for your PR and marketing.

In addition to this, we will also supply copies of all media write-ups and videos; Bayley would also be available for any photo opportunities should you require

We would also like to invite you to come along at any time to see him play.

Please contact Craig and Dina Harewood on 07811 165979 (Craig) or 07815 804246 (Dina),email: craigharewood7@gmail.com. Team England under-13 manager: Rory Gavin 46 Chiltern Road, Maidenhead, Berks SL6 1XA 07540 836633 englandu13@eiha.co.uk

Barry Chess Club round-up

THIS week there were two matches for the Barry Chess Club.

Our Division 4 team made the journey to the eastern side of Cardiff to play the Leptons; meanwhile our two Division 1 sides were to play one another.

The Bosons and the Camelots are both captained by our very own member of the Scottish gentry and landowner who recently received a Lairdship of somewhere, Ken Hannah.

This match gives the captain a difficult decision as to who to select for both teams. A wrong decision now could end up with the Bosons' title challenge failing or the Camelots losing their relegation battle.

In the end a strong team was chosen to represent the Bosons with the 'best of the rest' chosen as lambs to the slaughter. The only aim for the Camelots was not to suffer a whitewash.

The first game ended relatively early with a draw so the Camelots had maintained their record already. As the other results came in there were wins for the Bosons on boards 1, 2, and 3.

The final match between Dave Parsons and Martin Ricketts was progressing slowly. Somehow Martin had managed to keep his position solid.

Dave struggled to find a way through so eventually tried a combination attack, giving up his queen and both rooks for a queen, rook and both knights.

Still Dave couldn't find a way past Martin and with time dwindling away for both players offered a draw.

Some of the onlookers suggested Martin had an attack that would allow him to queen a pawn, to which Martin replied that he did not have enough time to plan that far ahead.

So the match ended with a 4-1 win for the Bosons. This maintained their position at the top of the league although only the alphabet separates the Barry side from the Bridgend Central and Caerphilly teams, who also recorded victories by the same margin; the Camelots remain in eighth place.

It was pleasing to note that with 15 players involved in both league matches, there were still a further six players playing friendlies and watching the proceedings.

The Gambits' match against the Leptons ended with a 4-1 victory for the Barry side. The only incident appears to have happened in our only losing game.

It seems that Stephen Bonutto had his opponent in check but instead of making a move out of check, his opponent captured a piece while remaining in check.

The illegal move wasn't spotted until after the match had finished so there was no means of earning reparation for the oversight; still I am sure as a team we would have accepted a win by such a margin at the beginning of the night.

The Barry Chess Club meets at 7.30pm each Monday at the West End Club. St. Nicholas Road, Barry CF62 6QY.

The club is open to players of all standards; whether you are interested in playing competitive chess or just the occasional friendly games.

New players are very welcome to just turn up on the night but if you contact one of the club members through the website we can explain what is happening on the night you have in mind, and arrange for someone to greet you on your arrival.

For more details visit our website at http://barrychessclub.yolasite.com.

PHIL JONES

Chris lands Grasscutter!

The Grasscutters Cup commemorates Brynhill Golf Club's oldest continuing member, longest serving member, nonagenarian, and former greenkeeper, Mr. Fred Clissett. Fred was unfortunately unable to attend on the day, to present his trophy to winner Chris Phillips, otherwise known as 'Sarge'; so Ron Holland, last year's winner, presented the cup for him. Chris achieved a terrific score of nett 68.

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Tristan Greedy would like to inform all of his customers that due to business expansion they have moved from the Heritage Business Park, Wick Rd, Llantwit Major to their new premises (next door to the Post Office sorting office), Llandow, Vale Business Park - and it's business as normal.

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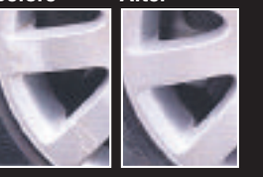

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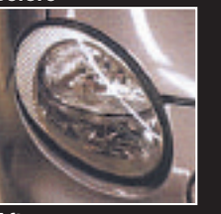

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DOUBLE TRIUMPH FOR COTTRELL PARK SENIORS!

64 four teams from all over south Wales entered this year's South Wales Seniors Classic, a knockout competition being held for the 12th time in aid of the South Wales Air Ambulance Service.

Cottrell Park seniors team.

The South Wales Seniors Classic (SWSC) was established in 2004 with Max Boyce as its president and has raised £66,000 for the charity with a cheque for £7,000 being handed over at the finals presentation dinner held recently at The Grove Golf Club.

Earlier in the day the Cottrell Park team of Jon Owen & Edwin Yhap, George Duncanson & Alan Gregson and Eric Fortt & Steve Charlton defeated Haverfordwest 'B' two matches to one in the Bowl Competition final, sweet revenge since Haverfordwest 'A' had beaten Cottrell 2-1 on their course in the preliminary round of the competition after which the 32 winners contest the SWSC Cup and the 32 losers the SWSC Bowl.

The Cottrell Park squad, which also included Ben Davies, Bruce Rankine, Gareth Gambling, Ray Reakes and Steve Cross (all of whom played at some point in the lead up to the final), beat in round one Alice Springs 'B', in round two Pontypridd 'A', in the quarter-final Alice Springs 'B' and in the semi-final Llanishen 'B.

Incidentally, Llanishen 'A' made it a Cardiff double when they defeated GlynHir to take the SWSC Cup final.

THE WOODLAKE PARK CHALLENGE

Some years ago Woodlake Park Golf Club Seniors Society thought it would round off the season nicely if they brought together all the teams on their social match fixture list and thus was established 'The Challenge'.

The nine teams, each with eight players, were Cottrell Park, Woodlake Park, Wenvoe Castle, Alice Springs, Morlais Castle, Raglan Parc, The Herefordshire, Forest of Dean and South Herefordshire, who play individual stableford with the best six scores in each team to count.

The event was hosted this year by Alice Springs, not an easy course, and on the day the course won!

Of the 72 cards posted only seven were 30 points or better and three of those were Cottrell Park - Steve Cross 30, David Stephenson 32 and Gregor Munro 33.

With a team total of 175 the trophy was won by Cottrell Park, with David Stephenson taking third place and Gregor Munro declared the winner after countback; other Cottrell Park team members included Bill Aspinall, Ben Davies, Les Fair, John Lloyd and Chris Stanlake.

GOS

Impressive performances from Barry Athletic teams

BARRY ATHLETIC 5, SP CONSTRUCTION 0

The first team were playing their first game at the Athletic Ground this season and hoping to keep the good recent league form going, which had seen three wins from the last four games.

New signing Jake Oaten went straight into the team and made his intentions clear after only 45 seconds when a long ball was expertly flicked on by T.Caton, allowing Oaten to calmly flick the ball over the oncoming defender's head then over the keeper to make it 1-0.

It was 2-0 not long after when great pressing work from Leach in midfield pushed the defender into a mistake with T.Caton making no mistake from 20 yards, placing the ball into the bottom corner.

Either side of the Athletic goals, Davies in the home goal was called upon twice making superb one on one saves from the SP striker. The score at half-time was 2-0 to the Athletic.

The Athletic, playing their free flowing attacking football at every opportunity, took the game to the away side twice, coming close in the opening 15 minutes of the second half.

N.Gratton was then called upon defensively, making a fantastic clearance off the line to keep the score at 2-0.

He went from hero at one end to hero at the other, his 25 yard free kick fizzing into the top corner!

The changes were then made with Stradling, B.Jones and L.Jones coming off the bench and it was Stradling who bagged the fourth goal following up from good play by T.Caton and J.Oaten down the right.

The scoring was completed by T.Caton, delightfully finishing from 20 yards first time into the bottom corner past the stranded keeper.

Our thanks go to SP for a highly competitive and fair game and wish them all the best for the season.

Division 2 - Cadoxton Imps 2, Barry Athletic 2

This top of the table clash lived up to expectations and delivered end to end entertainment for the crowd at the Butts Field.

The Imps started the brightest - they turned up to play football and showed they were second in the table for a reason.

The Athletic players struggled to get involved in the game and it was Imps who took the lead on 20 minutes.

A defensive mix up was the cause for another Imps goal a short while later seeing the Athletic going in at half-time 2-0 down.

Athletic manager, Jeff Howells, kept his team calm at the break and reassured them that their time would come.

The Athletic came back onto the pitch like a different team.

With mounting pressure on the Imps defence, Danny Morgan met a cross with a stunning volley that nestled into the top corner and the Athletic were back in the game.

With Jordan Williams now winning the midfield battle, the Athletic were soon level after the referee awarded a penalty for a push in the back from an Imps defender.

Ben Pearce calmly stroked the ball home to make it 2-2.

With Billy Gratton now causing chaos amongst the tired Imps defence, he was unlucky not to get a winner after a fine save from the Imps keeper.

This coming Saturday the Athletic Ground hosts a local derby with neighbours Island Marine.

The clubhouse will be showing the Wales rugby game at 4.45pm, all welcome.

DG

MARINER IMPRESS IN WIN

FOLLOWING two previous victories, the Master Mariner went into this tough clash against Penarth Town full of confidence.

After a nervous first 15 minutes the Mariner took control of the game, with some quality football being played on both sides.

Chances were few and far between, which saw both teams tied 0-0 at half-time.

A formation change at half-time saw the Mariner come out with a more attacking formation, playing most of the football in the Penarth half.

Shane Campbell stood out in the midfield alongside Rob Ceriani, Liam Middleton and Mitchel Dite; and a solid defensive performance from Mark Kingdon, Graham Sumsion, Sam Lewis and Scott Thomas enabled forwards Jordan Yeoman and Brett Humphreys to run the Penarth defence ragged, resulting in an early second half goal from Yeoman.

With 20 minutes to go Dite was substituted for Lloyd Adams to enable Mariner to push for a last minute attack, ending in a second goal for Yeoman.

It took man of the match goalkeeper Dave Stringer to pull off a number of fantastic saves throughout the game, enabling the Mariner to keep their first clean sheet of the season.

The club would like to thank all the loyal supporters for their support every week, First Choice Commissioning for sponsoring the kit and team balls and Trevor of the Master Mariner for providing the after game refreshments.

Master Mariner: Dave Stringer, Scott Thomas, Graham Sumsion ©, Sam Lewis, Mark Kingdon, Liam Middleton, Shane Cambell, Rob Ceriani, Mitchel Dite, Brett Humphreys, Jordan Yeoman, Lloyd Adams, Barrie Stait, Scott Nielson, Jake Whindle, Jamie Everitt.

AW

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Frustration as Athletic lose game they should have won

Beddau the victors as Ath lack composure..

BRIDGEND ATHLETIC players, coaches and supporters left the Bridgend Ford Brewery Field very frustrated that the Athletic contrived to lose a game in which they had numerous scoring chances and dominated with 65 per cent possession and territory.

Beddau were more clinical on the day in taking their chances and were well organised in defence, which gave them a 19-12 victory.

The tone was set in the first few minutes when full back Lewis Evans penalty was just the wrong side of the upright. The normally reliable kicker also missed two further chances in the opening quarter.

Beddau made the Athletic pay. For the first time, in the 10th minute, they broke out of their own half with their speedy back division creating an overlap for centre Bradley Coombes to race 60 yards.

He was held just short of the try line – but the Athletic conceded a penalty in halting him. Beddau captain No 8 Glenn Slater took a quick tap penalty and crashed over near the posts for a try converted by outside half Sam Withers.

The Athletic pack continued to control possession with the front row of Matt Muir, Nathan Holman and Wayne Fookes pushing their opponents back in the scrums, the back five of Tom Penry-Ellis, Darren Deguerra, Ben Howe, Stuart Edbrooke and captain Sean Williams lively in the set pieces and loose.

However the backline were much more pedestrian in their movement than the well-organised Beddau back division - predictable play, prone to throw the miracle pass with numerous handling errors.

This was borne out when centre Bradley Cooper intercepted an attacking move just outside his 22 and raced the length of the field for a try under the posts converted by Withers. This was only the second time Beddau had crossed the halfway line. This encouraged Beddau and they came more into the game as the half progressed and went in at half-time 14-0 ahead.

The game was more evenly fought in the second half. Captain Sean Williams unfortunately held the ball a little too long and was forced into touch just as he threw an inside scoring pass.

Beddau showed the Athletic how to finish. A quick bout of passing along the back division saw centre Lewis Egal gallop over in the corner to extend the lead to 19-0.

The Athletic responded when following a series of drives by the forwards close to the Beddau line the ball was passed out to outside half Jonathan Phillips who glided through a gap to cross under the posts; Evans converted.

The Athletic brought on centre Tom Morgan as a replacement for Chris Price and Jonathon Stoker replacing Darren Deguerra.

Morgan along with Phillips and wings Lyndsey MaCausland and Aled Thomas were making their first Athletic starts of the season, which in some way may have accounted for the lack of cohesion in the back division.

The Athletic continued to pound away at the Beddau line and a break from scrum half Jake Williams saw centre Ryan Owen in support to cross wide out and reduce the deficit to 19-12.

Another Phillips break should have resulted in another try but the scoring pass was dropped. Beddau saw a prop yellow carded which led to passive scrums, further frustrating the Athletic pack.

The Athletic's day was highlighted in the closing minutes when a three to one overlap saw the overlap pass bounce off the receiver's head. Work is needed on composure to finish chances before this weekend's long trip to north Wales to take on RGC1404.

The following Saturday, October 17, sees the Athletic return to the Bridgend Ford Brewery Field to take on Cardiff Metropolitan.

The club are pleased with the performances of try scoring Scott Baldwin and the elusive Matthew Morgan in Wales' victory over Fiji, which as it turned out was enough to see them into the quarter-finals of the Rugby World Cup.

BRIDGEND ATHLETIC SECOND XV 12, LLANHARAN SECOND XV 14

A young Athletic second XV provided a lacklustre performance against their Llanharan counterparts, going down by 14 points to 12.

The result could have been different if, as with the first XV, many kickable penalties hadn't been missed.

The team will have to learn discipline, with too much backchat putting them on the wrong side of the referee.

Geraint Lang and Nick Jons, with an interception on halfway, crossed for the Athletic with Tom Cole adding a conversion. **AB**

ABOVE: Jonathan Phillips and Chris Price pursue the ball, while BELOW: Matt Muir and Nathan Holman engage in some synchronised tackling!
ALL PICTURES BY GLENNSPORTS

Lucky 13 sees the Penybont under-18s back to winning ways

PENYBONT under-18s got back to winning ways with their biggest victory of the season, 13-0, against a Bridgend Town side that did not give up from start to finish.

Penybont dominated the match for its entirety and caused Bridgend Town problems right from the first whistle. The Bridgend Town defence remained resolute for the first 20 minutes or so where they prevented Penybont from scoring on several occasions.

But it was only a matter of time before the Bridgend Town floodgates were opened by a goal from Callum Littlejohns who was on the receiving end of a diligent Matthew Symons pass.

Penybont's lead was quickly doubled to two goals when a Oliver Waagenes pass evaded the Bridgend Town defence to fall to the feet of the in-form Littlejohns who guided the ball into the bottom right hand corner of the goal.

It was now the turn of Matthew Symons to get on the scoresheet by scoring a superb individual goal from the edge of the penalty area, which gave Penybont a 3-0 lead going into half-time.

It was all one-way traffic in the second half, where Penybont secured an emphatic victory by scoring a further 10 goals. The Bridgend Town defence was in disarray as they could not clear their lines and this led to Huw Williams scoring from close range to give Penybont a four goal advantage.

Littlejohns soon completed a 52 minute hat trick by making the most of some mediocre defending by the away team.

There were certainly no prizes for guessing who scored Penybont's sixth goal of the game, as the goals kept coming for Littlejohns and Penybont.

The home side were now in a ruthless vein of goalscoring form and there was no let off for the visitors as Huw Williams smashed home Penybont's seventh.

After having a hand in several Penybont goals, central midfielder Oliver Waagenes dazzled through a static Bridgend Town defence to score his second goal in two matches.

The scoreboard soon increased to nine goals when striker Matthew Symons edged past the last defender to score his second of the game. Double figures were soon achieved for Penybont as a result of Huw Williams completing his hat trick.

Robert Symons became Penybont's fifth scorer of the match by bagging a quick brace of goals including an impressive free kick to extend Penybont's lead to 12, and the 13 goal rout was completed by Rhys Mahoney, who lofted the ball into the top left hand corner of the goal to round off a successful match for Penybont.

Overall, this was a routine victory for Penybont who were rarely troubled defensively and were given the opportunity to run riot in attack. **TOM PROSSER**

Slow start costs Sports under-10s

BRIDGEND Sports under-10s paid the price for a slow start in their first fixture for two weeks, when they travelled to the top of the Llynfi valley to play Nantyffyllon and Taibach at Bryn.

The perfect weather conditions for a running game were unfortunately countered by the narrowness of the pitch but both sides tried hard to find space to run.

It was Nantyffyllon who exploited the conditions to best effect in the first half. They mastered the breakdown to great effect and size told, as they drove a slow to start Sports side off the ball and also pressured them in open play to secure turnover ball throughout the first half.

Any hope of sutained possession was lost for the Sports, as the youngsters also suddenly discovered they could kick and all too often the ball was handed to the powerful Nanty side.

A combination of mistakes and power told as Nantyffyllon ran in six tries without response in the first half, but as the half wore on Bridgend Sports showed great courage to begin a fight back that was to stand them in good stead for the rest of the day.

In the second half the Sports raised the tempo and soon secured a turnover from a breakdown, then worked the ball to Tom Coles who found and made excellent use of space out wide to run in a try from the halfway line.

A second try for the Sports was scored, again from turnover ball; this time it was Callum Lewis who set off on a run from deep within his own half.

He used great skill and pace to beat a number of opponents and then race into score to extend the second half lead to 2-0. Nanty scored next following a spilled pass.

A determined effort by the away side saw Callum Lewis find space and race into score in the middle of the field to extend the lead to 3-1 and the Sports were now putting together some delightful phases of rugby with good angles of running, support and off loading.

Nanty came back to first level the scores and then edge the second half 4-3 as they drove through the middle and relied on raw power to see them home.

A game against Taibach followed and having been stirred by a first game defeat, Bridgend Sports showed great team spirit by taking the game to Taibach from the start.

Several passing movements were put together before Ieaun Pilliner made a break and beat several defending players to register the first score. Taibach hit back immediately as the Sports failed to focus from the restart.

Both sides competed well for the remainder of the half, before Callum Lewis scored to enable the Sports to take a 2 tries to 1 lead into the second half.

The Sports started the final period well, but paid the price for an early turnover at a ruck for Taibach to bring the game scores level.

From the restart, Dylan Morgan set off on a strong run from the halfway line spotted space out wide, broke free and and run in a score to make it 2-1 to the Sports. Both sides competed hard and each time the Sports took the lead Taibach hit back.

Good tackling from the Sports, with Cadan Hayes, Callum Lewis, Cian John, Dylan Morgan, Iestyn John, Ieuan Pilliner, Morgan Edwards, Jodie Keane, Joel Rogers, Tom Coles and Orson Thomas all contributing to the defensive cause, keeping Taibach in check.

This was rewarded when Tom Coles was put into space and again he made good use of it to run in the try with plenty to do. Cian John added a further try when he stepped on the gas to show his opponents a clean pair of heels.

Taibach fought back to first level the second half scores and then snatch a late try to level the overall score at five tries apiece.

Bridgend Sports showed great courage to fight back from a first game when they started poorly. The side continues to develop and attract new players which are blending in well with a team that has great team spirit.

New players are always welcome to join us at training every Wednesday at 6pm at the Bandstand Field, Newbridge Fields. **SP**

Phoenix under-18s win

RIGHT: Caitlin Jones breaks through the tackles, while BELOW: Kayeigh Powell looks to attack. ALL PICTURES BY JULIE HANCOCK

PENCOED Phoenix under-18s won their first league game 24-0, earning the bonus point in a very physical game.

Try scorers were Gwen Crabb, Seren Hart and Kayleigh Powell (2), who also kicked two conversions.

On October 11, at home, the under-18s and under-15s face Gilfach. **JH**

Porthcawl Bridge Club latest news

THE latest results from Porthcawl Bridge Club are as follows:

Saturday, September 19: First – Kate Craven and Tony Haworth; Second – Winnie Phillips and Eleanor Jones.

Monday, September 21: First – Janet Richards and Sue Anthony; Second – Maurice and Margaret Harris.

Thursday September 24: First – Keith Davison and Tony Haworth; Handicap – Dil and Marian Evans.

Saturday, September 26: First – Maurice Harris and Audrey Tinkler; Second – Eileen Mahoney andJeff Barnett.

Thursday, October 1st: First – Pat Cogbill and Connie Dick; Handicap – Alwyn Hill and David Rance.

The next club presentation will be on Thursday, October 15, when the subject will be 'Roman Key-Card Blackwood'. The club now meets twice a week – Saturday and Thursday at the Awel-y-Mor centre, 7pm–10.15pm; visitors welcome at any time.

To contact the club, call secretary, Trish, on 01656 785794 **TH**

WALES' RUGBY WORLD CUP CHALLENGE IS ON

IT'S THREE DOWN, ONE TO GO

Out of the 'pool of death' and into the quarter finals

Now injury-hit team must fight Oz for the No.1 spot!

Photos by Huw Evans Agency.

ABOVE: Fijians pile on the power up front – but after seeing what the Australian pack did to England, Wales know more is to come on Saturday. LEFT: Matthew Morgan made an attacking impact at full back.

Gareth Davies goes over at the posts for his fourth try of the tournament.

BACK PAGE COMMENT by Don John

AS TV's bemused Victor Meldrew might have said after England's collapse to a shock 13-33 defeat at the hands of rampant Australia – and an embarrassing early exit from the Rugby World Cup at a stunned Twickenham stadium on Saturday – *"I don't believe it!"*

The fall-out from the humiliating pool A eliminator that has given one of the bookies' favourites for the Webb Ellis trophy an unwelcome entry in the record books, as the first host country to fail at the group stage of the global tournament, has been vitriolic.

Predictably, it has been led by the notoriously-fickle London-based media, which for weeks had hyped up the country's prospects, with headlines such as … *'A team to put England back on the World Cup map'*… and *'England have picked an exciting team to revive the hopes of a nation"*.

Now the contrasting headlines read …*'Catastrophe for the nation'….and 'Doomsday scenario has come to pass'*… with predictable, Alice-in-Wonderland calls of – 'off with their heads!' – and the accusing finger of blame pointed at the hapless head coach and captain, who have both felt the need to publicly apologise for a "national disaster" of world war three proportions!

None of this, of course, will concern a Welsh team that despite a crippling injury list, has managed to survive the so-called 'group of death' and join Australia in the quarter finals – thanks to Saturday's result and the 23-13 victory over the dangerous Fijians at the Millennium Stadium two evenings before.

At the end of that match in Cardiff, there was an almost palpable, collective sigh of relief from the 71,000-plus supporters as they dispersed into the darkening night air of the Welsh capital, with one question on their lips – would that hard-fought win be enough?

All eyes were on Twickenham, where their arch rival was locked in a desperate struggle for survival in RWC 2015 – after being stung by the 28-25 home defeat to a badly-weakened Wales side the week before.

Victory for the men in white, who are expected to amass a points blitz against pool A minnows Uruguay in their final game, would have meant Wales – despite their three wins – needing to overcome Australia to ensure further progress in the tournament.

That scenario may well have played on players' minds, for despite the Welsh camp's insistence that they were focused simply on getting a win against Fiji, there was a clear impression early on that there was added pressure for an emphatic victory (preferably, with a bonus point) should final placings in the pool come down to points difference between the top sides.

To the Welsh players' credit, there was not the customary slow start while they felt their way into the game, but real attacking intent from the outset – sparked by diminutive Matthew Morgan, who made an eye-catching impact with incisive running from full back, after being recalled, along with the other Morgan – talented young Dragons' centre Tyler – to plug the stricken squad's injury gaps.

One searing run by the fullback and a slick offload to George North, took Wales deep into enemy territory and sustained Welsh forward pressure eventually culminated in a typical, darting try near the posts by scrum half Gareth Davies (who has scored in all three World Cup games thus far).

It was easily converted by outside-half Dan Biggar, but that early lead was reduced within minutes when ominous problems again surfaced at the first of the nine worrying scrums that coloured the entire match and came perilously near to wrecking the Welsh game plan – and threatening their World Cup hopes.

It was clear that the Fijians, who even in defeat had given both England and Australia a tough test, had clearly targeted the home team as a World Cup scalp there for the taking (after all, they had managed it once before in 2007) and, in particular, the denuded Welsh front row, which had repeatedly fallen foul of the referee at Twickenham.

This saw a succession of whistle blasts, even on the Welsh put-in at the scrum and Fiji narrowed the gap with a penalty, but missed with a second attempt, Biggar extending the Welsh lead to 10-3, when it was the Islanders' turn to be penalised directly in front of their posts.

After Wales had a try disallowed, hooker Scott Baldwin crashed over, the reliable Biggar converting from the left touchline, but another Fijian penalty narrowed the first half score to 17-6.

Within minutes of the change-over, forward dominance again told when Fiji were awarded yet another penalty, which fortunately for the home team, they failed to convert, but then alarm bells truly rang when a well-worked converted try brought Fiji to within four points of Wales' total at 17-13.

It saw the none-too-soon arrival of Welsh substitutes, including tight-head Samson Lee and also flanker Justin Tipuric, and Biggar widened the gap to 10 points when the over-eager Fijians conceded two more penalties – to make the score 23-13.

By now, the Welsh team's herculean efforts at Twickenham were clearly taking a toll on tired bodies, but the defence that had performed so heroically against the English again held firm as the Fijians threatened yet again.

In fact, though, it was Wales on the attack as the minutes ticked away – with a try ruled out by the TMO – and Alex Cuthbert jostled into touch yards from the line as the final whistle blew.

Now Welsh eyes again turn to Twickenham this weekend, where Warren Gatland's troops need to overcome England's mightily impressive conquerors if they are to achieve a more favourable quarter final draw.

This all depends on whether the Welsh walking wounded have fully recovered, particularly in the front five, hence the keen interest in the team being announced on Thursday.

One thing is for sure, the born-again Wallaby scrum which put the English pack to the sword, will be a major concern for the Welsh camp, given their own front row problems throughout the tournament so far.

It's going to be an even greater test of the courage and commitment this squad has shown under fire throughout this RWC campaign – but they have already proved that anything is possible!